

VISIT US AT 293 MAIN STREET•DERBY, CT 06418
PHONE US AT (203) 736-1484
EMAIL US AT SENIORCENTER@DERBYCT.GOV

DERBY SENIOR CENTER NEWS

MAY 2018

I would like to extend our sincere thanks to the Human Relations Club, Apple Rehab, Derby High Shop Department and Birmingham Health for the great food, desserts and crafts that were brought to us at our St. Patrick's Luncheon, which was a big success. Also a big thanks to our own Melodeers for entertaining us.

Let's also say thank you to Howard Jack and Mary Jo Chevarella for all the Volunteer Hours they came in to do members taxes. They are both one in a million.

Wow! Where is this year going? Hard to believe we are in the month of May. I would like to say Happy Mother's Day to all women at the Center. We will be having our Mother's Day Luncheon on May 10th with a great buffet catered by Twisted Vine. See menu and price inside. Hurry and sign up. Space is limited.

Happy Memorial Day! Also, let's remember our Vets who have fought for our freedom. We offer Veteran's Assistance on Fridays from 9:00-12:00. Walk-ins are welcome.

We will be having our annual membership meeting on May 24th, after the breakfast. Please plan on attending.

Don't forget to utilize the Gym Equipment we have for your convenience.

10 Fun Facts

- 1) You can't wash your eyes with soap.
- 2) You can't count your hair.
- 3) You can't breathe through your nose, with your tongue out.
- 4) You just tried no. 3
- 6) When you did no. 3 you realized it's possible, only you look like a dog.
- 7) You're smiling right now, because you were fooled.
- 8) You skipped no. 5.
- 9) You just checked to see if there is a no. 5
- 10) Share this with your friends to have some fun too!!

Interim Director, Susan Churchill

SPECIAL POINTS OF INTEREST:

- The Elderly Commission will meet on Monday, May 7, 2018 at 3:00 PM.
- The Executive Board will meet on Tuesday, May 8, 2018 at 10:00 AM.
- The Activities Committee will be meeting on Tuesday, May 8, 2018 at 11:00 AM. All are welcome.
- Parish Nurse from Griffin Hospital will be here for blood pressure checks on Tuesday, May 1, 2018 from 11:00 AM-2:00 PM.
- Counseling is available for those of you who have any questions on Medicare. Please call the Center at (203) 736-1484 to schedule an appointment.
- The Center will be closed May 28, 2018 in observance of Memorial Day.



MONTHLY REMINDERS



- ♦ **HAIRCUTS** will be on Monday, May 14, 2018 from 10:00 AM-12:00 PM. Please call 203-736-1484 for an appointment. Price is \$10.00.
- ♦ **BIRTHDAY BINGO** will be held on Tuesday May 22, 2018 at 1:00 PM. Thank you to Birmingham Health Center for hosting this wonderful event with prizes and treats.
- ♦ Visit us online at www.facebook.com/derbyseniorcenter
- Don't forget about our 2 Big trips for this year. Colorado Rockies and Panama Canal. For further information contact the Center.
- Every Friday Veterans Services and Benefits: Contact Gabor Kautzner @ 203-736-1484. Hours are from 9:00AM to 12:00 Noon.

FOR YOUR INFORMATION

In Loving Memory
John Daniel Conroy, Sr.

**Please remember to send a self addressed, stamped envelope with your membership dues. We will mail your new membership card to you.*

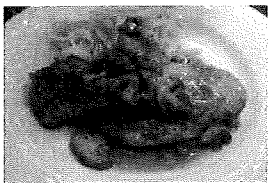
Please pay and pick up tickets in advance of function.

Please no registrations before May 1st, for in house functions.

Check dates for registration for trips.

