

VISIT US AT 293 MAIN STREET•DERBY, CT 06418  
PHONE US AT (203) 736-1484  
EMAIL US AT SENIORCENTER@DERBYCT.GOV

# DERBY SENIOR CENTER NEWS

APRIL 2018

## Spring has arrived!

This month we have a few events going on. Let's start off with starting a sing a long:

HELLO IN THERE.

REMEMBER THE GOOD OLD DAYS.

LET'S SING ABOUT THEM.

HUM,

WHISTLE,

CLAP YOUR HANDS,

TAP YOUR FEET,

PLAY INSTRUMENTS,

TELL STORIES,

LISTEN,

LAUGH

SING AMERICA'S CLASSIC FOLK SONGS.

CELEBRATE THE POWER OF MUSIC

TO RESTORE ENERGY, JOY AND PEACE

ALL VOICES ARE WELCOME.

BRING AN INSTRUMENT IF YOU PLAY ONE.

SING TOGETHER

DERBY SENIOR CENTER, STARTING ON MONDAY, APRIL 9, 2018  
AT 1:30 AND EVERY MONDAY AFTER THAT.

On April 12th we will be having our Homemade Easter Luncheon. Please come and join us. Menu enclosed.

The Human Relations Club will be holding their annual Hu-Kelau on Friday, April 27th from 5:00PM to 8:00 PM at Derby High School. Please sign up early. Come and enjoy great entertainment and good food. Also if you have a Hawaiian type shirt wear it for the occasion.

Kim Vertrees will be putting on a presentation on April 26th, at 10:30AM on Staying Safe today with homecare for a healthy tomorrow. Refreshments will be served.

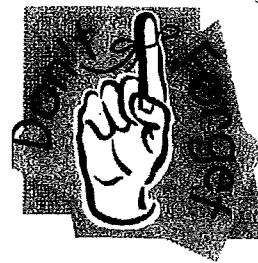
The Shop department from Derby High School will be at the center on April 26th at 1:00PM to make Bird Houses with us. Please sign up early so they have a count of how many bird houses they need to make.

Interim Director, Susan Churchill

## SPECIAL POINTS OF INTEREST:

- The Elderly Commission will meet on Monday, April 2, 2018 at 3:00 PM.
- The Executive Board will meet on Tuesday, April 17, 2018 at 10:00 AM.
- The Activities Committee will be meeting on Tuesday, April 17, 2018 at 11:00 AM. All are welcome.
- Parish Nurse from Griffin Hospital will be here for blood pressure checks on Tuesday, April 3, 2018 from 11:00 AM-2:00 PM.
- Counseling is available for those of you who have any questions on Medicare. Please call the Center at (203) 736-1484 to schedule an appointment.
- **AARP CLASS**  
**SCHEDULED FOR**  
**APRIL 5TH AT 12:30-**  
**4:30PM. PLEASE**  
**REGISTER.**
- **DIABETES SEMINAR**  
**SCHEDULED FOR**  
**APRIL 17TH AT 10:30**  
**AM PLEASE SIGN UP.**  
**REFRESHMENTS**  
**WILL BE SERVED.**

## MONTHLY REMINDERS



- ♦ **HAIRCUTS** will be on Monday, April 9, 2018 from 10:00 AM-12:00 PM. Please call 203-736-1484 for an appointment. Price is \$10.00.
- ♦ **BIRTHDAY BINGO** will be held on Tuesday, April 24, 2018 at 1:00 PM. Thank you to Birmingham Health Center for hosting this wonderful event with prizes and treats.
- ♦ Visit us online at [www.facebook.com/derbyseniorcenter](http://www.facebook.com/derbyseniorcenter)
- Don't forget about our 2 Big trips for this year. Colorado Rockies and Panama Canal. For further information contact the Center.
- Every Friday Veterans Services and Benefits: Contact Gabor Kautzner @ 203-736-1484. Hours are from 9:00 AM to 12:00 Noon.

