

VISIT US AT 293 MAIN STREET•DERBY, CT 06418

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DERBY SENIOR CENTER NEWS

JANUARY 2018

Happy New Year!!! I hope everyone enjoyed their holidays.

This month is going to be a busy month for us. Besides our regular monthly Breakfast and Luncheon we have a few other events scheduled.

Attorney Drazen will be with us on Thursday the 11th at 10:30 AM to discuss about discovering how long term care solutions and Elder Law planning can lead to a better quality of life for you and your loved ones. Don't wait to take advantage of this educational presentation by Attorney Drazen as he shares important information on financial and elder law issues currently impacting adults and their families. Refreshments will be served. A sign up sheet will be posted upstairs for those who are interested.

On the 18th, Traci O'Brien, Field, sales and service rep for Anthem will be here to talk about the Mediblu Dual advantage Plan and any other questions relating to Medicare and extra help from the state. Refreshments will be served. There will be a sign up sheet posted.

Mary Swansiger will be here from Griffin Hospital on Thursday, January 25th at 10:30am to have a quick seminar on Diabetes. Refreshments will be served.

A sign up sheet will be posted up stairs for those who are interested.

Mary Jo Cheverella will be doing taxes starting February 20th and will be at the Center every Monday and Tuesday from 10:00 to 2:00PM. Appointments are required.

SPECIAL POINTS OF INTEREST:

- The Elderly Commission will meet on Monday, January 8th at 3:00 PM.
- The Executive Board will meet on Tuesday, January 9th at 10:00 AM.
- The Activities Committee will be meeting on Tuesday, January 9th at 11:00 AM. All are welcome.
- Parish Nurse from Griffin Hospital will be here for blood pressure checks on Tuesday, January 2nd from 11:00 AM-2:00 PM.
- Counseling is available for those of you who have any questions on Medicare. Please call the Center at (203) 736-1484 to schedule an appointment.
- **We will be closed January 1st for New Year's Day.**
- **We will be closed January 15th in observance of Dr Martin Luther King, Jr. Day.**

MONTHLY REMINDERS



- ♦ **HAIRCUTS** will be on Monday, January 8, from 10:00 AM-12:00 PM. Please call 203-736-1484 for an appointment. Price is \$10.00.
- ♦ **BIRTHDAY BINGO** will be held on Tuesday January 23, at 1:00 PM. Thank you to Birmingham Health Center for hosting this wonderful event with prizes and treats.
- ♦ Visit us online at www.facebook.com/derbyseniorcenter
- ♦ **Don't forget about our 2 Big trips for next year. Colorado Rockies and Panama Canal.** For further information contact the Center.

FOR YOUR INFORMATION

In Loving Memory

John Kelleher

**Please remember to send a self addressed, stamped envelope with your membership dues. We will mail your new membership card to you.*

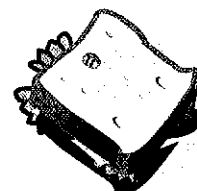
Please pay and pick up tickets in advance of function.

Please no registrations before January 1, for in house functions.

Check dates for registration for trips.

Current Trip Schedule 2017

Mohegan Sun Getaway	Register 11/14	January 24-25, 2018
UConn Women's Basketball	Register 11/21	January 27, 2018
Westchester 100 Years of Broadway	Register 11/28	February 1, 2018
37th CT Flower & Garden Show	Register 1/9	Feb. 22, 2018 snow date 2/23
AAC Women's Basketball	Register 1/16	March 4, 2018
Sleigh Ride at Adams Farm	Register 1/23	March 7, 2018
St Patrick's At Aqua Turf	Register 1/30	March 20, 2018
Broadway Margaretville, Carousel	Register 12/5	April 4, 2018
Historic Salem Cross Inn	Register 1/9	April 17, 2018



Winter Luncheon

Thursday, January 11, 2018

Price \$6.00 Time 12:00 Noon

Chicken Orzo Soup with Choice of Tuna and
Ham & Cheese Finger Sandwiches, Potato Chips
Ambrosia for Dessert



Winter Breakfast

Thursday, January 25, 2018

Price \$4.00 Time 9:00 AM

Juice, Yogurt Parfait, Bacon/Egg/Cheese
Croissant, Tator Tots, Pastry
Endless Cup of Coffee or Tea
Free Raffle and More



Additional Trips

Historic Salem Cross Inn With Luncheon Show and Oakwood Farm

Tuesday, April 17, 2018, Registration Date January 9, 2018

Price PP \$76.00

First stop is the Salem Cross Inn featuring a delicious lunch. Then you'll be entertained by ragtime pianist, Gary. Next stop is at the Brookfield Orchards with displays of old memorabilia and large selections of assorted food items to purchase. We'll complete our day with a stop at the Oakwood Farm Christmas Barn. There will be refreshments and a small gift for each guest.