Current Trip Schedule 2018

Warner Theatre "The Full Monty"	Reg 3/6	May 6, 2018
Newport Playhouse "Remember Me"	Reg 3/13	May 24, 2018
Sight & Sound Production of "Jesus"	Reg 3/13	May 22-24, 2018
Deep Sea Fishing	Reg 4/3	June 6, 2018
Hudson River Cruise	Reg 4/24	June 13, 2018
Boston Pops @ Tanglewood	Reg 4/10	June 24, 2018
Coins & Claws/Lobster & Casino	Reg 5/15	July 12, 2018
Whale Watch From Boston	Reg 5/22	July 19, 2018
Ct Sun VS Seattle Storm @ Mohegan	Reg 5/15	July 20, 2018
Essex Dinner Train & Riverboat	Reg 5/29	July 26, 2018



Mother's Day Luncheon

Thursday, May 10, 2018 Time 12:00 Noon

Price \$10.00



We will be having Twisted Vine Catering this Luncheon for us at the Center.

The menu consists of the following:

Salad,

Chicken Marsala, Cavatelli Barese, Eggplant Parmigiana,

Roasted Rosemary Potatoes, Sautéed Vegetable Medley, Roll & Butter

For Dessert: Pistachio Ambrosia



Mother's Day Breakfast

Thursday, May 24, 2018 Time 9:00 AM

Price \$4.00

Juice, Fruit Cup

Bacon/Egg/Cheese Croissant, Potato, Pastry

Endless Cup of Coffee or Tea, Free Raffle & More



Marathon Bingo

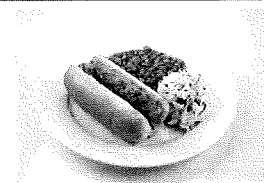
Thursday, May 31, 2018 Time 10:00-3:00

Price \$5.00 for Bingo and \$3.50 for Lunch

9:00-9:45 AM Coffee and Pastry

We will have gift cards for prizes and treats. Halfway through the Bingo Games, lunch will be served which consists of :

Hot Dog, Sauerkraut, Mustard, Relish, Baked Beans, Coleslaw and chips.
Watermelon for dessert.



Registrations for May 2018



Coins & Claws Lobster & Casino

Thursday, July 12, 2018 Reg Date 5/15/2018

Price \$75.00 PP

Today we will head over to Abbott's Lobster In The Rough in Noank, CT. Dine next to the scenic harbor, on a dock where you can watch the boats on the Mystic River. Your entrée options include a choice of steamed lobster or herb roasted chicken with all the trimmings.

After lunch, we will depart for Mohegan Sun Casino. Upon arrival, you will receive a casino package including a food credit. Enjoy several hours of gaming at your own pace.



Whale Watch From Boston

Thursday, July, 19, 2018 Reg Date 5/22/2018

Price \$131.00

Departure from your area en route to Boston, Mass. Upon arrival, we'll have lunch at one of Boston's fine restaurants.

After lunch, we'll board our multi-level Whale Watch vessel for maximum viewing opportunities. The vessel features three outside decks for optimal viewing, climate-controlled interior cabin space with cushioned seating, tables, state-of-the-art sound and video systems, and a fully-stocked galley.

On our 3 hour excursion, we will see humpback, finback and minke whales which guarantees an adventure filled with opportunities to view and learn about whales.

CT Sun Vs. Seattle Storm WNBA Basketball at Mohegan Sun Arena



Friday, July 20, 2018 Reg Date 5/15/2018

Price \$42.00

This day we will be going to Mohegan Sun Arena. Come out and support some of your favorite former UConn basketball stars! Here are just a few highlights from the players' long and successful careers. Playing for the CT Sun is Morgan Tuck, and playing for Seattle Storm are Breanna Stewart and Sue Bird. Game time is 7:00 PM. We will arrive at Mohegan early so that you may enjoy dinner and the gaming tables and slots.



