VISIT US AT 293 MAIN STREET DERBY, CT 06418 PHONE US AT (203) 736-1484 EMAIL US AT SENIORCENTER@DERBYCT.GOV

DERBY SENIOR CENTER NEWS

July 2018

First and foremost we would like to say <u>Thank You</u> to Twisted Vine for going that extra mile to make our Mother's Day and Father's Day Luncheons so special.

The front entrance of the Center will re-open on July 3rd at 7:00 PM for Derby/Shelton Fireworks so people can use the facilities. There will be drinks and snacks provided for members.

On July 12th a representative from Home Health Care will be here at 1:00 PM and will be bringing flower pots for us to paint. Refreshments will be served. Please sign up in the office so we have a count.

Ambit Energy will be here on July19th at 11:00 AM to discuss ways to save on your utility bill. Refreshments will be served. Sign up sheet is in the office.

The Human Relations Club will be back in August for an Ice- Cream Social. More info in August Newsletter. A few students from Derby High will be volunteering during the month of July and August at the desk of the Elizabeth Street entrance.

Please keep your eyes open for trips to different restaurants that will be posted at both the entrances of the Center. The Valley Transit will provide the transportation free as long as we have at least 20 people in attendance.

Please sign up early because seats are limited.

Join Lizz's classes & Win!!!!

For the month of July, every time you attend Lizz's classes, you will be entered to win a prize! There will be multiple winners. Prizes will be drawn the first week of August. Lizz's class schedule is as follows: Wednesday, Strength & Balance at 11:30 AM and Zumba Gold at 12:30 PM; Friday, Tap Dance at 11:30 AM (not the 1st Friday of the month) and Zumba Gold at 12:30 PM.

Reminder: Lizz accepts Silver Sneakers members!!. Bring a new friend and get an extra entry!!

Interim Director, Susan Churchill

SPECIAL POINTS OF INTEREST:

- The Elderly Commission will be on break for July & August.
- The Executive Board will meet on Tuesday, July 10th at 10:00 AM.
- The Activities Committee will be meeting on Tuesday, July 10th at 11:00 AM. All are welcome.
- Parish Nurse from Griffin Hospital will be here for blood pressure checks on Tuesday, July 3rd from 11:00 AM-2:00 PM.
- Counseling is available for those of you who have any questions on Medicare. Please call the Center at (203) 736-1484 to schedule an appointment.
- We will be closed Wednesday, July 4th, in observance of Independence Day



Happy 4th of July!

MONTHLY REMINDERS

- ◆ HAIRCUTS will be on Monday, July 9th, from 10:00 AM-12:00 PM. Please call 203-736-1484 for an appointment. Price is \$10.00.
- <u>BIRTHDAY BINGO</u> will be held on Tuesday, July 24th, at 1:00 PM. Thank you to Gardner Heights for hosting this wonderful event with prizes and treats.
- Visit us online at www.facebook.com/derbyseniorcenter.
- Every Friday Veterans Services and Benefits: Contact Gabor Kautzner @ 203-736-1484. Hours are from 9:00 AM to 12:00 Noon.
- Dues for Derby Residents are \$6.00 per year. \$8.00 for all other towns.



FOR YOUR INFORMATION

In Loving Memory

Joan Fitzgerald

*Please remember to send a self addressed, stamped envelope with your membership dues. We will mail your new membership card to you.

Functions need to be paid no later than one week prior to the event.

Please no registrations before July 1, for <u>in house</u> functions.

Check dates for registration for trips.

Current Trip Schedule 2018

| Coins & Claws/Lobster & Casino | Reg 5/15 | July 12, 2018 |
|------------------------------------|----------|--------------------|
| Whale Watch From Boston | Reg 5/22 | July 19, 2018 |
| Ct Sun VS Seattle Storm @ Mohegan | Reg 5/15 | July 20, 2018 |
| Essex Dinner Train & Riverboat | Reg 5/29 | July 26, 2018 |
| Saratoga | Reg 6/12 | August 2, 2018 |
| Showtime Delaney House | Reg 6/26 | August 14, 2018 |
| Lake George & Saratoga | Reg 6/19 | August 20-22, 2018 |
| A Salute to Veterans | Reg 6/12 | November 8, 2018 |
| Westchester Presents Anything Goes | Reg 7/3 | August, 30, 2018 |
| 9/11 Memorial & Museum | Reg 7/24 | September 6, 2018 |
| The Best of Stockbridge, MA | Reg 7/10 | September 12, 2018 |
| Two Nights in Atlantic City | Reg 7/17 | November 7-9, 2018 |
| Radio City Christmas Show ` | Reg 7/17 | November 16, 2018 |
| | | |