Registrations for January 2018



The 37th Annual CT Flower & Garden Show Thursday, February 22, 2018

Snow Date: Friday, February 23, 2018

Price \$86.00 Per Person, Registration Date January 9, 2018

Today our first stop will be for lunch at Dakota's Restaurant. Here you will enjoy a choice of Prime Rib (cooked Medium Only) Mesquite Grilled Salmon, or Wood Grilled Chicken served complete with all the trimmings, including their famous salad bar.

After lunch we will head over to the Connecticut Convention Center for the Flower & Garden Show. The theme this year is "**Breath of Spring**". The Flower Show is sure to brighten your day and lift those winter blues.

2018 American Athletic Conference (AAC) Women's Basketball Tournament

Featuring the UConn Women's Huskies Semi-Final Game at Mohegan Sun Arena
Sunday, March 4, 2018

Price \$95.00, Registration Date January 16, 2018

Come out and support your favorite female basketball players!! They will be playing against the winner of the tournament's quarter final game held the previous day. There is nothing like seeing a game live— this will surely be a day to remember.

Sleigh Ride At Adams Farm "The 1st Sleigh Ride in Vermont" - Vermont Magazine Wednesday, March 7, 2018

Price \$119.00 PP, Registration Date January 23, 2018




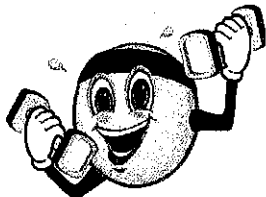








Today we'll travel to the New England House in Brattleboro, Vermont. The menu choice is Pot Roast or Butternut Squash Ravioli, served complete with all the trimmings.

Our next destination is The Adams Farm in Southern Vermont. Their unique tours have caused them to be featured on Good Morning America, BCS's Early Morning Show as well as others. Let's get ready for the sleigh ride of a lifetime! Every sleigh is pulled by a team of Belgian Draft horses. The ride will take you through the maple grove and pines, and into an open meadow where the views are wonderful. Join us at a log cabin in the woods for hot chocolate and some tunes at the player piano. You'll also have time to shop in the farm store for farm products, quilts and other Vermont specialties.

St. Patrick's Celebration at the Aqua Turf Featuring The Maclean Avenue Band Tuesday, March 20, 2018, Price \$79.00 per person, Registration Date 1/30/18

This morning will be going to the Aqua Turf Club where you will enjoy a great St Patrick's Day Luncheon which will include Corned Beef and Cabbage, Baked Scrod, and all the trimmings. Topped off with carrot cake for dessert. You will also receive a complimentary glass of wine or beer with your meal. After lunch, you will enjoy live Irish entertainment. Singing and dancing is encouraged, so put on your dancing shoes!

JANUARY

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p>1) CLOSED FOR NEW YEARS DAY</p> 	<p>2) 9:30 Quilting Class 11:45 Senior Café 1:00 Bingo</p> 	<p>3) 9:30 Painting 9:30-11:00 Yoga Computer Class Cancelled for Winter Recess. Will start back up in April of 2018 11:30 Strength Training 12:30 Zumba Gold</p>	<p>4) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Café 12:30 Pinochle 1:00-3:00 Craft Class Reiki session by appointments</p>	<p>5) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 11:30 Tap Class 1:00 Zumba Gold</p> 
<p>8) 11:15-12:00 Strength Training Class 3:00 Elderly Commission Meeting</p> 	<p>9) Reg for Ct Flower Show Reg for Historic Salem 9:30 Quilting Class 10:00 Executive Board Meeting 11:00 Activities Meeting 11:45 Senior Café 1:00 Bingo</p>	<p>10) 9:30 Painting 9:30-11:00 Yoga Computer Class Cancelled for Winter Recess. Will start back up in April of 2018 11:30 Strength Training 12:30 Zumba Gold</p>	<p>11) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Winter Luncheon 12:30 Pinochle 1:00-3:00 Craft Class Reiki session by appointments</p>	<p>12) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 1:00 Zumba</p> 
<p>15) Closed for Martin Luther King Jr.</p>  <p>Martin Luther King Jr. Day</p>	<p>16) Reg for AAC UConn Basketball 9:30 Quilting Class 11:45 Senior Café 1:00 Bingo</p> 	<p>17) 9:30 Painting 9:30-11:00 Yoga Computer Class Cancelled for Winter Recess. Will start back up in April of 2018 11:30 Strength Training 12:30 Zumba Gold</p>	<p>18) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Café 12:30 Pinochle 1:00-3:00 Craft Class Reiki session by appointments</p>	<p>19) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 11:30 Tap Class 1:00 Zumba Gold</p> 
<p>22) 11:15-12:00 Strength Training Class</p> 	<p>23) Reg for Sleigh Ride 9:30 Quilting Class 11:45 Senior Café 1:00 Birthday Bingo</p> 	<p>24) 9:30 Painting 9:30-11:00 Yoga Computer Class cancelled for Winter Recess. Will start back up in April of 2018 11:30 Strength Training 12:30 Zumba Gold</p>	<p>25) 9:00 Winter Breakfast 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Café 12:30 Pinochle 1:00-3:00 Craft Class Reiki session by appointments</p>	<p>26) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 11:30 Tap Class 1:00 Zumba Gold</p> 
<p>29) 11:15-12:00 Strength Training Class</p>	<p>30) Reg for St Patrick's at Aqua Turf 9:30 Quilting Class 11:45 Senior Café 1:00 Bingo</p> 	<p>31) 9:30 Painting 9:30-11:00 Yoga Computer Class cancelled for Winter Recess. Will start back up in April of 2018 11:30 Strength Training 12:30 Zumba Gold</p>		