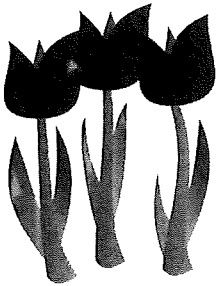

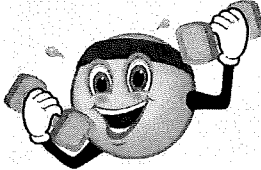



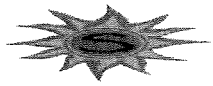


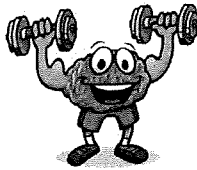

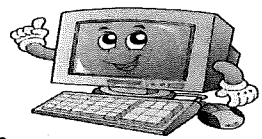




Essex Dinner Train & Riverboat Ride

Thursday, July 26, 2018 Reg Date 5/29/2018

Price \$ 95.00

Come and Enjoy a 3-course lunch aboard restored 1920's Pullman dining cars as part of a lunch, train and riverboat excursion. You will have your choice of either a beef or chicken entrée. Travel aboard the train along the CT River Valley while you finish your meal. At Deep River Landing, transfer to the Becky Thatcher Riverboat for a cruise on the CT River. This large multi-level riverboat provides views of rolling green hills, fine houses, Gillette's Castle, the Goodspeed Opera House. Join us on this CT excursion for a wonderful day of adventure and bring back memories of days gone by.

May 2018

Monday	Tuesday	Wednesday	Thursday	Friday
	1) 11:00-2:00 Blood Pressure Screening 11:45 Senior Café 1:00 Bingo, Treats & Prizes will be provided by Shelton Lakes Nursing Home	2) 9:30 Painting 9:30-11:00 Yoga 9:30 Computer Class 11:30 Strength Training 12:30 Zumba	3) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Café 12:30 Pinochle 1:00-3:00 Craft Class Reiki session by appointments	4) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 12:30 Zumba Gold 1:00 Quilting Class 
7) 11:15-12:00 Strength Training Class 3:00 Elderly Commission Meeting 	8) 11:45 Senior Café 10:00 Executive Brd Meeting 11:00 Activities Meeting 1:00 Bingo 2:50-4:00 HRC Group will be joining us with goodies and conversation	9) 9:30 Painting 9:30-11:00 Yoga 9:30 Computer Class 11:30 Strength Training 12:30 Zumba Gold 	10) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 12:00 Mother's Day Luncheon 12:30 Pinochle 1:00-3:00 Craft Class Reiki session by appointments	11) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 11:30 Tap Class 12:30 Zumba 1:00 Quilting Class 
14) 10:00-12:00 Haircuts 11:15-12:00 Strength Training Class 	15) Reg for Coins & Claws Reg for CT Sun VS Seattle Storm 11:45 Senior Café 1:00 Bingo Shady Knoll will be providing goodies and prizes. Come and have some fun. 	16) 9:30 Painting 9:30-11:00 Yoga 9:30 Computer Class 11:30 Strength Training 12:30 Zumba Gold 	17) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Cafe 12:30 Pinochle 1:00-3:00 Craft Class Reiki session by appointments	18) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 11:30 Tap Class 12:30 Zumba Gold 1:00 Quilting Class 
21) 11:15-12:00 Strength Training 	22) Reg for Whale Watch From Boston 11:45 Senior Café 1:00 Birthday Bingo, Treats & Prizes from Birmingham Health Care 	23) 9:30 Painting 9:30-11:00 Yoga 9:30 Computer Class 11:30 Strength Training 12:30 Zumba Gold 	24) 9:00 Breakfast 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Cafe 12:30 Pinochle 1:00-3:00 Craft Class Reiki session by appointments	25) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 11:30 Tap Class 12:30 Zumba Gold 1:00 Quilting Class 
28) Closed for Memorial Day 	29) Reg for Essex Dinner Train & Riverboat Ride 11:45 Senior Café 1:00 Bingo 	30) 9:30 Painting 9:30-11:00 Yoga 9:30 Computer Class 11:30 Strength Training 12:30 Zumba Gold	31) 9:00-3:00 Marathon Bingo 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Cafe 12:30 Pinochle 1:00-3:00 Craft Class Reiki session by appointments	