Registrations for July 2018 Westchester Broadway Theatre Presents "Anything Goes" Thursday, August 30, 2018, Reg Date 7/3/2018 Price \$ 99.00 Per Person

Today we will travel to Elmsford, NY for a day of entertainment and fun. We will watch a matinee performance of "Anything Goes" where lunch is included. You will receive a choice of entrée upon arrival.

After lunch sit back and relax as you watch the show Anything Goes. This show is the winner of three 2011 Tony Awards, including Best Musical Revival, and considered one of the greatest Tap Dancing Musicals of all time.



9/11 Memorial and Museum Thursday, September 6, 2018, Reg date 7/24/2018 Price \$114.00 Per Person

Today we will be en route to New York City. Upon arrival, you will visit the 9/11 MEMORIAL. The memorial is a national tribute of remembrance and honor to the nearly 3,000 people killed in the terror attacks on September 11, 2001 at the World Trade Center, the Pentagon, and United Flight 93 that crashed in PA. Newly open 9/11 museum is seven stories underground.

After the museum you will enjoy a late afternoon lunch at CARMINE'S.



The Best of Stockbridge, MA

Wednesday, September 12, 2018, Reg date 7/10/2018 Price \$ 137.00 Per Person

On this trip you will travel north to the Berkshire town of Stockbridge, MA and Naumkeag. Lunch is included at the Red Lion Inn. Then travel a short distance to the home of the Norman Rockwell Museum.



TWO NIGHTS in Atlantic City, NJ

Wednesday-Friday, November 7-9 2018, Reg 7/17/18 Price \$249.00PP Double, \$339.00 Single, \$239.00 Triple

Breakfast stop en route on own. Two nights at Resorts Casino-Hotel located right on the boardwalk. \$25.00 slot play, two \$30.00 meal credits, evening entertainment and gratuities.

JULY EVENTS

GAME DAY LUNCHEONTHURSDAY, JULY 19th, 2018

TIME 11:45AM-3:00 PM, PRICE \$5.00

Antipasto, Garlic Knots, Meatball Sub, Tapioca Pudding
Grab a few friends and set up a table and play any games you like.
There will be unlimited coffee and tea!
Table prize and snack on each table



This month we will be trying something different. Instead of having a Breakfast and Luncheon we will have a change and have a Brunch with a Huk-e-lau theme. Twisted Vine will be catering the event once again.



JULY BRUNCH THURSDAY, JULY 26, 2018 PRICE \$7.00 TIME 10:00 AM



SALAD, CAVATELLI/BROCCOLI, SCRAMBLED EGGS,
HOME FRIES, BREAKFAST SAUSAGE,
FRENCH TOAST STICKS
TROPICAL FRUIT BOWL

RADIO CITY CHRISTMAS SPECTACULAR ERIDAY, NOVEMBER 16, 2018, REG DATE JULY 9, 2018 PRICE \$ 200.00 PER PERSON

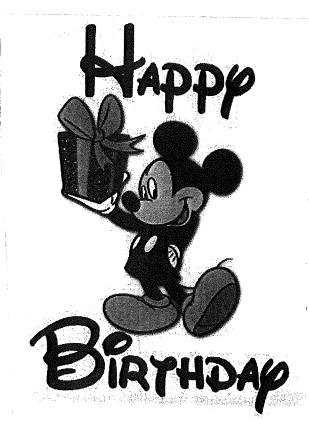
This morning we will depart to NYC. Our first stop will be for lunch at Carmines. Your meal will be served family style with platters of Rigatoni & Broccoli and Chicken Marsala. After lunch, we head over to Radio City starring the world-famous Rockettes! See a new show with exciting segments, yet still retaining your favorite classical Christmas sights and songs.

