

ENTRY LEVEL POLICE OFFICER PHYSICAL AGILITY TEST

PHYSICAL ABILITY EXAMINATION

Applicants must successfully pass a pre-employment physical ability examination.

The following test has been validated and has demonstrated the ability to perform job-related tasks necessary to carry out the essential functions of the position of police officer. The minimum passing scores for employment are as indicated.

Applicants must properly perform the following:

- **28 properly executed SIT UPS in one (1) minute**
- **18 properly executed PUSH-UPS in one (1) minute**
- **1.5 MILE RUN in 14 minutes and 36 seconds**

These agility standards are set forth by the West Virginia State Police Academy and were adopted by the City of Wheeling in January 2015.

Each test is graded as PASS or FAIL. Acceptance is based upon successfully passing all measures.

Applicants should bring appropriate gym clothing, tennis shoes, and towels to participate in the Physical Ability Examination.