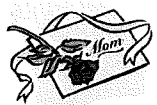
MAY BIRTHDAYS

Frances	Allegrini
Carolyn	Balusek
Glenn	Barrett
Rose	Bassi
Carol	Boynton
Mary	Brickett
Carmel	Brown
Florence	Brown
MaryAnn	Brozak
Barbara	Carey
Joanne	Carlino
Ralph	Cavallaro, Jr.
JoAnn	Cecarelli
Ernestina	Chella
William	Cooke
Brenda	Cusack
Elizabeth	D'Ambrosio
Wilhemina	D'Amico
Susan	Dargiewicz
Jennifer	Desroches
Anna	Douglas
Jeannette	Esposito
Phyliss	Fabelinsky
Dominick	Facin
Rose Marie	Gabriel
Rose Marie	Garofalo
Barbara	Gilloren
Amelia	Gomez
Nancy	Goodwin
Salvatore	Gruddauria
Joan	Guliano
Mary Ann	Guluzzo
James	Hawks
Jacquelyn	Horesco
Delsada	Jackson
Julie	Jerzyk
Cynthia	Kadish
Joseph	Kalakay
Kathy	Kalynowski
Muriel	Knoll
Phyllis	Kosar
Rosemarie	Koval

Stanley	Koval
Cheryl	Kowalik
Elizabeth	Krauchick
Frank	Lasella
Peggy	Lennon
Peggy	Lucarelli
Louise	Magyar
Lois	Marcucio
Rosemary	Martone
Brenda	Maseizik
Georgette	McFarland
Margaret	Millea
Frank	Minuto
Madeline	Moore
Robert	Morin
Joanne	Moscato
Barbara	Muggeo
Sarah	Murray
John	Mysliwiec
Cynthia	Nicoletti
Mary	Nowakowski
Lillian	O'Connor
Gary	O'Keefe
Sophiann	Oliwa
Mary	Orkis
Dolores	Pascale
Kay	Pelletier
Terry Lee	Perschel
Joan	Phillips
Barbara	Plude
Francis	Plude
Edward	Pochy
Shirley	Podgorski
Nancy	Rogers
Susan	Sastram
Joseph	Scaglia
Dorothy	Scavone
Dorothy	Scott
Loretta	Sexton
Barbara	Smith
Rose	Soncarato
Daniel	Sorcinelli

Elizabeth	Sorcinelli
Janet	Spinning
Sharon	Staffieri
Barbara	Standley
Alice	Stenger
Linda	Swinski
Charlotte	Szabo
Patricia	Szlachetka
Richard	Thompson
Bernadette	Tonucci
Nancy	Valentine
Irma	Ware
Vera	Weissman
Rena	Wesolowski
Patricia	Wigglesworth
Walter	Yakimovich





MAY 2018 - SENIOR COMMUNITY CAFÉ



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Fish Cakes w/ Tartar Sauce & Lemon Macaroni & Cheese Zucchini & Tomato Whole Grain Roll Pineapple	2 Beef Meatloaf w/ LS Gravy Mashed Potatoes Peas Whole Grain Roll Fresh Fruit	3 CINCO DE MAYO: Corn Chowder Taco Bake w/ Tortilla Chips, Lettuce, Tomato, Cheese, Sour Cream & Taco Sauce Fiesta Corn Rice Pudding w/ Raisins & Whipped Topping	4 Grape Juice Vegetable Lasagna Roll w/ White Sauce Glazed Carrots Yellow Squash Parmesan Cheese Chocolate Chip Cookie
7 Turkey Bolognese Whole Grain Penne Tossed Salad w/ Carrots Italian Dressing Italian Bread Baked Apple Slices	8 Roast Beef w/ LS Gravy Mashed Sweet Potato Broccoli Multigrain Roll Fresh Fruit	9 MOTHER'S DAY: Fresh Fruit Cup Quiche Lorraine Home Fries Tossed Salad w/ Tomato & Italian Dressing Cinnamon Coffee Cake	10 Fruit Punch Juice Chicken Piccata Roasted Butternut Squash Green Beans Garlic Bread Chocolate Pudding	11 Eggplant Parmesan Ziti w/ Tomato Sauce Caesar Salad w/ Caesar Dressing Pumpkin Bread Fresh Apple
14 Beef Stroganoff Bowtie Noodles Green Beans Whole Wheat Bread Fresh Fruit	15 Apple Juice Roasted Chicken Sweet Potato Veggie Blend Whole Grain Roll Berry Strudel	16 Pork Roast w/ LS Gravy Mashed Potato Broccoli Pumpkin Bread Mandarin Oranges	17 Chicken Noodle Soup w/ Unsalted Crackers Quiche Lorraine Broiled Tomato Rye Bread Fruit Cocktail	18 Mediterranean Fish w/ Tartar Sauce & Lemon Roasted Potatoes Zucchini Whole Grain Roll Pineapple
21 Grape Juice Orange Chicken Fried Rice Sautéed Peppers Wheat Bread Butterscotch Pudding	22 Pork Ragout Whole Grain Penne Zucchini & Summer Squash Garlic Bread Mandarin Oranges	23 Mixed Fruit Juice Minestrone Soup w/ Unsalted Crackers Cold Grinder (Turkey, Ham & Cheese) Lettuce & Tomato Chocolate Cake	24 Beef Stew Mashed Potatoes Carrots Whole Grain Roll Grapes	25 MEMORIAL DAY: Cheeseburger w/ Sautéed Onions & Peppers Potato Salad Baked Beans Pickle Wedge, Ketchup Hamburger Roll Blueberry Pie
28 Office Closed  Memorial Day	29 Unstuffed-Stuffed Peppers Tossed Salad w/ Tomatoes & Balsamic Dressing Whole Wheat Bread Canned Peaches	30 Pineapple Juice Roasted Turkey Breast Mashed Butternut Squash Green Beans Rye Bread Slice Pie	31 Pulled Pork Sandwich Baked Beans Coleslaw Whole Grain Bun Grapes	HAPPY Mother's DAY 