JULY BIRTHDAYS

| FIRST_NAME | LAST_NAME |
|------------|--|
| Catherine | Andrews |
| Barbara | Badela |
| Edith | Behrle |
| Joseph | Bonadies |
| Sheila | Boyd |
| JoAnn | Brejwo |
| Rita | Brouillette |
| Joseph | Brozak |
| Mary | Buckley |
| Carolyn | Carloni |
| Diane | Cataudella |
| Florence | Cataudella |
| Benjamin | Chadarcewicz |
| Genevieve | Chaplick |
| Anne | Cruite |
| Margaret | Dalia-Theriaq |
| Arlene | Defeo |
| Carol | DellaRocco |
| Helen | Dellolio |
| Sandra | DePalma |
| Margaret | Donovan |
| Stephen | Dripchak |
| Jean | Far |
| Gwendolyn | Faugno |
| Robert | Federico |
| August | Firgau |
| Louis | Freiler |
| Ann | Gablanelli |
| Louise | Gardo |
| Rosemary | Garrett |
| Robert | Gaudio |
| Helen | Giammario |
| Jean | Golden |
| Patricia | Gramigna |
| Dorothy | Hitchcock |
| Martha | Insalaco |
| Arlene | Jасhуга |
| Marcia | Jones |
| Victor | Kalynowski |
| Vera | Kapusta |
| Jean | Kelly |
| Mary | Kilduff |
| | and the second s |

| FIRST_NAME | |
|------------|--------------|
| Pamela | Killianey |
| Joseph | Kopasz |
| Janice | Kuziak |
| Brenda | Kymer |
| Elda | Lagoy |
| Catherine | Lally |
| Mindy | Lenenthal |
| John - | Levi |
| Herbert | Libby |
| Barbara | Lynch |
| Coydine | Mackie |
| Patricia | Marcucio |
| Dorothy | Marshall |
| Barbara | Martovich |
| Robert | Martovich |
| Anna | Mezzatesta |
| Jean | Michalak |
| Josephine | Mierzejewski |
| Shirley | Mikita |
| Janice | Misiewicz |
| Christine | Moccia |
| Jack | Moore |
| Theresa | Murillo |
| Michelle | Novak |
| Jack | O'Toole |
| Ralph | Petrosino |
| Julia | Petruzzuoli |
| Veronica | Pinchuk |
| John | Pitt |
| Carol | Pluchino |
| Frank | Pogwizd |
| Kate | Poltras |
| Alice | Pokladowski |
| Wayne | Poulin |
| Eugene | Preneta |
| Michael | Ranno |
| Frances | Raro |
| Mary | Rose |
| Diane | Rosner |
| Alice | Salvas |
| Sharon | Sanford |
| Nora | Shea |
| L | |

| FIRST_NAME | LAST_NAME |
|-------------------|-----------------------|
| Elizabeth | Simonetti |
| Wallace | Sloves |
| Martha | Smart |
| Patricia | Smith |
| Margaret | Soldra |
| Rosalind | Spader |
| Anthony | Staffieri |
| Rhoda | Stanislawski |
| Theresa | Tampellini |
| Onsi | Tawadros |
| Theresa | Tiano |
| Anita | Tomasco |
| | Marrana |
| Elizabeth | Varrone |
| Elizabeth Paul | Varrone Varsanik |
| Paul Anne | Varsanik Verbiskas |
| Paul | Varsanik |