### \*\*\*FOR YOUR INFORMATION\*\*\*

William Muldoon

*\*Please remember to send a self addressed, stamped envelope with your membership dues. We will mail your new membership card to you. Derby residents \$6.00 per year. Out of Town residents \$8.00 per year. Please check your cards to make sure you are current.*

*Please pay and pick up tickets in advance of function.*

*Check dates for registration for trips.*

### Current Trip Schedule 2018

Historic Salem Cross Inn	Register 1/9	April 17, 2018
Historic South GA & SC	Register 2/6/2018	April 14-21, 2018 cancelled
Westchester " Sister Act"	Register 2/6	April 19, 2018 FULL
Log Cabin Kings & Queens of Country	Reg 2/13/2018	April 26, 2018 FULL
Warner Theatre The Full Monty	Register 3/6	May 6, 2018
Newport Playhouse "Remember Me"	Reg 3/13	May 24, 2018
Sight & Sound Production of "Jesus	Register 3/13	May 22-24, 2018
Deep Sea Fishing	Register 4/3/2018	June 6, 2018
Hudson River Cruise	Register 4/24/2018	June 13, 2018
Boston Pops @ Tanglewood	Register 4/10/2018	June 24, 2018



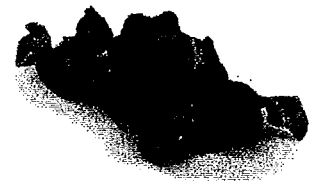
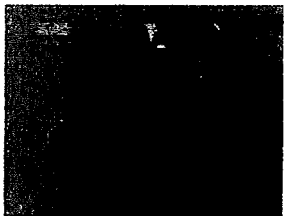
## Easter Luncheon

Thursday, April 12, 2018 Time 12:00 Noon

Price \$7.00

Homemade Dinner

Salad, Ham, Scalloped Potatoes, Broccoli  
Roll and Butter  
Bread Pudding



## Spring Breakfast

Thursday, April 26, 2018 Time 9:00AM

Price \$4.00

Juice, Mini Bagels, Cheese Omelet, Bacon,  
Hash Browns

Unlimited Coffee & Tea

Raffle Prizes and More!!

# *Registrations for April 2018*



## Deep Sea Fishing

Wednesday, June 6, 2018 Reg Date 4/3/2018

Price \$129.00 PP

Getaway Tours has chartered a fishing boat for the day, leaving from Plymouth, MA. We will be on the water about seven hours. There are plenty of people on deck to help bait the line, to assist you in reeling in the "big one," and to clean the fish you catch. You will be responsible for tipping the people on deck to clean your fish (\$1.00 per fish). Typically running this time of year are Haddock, Pollack, and Mackerel. Make sure you bring a cooler to put your catch of the day in. Ice will be provided free of charge to keep the fish cold. You'll have a choice of either "brown bagging" your lunch or buying it from the galley kitchen.

There is limited space on the boat, please sign up early. This trip is offered on a "First Come, First Served" basis.

Join us for a great adventure and impress your family and friends with your fishing skills!



## Hudson River Cruise & The Best of Albany

Wednesday, June 13, 2018 Reg Date 4/24/2018

Price \$112.00

Today we will head to the New York State Museum and its 9/11 exhibit. Other exhibits include : The Adirondack Wilderness, Art for the People, Beneath the City, Ancient Life of New York, Birds of New York, Black Capital, Carousel, Cohoes Mastodon, The Day Peckinpah, Earthquake Center, Fire Engine Hall, Contemporary Native American Crafts, Metropolitan Hall, Minerals of New York, and Native Peoples of New York.

We will enjoy lunch at the famous Italian restaurant, Buca Di Beppo, where platters of delicious Italian food are served family-style, followed by a mouth-watering dessert.

After lunch, we will head to the Hudson River and board the Dutch Apple Cruise Boat for a 90 minute cruise. We will view Old Dutch homes and graceful mansions while cruising.



## The Boston Pops at Tanglewood



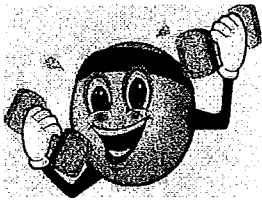





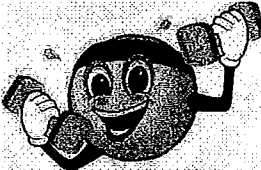


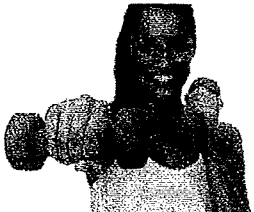
With Special Guest Soloist, Audra McDonald