JANUARY BIRTHDAYS

Marilyn Anderson	Rosemary Drennan	William Ostrowski
Joseph Andrus	Irene Dziadik	Robert Palko
Justine Arcano	Georgeann Erhardt	Joyce Parent
Stacia Balko	Joseph Fabozzi	Mary Jane Paris
Maria Battaglino	Gabrielle Falvey	Josephine Pedevillano
Catherine Bedini	Mary Fanning	Richard Petit Sr.
Rose Belotti	Charlotte Flaherty	Robert Post
Ingeborg Bennett	Renee Gambino	Evelyn Provost
Mary Blewett	Rose Garofalo	Ann Pullen
Frances Bonitatebus	Marylou Grillo	Walter Roog
Martha Bova	Charles Guliuzza	Ida Rosenberg
Gladys Buckley	Patricia Hammer	William Ryan
Carol Burbank	Lorraine Hasbrouck	Anne Samodel
Mary Burleigh	Amy Hinkson	Adeline Santamaria
Gloria Caragan	Shengqiang Jin	Stefania Savoyski
Art Cartenuto	Linda Joyce	Stephania Savoyski
Betty Cascone	Catherine Kane	Joanne Scollin
Lynn Casini	Albert Kovalick	Robert Skirkanich
Edna Casolino	Mary Ann Kubilus	Frances Slowik
John Cavagnuolo	Barbara Lewis	John Sosenko
Nanda Checkley	Joan Livolsi	Sandra Stebar
Shirley Chen	Geraldine Mason	Francesco Tabacco
Lynda Cherney	Michael McFarland	Claude Traver
Carmen Chevarella	Andrew Migani	David Tynan
Mary Cirillo	Anne Morin	John Vacovelli
Colleen Comunale	Patricia Murphy	Patricia Walania
Corrine Conroy	Patricia Najjar	Joan Waldorf
Pat Corda	Aldo Napoletano	Nancy Walton
Barbara Davis	Ralph Nicholas	Lillian Wannagot
Margaret Day-Francesco	Monserate O'Keefe	Dorothy Wardzala
Lucille Deane	Santa Oliveras	Erwin Williams
Irene DeGeorge	Louise Opiela	Dorothy Yeager
Antoinette Del Mastro	Frederick Oraziatti	Helen Zielinski
Patricia Diglio		