July 2018

| <u>Monday</u> | <u>Tuesday</u> | <u>Wednesday</u> | <u>Thursday</u> | <u>Friday</u> |
|---|--|---|---|--|
| 2) 11:15 –12:00 Strength Training | 3) Reg for Westchester "Anything Goes" 11:00 Blood Pressure Screening 11:45 Senior Café 1:00 Bingo Shelton Lakes will be providing goodies and prizes. Center open 7PM for Fireworks | 4) Closed for the 4TH of July | 5) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Café 12:30 Pinochle 1:00-3:00 Craft Class Reiki session by appointments | 6) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 12:30 Zumba Gold 1:00 Quilting Class |
| 9) 11:15-12:00 Strength Training Class Elderly Commission Meeting off for July and August | 10) Reg for the Best of Stockbridge 10:00 Executive Board Meeting 11:00 Activities Meeting 11:45 Senior Café 1:00 Bingo The Human Relations club will be off this month for summer vacation. | 11) 9:30 Painting 12) 10:00 Haircuts 9:30-11:00 Yoga Computer Class cancelled for July & August will resume in September 11:30 Strength Training 12:30 Zumba Gold | 12) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Cafe 12:30 Pinochle 1:00 Flower Pots to paint. 1:00-3:00 Craft Class Reiki session by appoint- ments | 13) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 11:30 Tap Class 12:30 Zumba 1:00 Quilting Class |
| 16) 11:15-12:00 Strength Training | 17) Reg for Atlantic City Reg for Radio City 11:45 Senior Café 1:00 Bingo Shady Knoll will be providing goodies & prizes. SLOT MACHINE | 18) 9:30 Painting 9:30-11:00 Yoga Computer Class Cancelled for July & August will resume in September 11:30 Strength Training 12:30 Zumba Gold | 19) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Game Day Luncheon 12:30 Pinochle 1:00-3:00 Craft Class Reiki session by appointments | 20) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 11:30 Tap Class 12:30 Zumba Gold 1:00 Quilting Class |
| 23) 11:15-12:00 Strength Training Class | 24) Reg for 9/11 Museum 11:45 Senior Café 1:00 Birthday Bingo Gardner Heights Whitney will be providing goodies and prizes. She will also be doing the calling. | 25) Reg for 9/11 Memorial & Museum 9:30 Painting 9:30-11:00 Yoga Computer Class cancelled for July & August will resume in September 11:30 Strength Training 12:30 Zumba Gold | 26) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 10:00 July Brunch 12:30 Pinochle 1:00-3:00 Craft Class Reiki session by appointments | 27) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 11:30 Tap Class 12:30 Zumba Gold 1:00 Quilting Class |
| 30)11:15-12:00 Strength Training Class | 31) 1:45 Senior Café 1:00 Bingo | | | · |



JULY 2018 - SENIOR COMMUNITY CAFÉ



| 2 Tuna Pasta Salad Tossed Salad w/ Cucumber French Dressing Multigrain Bread Pears | 3 SPECIAL LUNCH: Lemonade BBQ Beef Ribs Baked Beans Coleslaw Wheat Roll Strawberry Shortcake | OFFICE CLOSED | 5 Philly Cheese Steak Sandwich Onions & Peppers Potato Wedges Grinder Roll Mandarin Oranges | 6 Eggplant Rolatini Penne Pasta w/ Sauce Cauliflower Parmesan Cheese Garlic Bread Fresh Fruit | | | | | |
|--|---|--|--|--|--|--|--|--|--|
| 9 BBQ Chicken Quarter Baked Beans Coleslaw Corn Bread Watermelon | 10 Italian Wedding Soup w/ Crackers Tuna Salad w/ Lettuce & Cucumber Beet Salad Herb Breadstick Fresh Fruit Watermelon | 11 Sliced Turkey w/ LS Gravy Stuffing California Blend Wheat Dinner Roll Baked Apple Slices | 12 Cheeseburger Potato Wedges Lettuce, Tomato, & Pickle Ketchup Bun Peaches | 13 Grape Juice Spinach Quiche Tossed Salad w/ Carrots & Olives Italian Dressing Garlic Bread Ice Cream Cup | | | | | |
| 16 Sweet & Sour Pork Brown Rice Broccoli & Carrots Multi Grain Bread Pineapple | 17 Apple Juice Cheese Baked Ziti Roasted Vegetables Caesar Salad w/ Caesar Dressing Italian Bread Chocolate Chip Cookie | 18 Pot Roast w/ LS Gravy Smashed Potato Peas & Onions Whole Grain Biscuit Fresh Fruit | 19 Chicken Picatta Sweet Potato Green Beans Rye Bread Fresh Fruit | 20 Grape Juice Potato Crunch Fish w/ Tartar Sauce Macaroni & Cheese Mixed Vegetables Wheat Bread Fruited Gelatin w/ Whipped Topping | | | | | |
| 23 Orange Juice Spaghetti & Meatballs Tossed Salad w/ Cucumber Italian Dressing Wheat Breadstick Italian Ice | 24 Oven Baked Chicken Quarter Wild & Brown Rice Pilaf Tuscan Blend Vegetables Wheat Dinner Roll Fresh Fruit | 25 Lentil Soup w/ Crackers Chef Salad (Lettuce, Cucumber, Turkey, Ham, Cheese, Hard Boiled Egg) French Dressing Multigrain Bread Peaches | 26 Crab Cake w/ Tartar Sauce & Lemon Roasted Potato Fresh Zucchini Pumpernickel Dinner Roll Pineapple | 27 Stuffed Shells w/ Vegetable Cream Sauce Roasted Squash Spinach Salad w/ Carrots & Raspberry Vinaigrette Whole Wheat Bread Melon | | | | | |
| 30 Chicken, Broccoli & Cheese Potato Wedges Carrots Wheat Dinner Roll Fresh Fruit | 31 Grape Juice Beef Taco Salad w/ Cheese Lettuce & Tomato Salsa & Ranch Dressing Tortilla Chips Marble Cake | HAPPY BIRTHDAY ANERICAL | | | | | | | |