Sunday, June 24, 2018 Reg Date 4/10/2018

Price \$ 140.00 Per Person

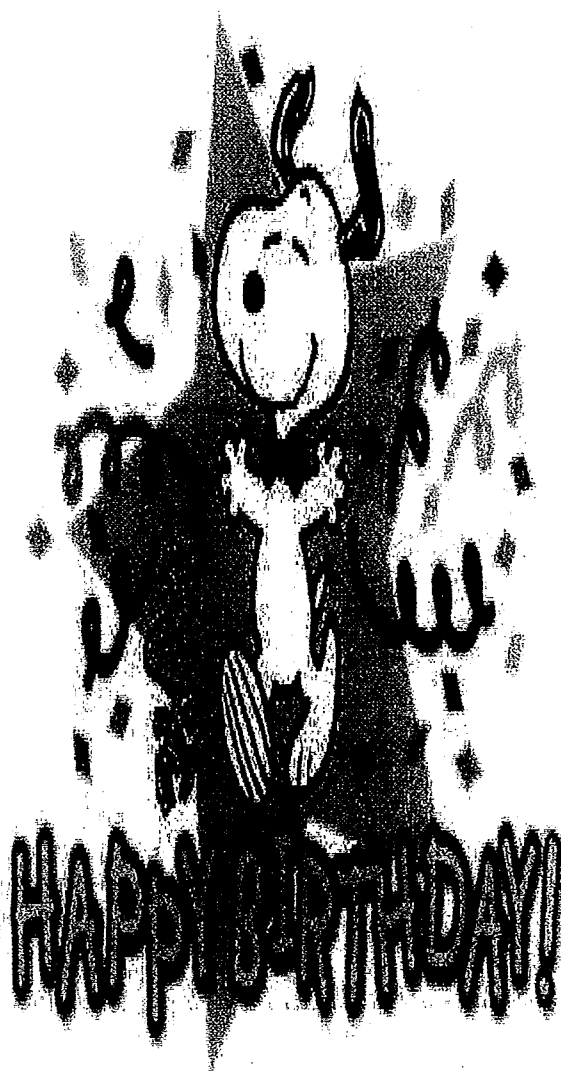
The Berkshires are filled with many great summer estates that date from the late 19th century and the scenery in the area is just lovely. Enjoy lunch at the Cork N' Hearth or The Red Lion Inn, with a choice of chicken beef or fish entrée. Because the restaurants have limited capacity and we will have many buses for this tour, the restaurant you will dine at will be our choice. After lunch we will enjoy The Boston Pops in a very special concert directed by Andy Einhorn with guest soloist, Audra McDonald. She presents a program of songs ranging from standards by Sondheim, Rodgers, and Gershwin to the sounds of today's leading music theatre composers. Sit back, relax, and enjoy the beautiful music. You will be humming all the way home!!

# APRIL 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2) 11:15-12:00 Strength Training Class 3:00 Elderly Commission Meeting</p> 	<p>3) <b>Reg for Deep Sea Fishing</b> 11:00-2:00 Blood Pressure Screening 11:45 Senior Café 1:00 Cupcake &amp; Prizes from Shelton Lakes will be provided for Bingo come and join us.</p>	<p>4) 9:30-11:00 Yoga 9:30 Computer Class 11:00 Painting 11:30 Strength Training 12:30 Zumba Gold</p>	<p>5) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting &amp; Crocheting 11:45 Senior Café 12:30 Pinochle 1:00-3:00 Craft Class Reiki session by appointments</p>	<p>6) 10:00 Tai Chi 10:00 Shopping 10:00 Arts &amp; Crafts 12:30 Zumba Gold 1:00 Quilting Class</p> 
<p>9) 10:00-12:00 Haircuts 11:15-12:00 Strength Training Class 1:30 Sing-A-Long</p> 	<p>10) <b>Reg for the Boston Pops</b> 11:00 Activities Meeting 11:45 Senior Café 1:00 Bingo 2:50-4:00 HRC Group will be joining us with goodies and conversation.</p>	<p>11) 9:30-11:00 Yoga 9:30 Computer Class 11:00 Painting 11:30 Strength Training 12:30 Zumba Gold</p> 	<p>12) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting &amp; Crocheting <b>12:00 Easter Luncheon</b> 12:30 Pinochle 1:00-3:00 Craft Class Reiki session by appointments</p>	<p>13) 10:00 Tai Chi 10:00 Shopping 10:00 Arts &amp; Crafts 11:30 Tap Class 12:30 Zumba 1:00 Quilting Class</p> 
<p>16) 10:00-12:00 Noon Haircuts 11:15-12:00 Strength Training Class 1:30 Sing-A-Long</p> 	<p>17) <b>10:00 Executive Brd Meeting</b> <b>11:00 Activities Brd Meeting</b> 11:45 Senior Café 1:00 Shady Knoll will be providing goodies and prizes for Bingo. Come and have some fun.</p>	<p>18) 9:30-11:00 Yoga 9:30 Computer Class 11:00 Painting 11:30 Strength Training 12:30 Zumba Gold</p> 	<p>19) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting &amp; Crocheting 12:00 Senior Luncheon 12:30 Pinochle 1:00-3:00 Craft Class Reiki session by appointments</p>	<p>20) 10:00 Tai Chi 10:00 Shopping 10:00 Arts &amp; Crafts 11:30 Tap Class 12:30 Zumba Gold 1:00 Quilting Class</p> 
<p>23) 11:15 -12:00 Strength Training Class 1:30 Sing-A-Long</p> 	<p>24) <b>Reg for Hudson River Cruise</b> 11:45 Senior Café 1:00 Birmingham Health Care will be providing a Birthday Cake and Prizes for Birthday Bingo</p>	<p>25) 9:30-11:00 Yoga 9:30 Computer Class 11:00 Painting 11:30 Strength Training 12:30 Zumba Gold</p> 	<p>26) <b>9:00 Breakfast</b> 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting &amp; Crocheting 11:45 Senior Cafe 12:30 Pinochle 1:00-3:00 Craft Class Reiki session by appointments</p>	<p>27) 10:00 Tai Chi 10:00 Shopping 10:00 Arts &amp; Crafts 11:30 Tap Class 12:30 Zumba Gold 1:00 Quilting Class</p> 
<p>30) 11:15-12:00 Strength Training Class 1:30 Sing-A-Long</p> 				