JANUARY 2018 - SENIOR COMMUNITY CAFÉ



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 OFFICE CLOSED	2 BBQ Chicken Qtr Baked Beans Coleslaw Biscuit Fresh Fruit	3 Chicken Noodle Soup w/ Crackers Stuffed Salmon w/ Dill Sauce Orzo Beets Pumpernickel Dinner Roll Fresh Fruit	4 Sweet & Sour Pork Fried Rice Oriental Blend Wheat Bread Mandarin Oranges	5 Grape Juice Vegetable Lasagna Roasted Tomato Tossed Salad w/ Black Olives & Ranch Dressing Parmesan Cheese Garlic Bread Fruited Jello
8 Cranberry Glazed Chicken Roasted Sweet Potato Green Beans Wheat Dinner Roll Fresh Fruit	9 Cheese Baked Ziti Meatball Romaine Salad w/ Cucumber & French Dressing Breadstick Mandarin Oranges	10 Apple Juice Pot Roast w/ LS Gravy Mashed Potato Mixed Vegetables Rye Bread Chocolate Chip Cookie	11 Special Lunch: Grape Juice Fried Chicken Qtr Collard Greens Corn & Okra Biscuits Bread Pudding w/ Topping	12 Spinach Quiche Stewed Tomatoes Roasted Vegetables Family Grain Bread Fresh Fruit
15 MLK BIRTHDAY OFFICE CLOSED	16 Hot Open Turkey Sandwich on Wheat w/ LS Gravy Steak Fries California Blend Fresh Fruit	17 New England Clam Chowder w/ Unsalted Crackers Ritz Crusted Haddock w/ Tartar Sauce & Lemon Cranberry Rice Peas & Carrots Family Grain Pears	18 Orange Juice Herb Roasted Chicken Qtr Acorn Squash Green Beans Marble Rye Carrot Cake	19 Spinach Grandoli Zucchini & Yellow Squash Tossed Salad w/ Shredded Carrot & Ranch Dressing Italian Bread Fresh Fruit
22 Roast Pork Loin w/ LS Gravy Mashed Sweet Potato Peas & Onions Rye Bread Applesauce	23 Vegetable Barley Soup w/ Crackers Chicken Florentine Bowtie Noodles Carrots Wheat Dinner Roll Tropical Fruit	24 Beef & Bean Chili Brown Rice Corn Biscuit Fresh Fruit	25 Light Crunch Fish w/ Tartar Sauce & Lemon Bean Blend Whole Wheat Bread Baked Apple Slices	26 Cranberry Juice Eggplant Parmesan Ziti w/ Sauce Tossed Salad w/ Cucumber & Italian Dressing Parmesan Cheese Garlic Breadstick Oatmeal Cookie
29 Sausage w/ Broccoli & Red Pepper Penne Pasta Carrots Wheat Bread Fresh Fruit	30 Mixed Fruit Juice Fish Sticks w/ Tartar Sauce & Lemon Macaroni & Cheese Green Beans Dinner Roll Pound Cake	31 Chicken Cacciatore Mashed Potato Roasted Squash Marbled Bread Peaches		

The entrée may be substituted for a BAKED CHICKEN QUARTER on the following days: Jan 4 & 22

~ Reservations must be made the day before by 10:00 am ~

TEAM, INC. 30 ELIZABETH STREET, DERRY, CT 06418 - 736-5420

MENUS SUBJECT TO CHANGE DUE TO AVAILABILITY - All meals include milk and margarine.

Free Printable Word Search Puzzles

Happy New Year

Find and circle all of the words that are hidden in the grid.
The remaining letters spell the name of a popular location for celebrating New Years Eve.

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S E I B A B N E W Y E A R S E V E Y
G C H A M P A G N E T Y I M N S T T
E N S S U E T H C D A N C E D R H R
S Q I N F E T O O D M U A Y O E I A
E F C G F I N A S L S U E R F K R P
D H E F N F R R R R I A S E D A T S
A I U S E I A S E B R D N I E M Y K
R B B T T E S M T I E S A F C E F R
A M T A Y I A N N O R L A Y E S I O
P I S W L E V R O E F T E E M I R W
N D E A R L E I N I H J V C B O S E
D N E T R V O N T E T E A S E N T R
A I S W I A A O R I N A S N R O H I
Y G Y E O B I T N T E I R R U K C F
O H W I N E I T S S K S I O H A T S
N T Y L I M A F N O I S A C C O R T
E T S A E F S N O I T U L O S E R Y
S R E Z I T E P P A Y F R I E N D S

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APPETIZERS	DECORATIONS	HATS	PARADES
BABIES	END OF DECEMBER	HOLIDAY	PARTY
BALLOONS	EVENTS	HORNS	PUNCH
BANNERS	FAMILY	KISS	RESOLUTIONS
BUFFET	FATHER TIME	MIDNIGHT	SINGING
CELEBRATE	FEAST	MUSIC	STREAMERS
CHAMPAGNE	FESTIVITIES	NEW YEARS DAY	THIRTY FIRST
CONFETTI	FIREWORKS	NEW YEARS EVE	TIARAS
DANCE	FIRST OF JANUARY	NOISEMAKERS	WINE
DAY ONE	FRIENDS	OCCASION	YEAR IN REVIEW

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