The entrée may be substituted for a BAKED CHICKEN QUARTER on the following days: July 16

 \sim Reservations must be made the day before by 10:00 am \sim

THAMM, INC. 30 BLUCABETHI STREET, DERRY, CT 06416 - 7/36-5420
MENUS SUBJECT TO CHANGE DUE TO AVAILABILITY - All meals include milk and margarine.

Free Printable Word Search Puzzles

Summer

Find and circle all of the summer words that are hidden in the grid.

The remaining letters spell an additional summer item.

| J | U | Ν | Е | S | Т | S | S | S | S | Υ | K | S | Е | U | L | В | М |
|---|---|----------------------|---|-----------|---|---------------------|--|----------|---|----|-------------------|---|---------------------|---|---|---|---|
| U | S | М | Ε | Α | U | Y | Ε | 0 | U | Н | 1 | K | 1 | N | G | S | Α |
| S | М | W | Ε | Ε | Α | Ν | L | U | В | Ν | W | Α | S | Е | Υ | R | E |
| U | Т | W | 1 | R | R | S | G | l | С | Α | В | L | Ν | Α | R | Ε | R |
| N | S | Н | ٧ | М | Т | С | С | L | Т | E | Α | U | D | Т | ٧ | L | С |
| Τ | Υ | U | G | | М | Υ | S | Ε | Α | D | В | J | R | S | S | Κ | Е |
| A | G | L | С | l | С | 1 | R | Ν | Ν | S | L | R | R | Ν | D | Ν | С |
| N | R | E | U | L | F | M | Ν | Α | U | 0 | S | Ε | Α | R | G | 1 | 1 |
| 0 | Ε | Α | Е | J | Ε | R | S | G | Н | S | W | Ε | Α | В | N | R | С |
| S | Е | D | Α | L | В | R | Е | L | L | 0 | R | 0 | S | R | 1 | Р | R |
| С | Ν | Α | 0 | F | L | 0 | G | Т | L | Τ | В | T | Е | Ε | T | S | E |
| Н | G | Ν | 1 | Н | S | 1 | F | F | Α | Е | 0 | Α | E | Ε | Α | Н | С |
| 0 | R | С | Α | М | Р | 1 | Ν | G | Т | W | T | Н | В | Z | 0 | С | С |
| 0 | Α | С | | N | С | 1 | Ρ | Α | W | Α | S | Р | S | E | В | Α | 0 |
| L | S | F | L | 1 | Ε | S | K | M | 0 | S | Q | U | 1 | Τ | 0 | E | S |
| Τ | S | U | G | U | Α | S | ١ | L | L | Α | В | Е | S | Α | В | В | 0 |
| G | Ν | 1 | N | Ε | D | R | A | G | S | U | Ν | S | Н | 1 | Ν | Ε | N |
| AUGUST F BARBECUE F BASEBALL C BEACH | | FL FL GA GC | SHIN IES OWE ARDE OLF REEN | RS NIN | | JU M Ne PI | JLY JNE OSQ O SC CNI OLLE | CHO C | | ≣S | SUI SUI SUI | | ASSE REEN INE | | | | |

<u>Did you enjoy this puzzle? Visit:</u> https://www.puzzles.ca/word-search

SANDALS

SOCCER

SOLSTICE

SPRINKLERS

SKATEBOARD

SWIMMING

WATER FIGHTS

WATERMELON

U V RAYS

WASPS

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HOT

HIKING

HOLIDAYS

ICE CREAM