# APRIL BIRTHDAYS

FIRST NAME	LAST NAME
Sarah	Abate
Dorothy	Andrus
Anthony	Andrzejewski
Palma	Bowers
Larry	Bussell
Mary Ann	Cacchillo
Earlane	Cavallaro
Gloria	Chiarella
Eleanor	DeFelice
Patricia	DeGeorge
Perry	DeGeorge
Millie	Dostiglio
Margaret	Duggan
Joseph	Dzikas
Theresa	Erikson
Frank	Esposito
Marie	Feducia
Helen	Filo
Suzanne	Foster
Frank	Franco
Henrietta	Fritz
Thomas	Gaetano
Barbara Jean	Garofalo
Roberta	Getlain
Arthur	Giarratano
Rita	Glenn
Marion	Gorzelany
John R.	Granatie
Carmen	Guarascio
Beverly	Kamaltis
Camme	Kemp
Patricia	Kennedy
Nancy	Kuczynski
Steven	Kunstadt
Theresa	La Rocque
Janet	Lanci
Alice	LaRovera
Deborah	Lumley
Jean	Lupone
Helen	Marczak
Jeanne	Markut
Maria	Marulli



FIRST NAME	LAST NAME
Eleanor	Mascolo
Genevieve	McCluskey
Peggy	McEnerney
Carol	McGovern
Juanita	McLean
Diane	Melecsinski
Rissa	Mendlestein
Diana	Musante
Sophie	Muskavitch
Walter	Oko
Joseph	O'Leary
Margaret	Oraziotti
Ellen	Ottoson
Carmen	Palumbo
Antoinette	Peterson
Janet	Petrucelli
Frances	Pochy
Jaime	Puruncajas, S
Claire	Rahael
Dolores	Rose
Anthony	Santangelo
Ida	Scaife
Selina	Scott
Walter	Scott
Mary	Sexton
Bernard	Shaw
Rita	Sheehy
Alan	Simpson
Stanley	Smalec
Lola	Smith
Anna	Spardone
Victor	Stasonis
Linda	Sullivan
William	Susko
Joan	Svetz
Florence	Szeligowski
Laura	Thomas
John	Tilki
Barbara	Toni
Jennie	Tuccio
John	Vitka Jr.
Joseph	Volduro
Carol	Witteman