The entrée may be substituted for a BAKED CHICKEN QUARTER on the following days: May 16, 22 & 31

~ Reservations must be made the day before by 10:00 am ~

TEAM, INC. ELDERLY SERVICES 54 GROVE ST. SUITE 6, SHELTON CT 06484 203-538-5886
 MENUS SUBJECT TO CHANGE DUE TO AVAILABILITY - All meals include milk and margarine.

Free Printable Word Search Puzzles

Flowers

Find and circle all of the flowers that are hidden in the grid.
The remaining letters spell a secret message - a quotation from *Romeo and Juliet*.

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P L A V E N D E R A C R O A R A O S A
Y I A I N U T E P E D A N E E E R D R
S U L O I D A L G O G T L S W G C L E
I C B U Y A N T R Y H N K I O N H O B
A H A S T E R N O U N C I Y L A I G R
D R E H T A E H R N O O A G F R D I E
F Y E O B D D I H H E L E L N D B R G
O S T W L I U E Y T S M I P R Y E A A
X A A O O M R L L T N S T H O H L M M
G N G I E L L D R P I I R E C S L N A
L T F A S O F O O A H K C M G I F D R
O H U E H E E N N F C I C A W R L A Y
V E C O U M E T U O P A N E Y I O F L
E M H L E D H R T S L A R I S H W F L
C U S R S U M S F L E L R N U O E O I
I M I L S G E R A N I U M A A M R D S
T A A H T A E R B S Y B A B D T A I S
A S I T A M E L C W O R R A Y I I L S
T E L O I V B O U V A R D I A W S O E
S L I L Y S N A P D R A G O N E T E N

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ALSTROEMERIA	CORNFLOWER	GOLDEN ROD	PANSY
AMARYLLIS	DAFFODIL	HEATHER	PEONY
ANTHURIUM	DAISY	HOLLYHOCKS	PETUNIA
ASTER	DELPHINIUM	HYACINTH	ROSE
BABY'S BREATH	FORGET-ME-NOT	HYDRANGEA	SNAPDRAGON
BELL FLOWER	FOXGLOVE	IRIS	STATICE
BIRD OF PARADISE	FREESIA	LAVENDER	STOCK
BOUVDARDIA	FUCHSIA	LILAC	SUNFLOWER
CALLA	GERANIUM	LILY	TULIP
CARNATION	GERBERA	LISIANTHUS	VIOLET
CHRYSANTHEMUM	GINGER	MARIGOLD	YARROW
CLEMATIS	GLADIOLUS	ORCHID	

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