# APRIL 2018 - SENIOR COMMUNITY CAFÉ



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Turkey Bolognese Whole Grain Penne Tossed Salad w/ Carrots Italian Dressing Italian Bread Baked Apple Slices	<b>3</b> Roast Beef w/ LS Gravy Mashed Sweet Potato Broccoli Multigrain Roll Fresh Fruit	<b>4</b> Italian Wedding Soup w/ Unsalted Crackers Herb-Crusted Fish w/ Tartar Sauce & Lemon Brown Rice Glazed Carrots Rye Bread Canned Peaches	<b>5</b> Cran-Grape Juice Chicken Piccata Roasted Butternut Squash Green Beans Garlic Bread Chocolate Pudding	<b>6</b> Eggplant Parmesan Ziti w/ Tomato Sauce Caesar Salad w/ Caesar Dressing Pumpnickel Bread Fresh Apple
<b>9</b> Beef Stroganoff Bowtie Noodles Green Beans Whole Wheat Bread Fresh Fruit	<b>10</b> Apple Juice Roasted Chicken Sweet Potato Veggie Blend Whole Grain Roll Berry Strudel	<b>11</b> Pork Roast w/ LS Gravy Mashed Potato Broccoli Pumpnickel Bread Mandarin Oranges	<b>12</b> Chicken Noodle Soup w/ Unsalted Crackers Quiche Lorraine Broiled Tomato Rye Bread Fruit Cocktail	<b>13</b> Mediterranean Fish w/ Tartar Sauce & Lemon Roasted Potatoes Zucchini Whole Grain Roll Pineapple
<b>16</b> Grape Juice Orange Chicken Fried Rice Sautéed Peppers Wheat Bread Butterscotch Pudding	<b>17</b> Pork Ragout Whole Grain Penne Zucchini & Summer Squash Garlic Bread Mandarin Oranges	<b>18</b> Mixed Fruit Juice Minestrone Soup w/ Unsalted Crackers Cold Grinder (Turkey, Ham & Cheese) Lettuce & Tomato Chocolate Cake	<b>19</b> Beef Stew Mashed Potatoes Carrots Whole Grain Roll Grapes	<b>20</b> Baked Ziti Tossed Salad w/ Cucumbers & Ranch Dressing Breadstick Canned Peaches
<b>23</b> Chicken Marsala Mashed Potato Broccoli Italian Bread Fresh Fruit	<b>24 Earth Day Lunch:</b> Eggplant Parmesan Roasted Potato Spinach Whole Wheat Bread Fresh Fruit Salad	<b>25</b> Pineapple Juice Roasted Turkey Breast Mashed Butternut Squash Green Beans Rye Bread Slice Pie	<b>26</b> Pulled Pork Sandwich Baked Beans Coleslaw Whole Grain Bun Grapes	<b>27</b> Split Pea Soup w/ Unsalted Crackers Broccoli & Mushroom Quiche Roasted Vegetables Whole Grain Roll Canned Pears
<b>30</b> Tuscan Bean Soup w/ Unsalted Crackers Ravioli w/ Meat Sauce Broccoli Italian Bread Canned Peaches	 <h2>Spring</h2>			

The entrée may be substituted for a BAKED CHICKEN QUARTER on the following days: Apr 11, 17 & 26

~ Reservations must be made the day before by 10:00 am ~

TEAM, INC. ELDERLY SERVICES 54 GROVE ST. SUITE 6, SHELTON CT 06484 203-538-5886  
 MENUS SUBJECT TO CHANGE DUE TO AVAILABILITY - All meals include milk and margarine.

## Free Printable Word Search Puzzles

## Easter

Find and circle all of the words that are hidden in the grid.  
The remaining 34 letters spell a secret message.

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C O S E L P I C S I D C H U R C H Y
S R N E S A C R A M E N T E S A A S
G T U T H F F P B U N N Y D U D E R
G T N C R O A A P M E M A S S R N A
E E T I I S L A S U O E D E E Y O F
L C D N S F R Y C T R T N T J A I E
P A N O E A I H W B I D U A F D T S
Y A V E D M A X T E E N S L A S C T
D E L E T R A S I W E N G O M R E I
R Y A M I I I T H O O K R C I U R V
C A S S S R N S S I N O I O L H R A
A D T T H I A E T E A R O H Y T U L
L I S C N I C I P S T C E C S A S I
V L U T O N D D T E C W R Y O E E G
A O P R A A M O T S U C E O A D R I
R H P N R E E G G H U N T N S R A V
Y T E T A M A R Y A D R U T A S P E
E P R L G G S C E L E B R A T I O N

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ASH WEDNESDAY	DEATH	JESUS	PENITENCE
BREAD	DISCIPLES	LAST SUPPER	PRAYER
BUNNY	EGG HUNT	LENT	RESURRECTION
CALVARY	EGGS	MARY	ROAST
CELEBRATION	EUCHARIST	MASS	SACRAMENT
CHOCOLATE	FAMILY	MEAL	SATURDAY
CHRIST	FASTING	NEW TESTAMENT	SUNDAY
CHURCH	FESTIVAL	PALMS	THURSDAY
CROSS	FRIDAY	PARADE	TOMB
CRUCIFIXION	HOLIDAY	PASSOVER	TRADITION
CUSTOM	HOLY WEEK	PENANCE	VIGIL

Did you enjoy this puzzle? Visit: <https://www.puzzles.ca/word-search>

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