

VISIT US AT 293 MAIN STREET•DERBY, CT 06418
PHONE US AT (203) 736-1484
EMAIL US AT SENIORCENTER@DERBYCT.GOV

DERBY SENIOR CENTER NEWS

FEBRUARY 2018

Happy Valentines Day!!

Come and join us on February 8th for a great meal from Mattei's Deli and entertainment by "The Guitar Man". Apple Rehab will also be here with a treat of Chocolate Covered Strawberries. The cost per person is \$12.00.

Just a reminder that we do have a Library in the lower level of the Center that you can borrow books, DVD's and VCR tapes. Come and use the exercise equipment. This is your Center please feel free to utilize what we have to offer.

Due to the great turn out for the Tap Class we are adding in another Friday during the month making it available 3 out of 4 weeks.

Attention Seniors: The Valley Transit District will pick up Derby Residents on Tuesdays free of charge (paid for by the Derby Senior Center) to have lunch which has a donation of \$3.00 for the Senior Café. Then join us to play Bingo and test your luck! All you have to do is call Valley Transit at 203-735-6408 24 hours in advance. Don't drive!! The gas is on us.

We offer Zumba, Strength Training and Tap Classes on Wednesday and Fridays for people enrolled in Silver Sneakers. Come and have some fun.

Carmen DiCenso, Economic Developer for the City of Derby will be hosting a meeting on Thursday, February 22nd at 10:30 AM to discuss the Route 34 project and much more of what is happening in our great city. Refreshments will be served. Please sign up in the office.

Taxes are being done by appointment on Mondays and Tuesdays effective February 20th. This is another free program we offer to our seniors. Please come and take advantage.

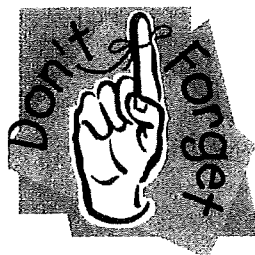
Respectfully, Interim Director, Susan Churchill

SPECIAL POINTS OF INTEREST:

- The Elderly Commission will meet on Monday, February 5, 2018 at 3:00 PM.
- The Executive Board will meet on Tuesday, February 13, 2018 at 10:00 AM.
- The Activities Committee will be meeting on Tuesday, February 13, 2018 at 11:00 AM. All are welcome.
- Parish Nurse from Griffin Hospital will be here for blood pressure checks on Tuesday, February 6, 2018 from 11:00 AM-2:00 PM.
- Counseling is available for those of you who have any questions on Medicare. Please call the Center at (203) 736-1484 to schedule an appointment.
- **We will be closed February 19, 2018 in observance of President's Day**



MONTHLY REMINDERS



- ♦ **HAIRCUTS** will be on Monday, February 12, 2018 from 10:00 AM-12:00 PM. Please call 203-736-1484 for an appointment. Price is \$10.00.
- ♦ **BIRTHDAY BINGO** will be held on Tuesday February 27, 2018 at 1:00 PM. Thank you to Birmingham Health Center for hosting this wonderful event with prizes and treats.
- ♦ Visit us online at www.facebook.com/derbyseniorcenter
- ♦ **Don't forget about our 2 Big trips for this year. Colorado Rockies and Panama Canal. For further information contact the Center.**

FOR YOUR INFORMATION

In Loving Memory

Mary Finnucan

William Naylor

Mary Bujanauskas

Anthony Petrucelli

**Please remember to send a self addressed, stamped envelope with your membership dues. We will mail your new membership card to you.*

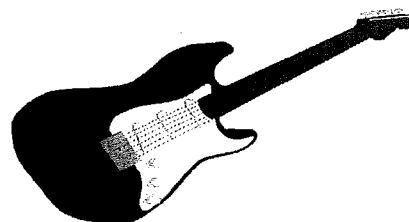
Please pay and pick up tickets in advance of function.

Please no registrations before February 1st, for in house functions.

Check dates for registration for trips.

Current Trip Schedule 2017

Westchester 100 Years of Broadway	Register 11/28	February 1, 2018 Full
37th CT Flower & Garden Show	Register 1/9	Feb. 22, 2018 Snow Date 2/23
AAC Women's Basketball	Register 1/16	March 4, 2018
Sleigh Ride at Adams Farm	Register 1/23	March 7, 2018
St Patrick's At Aqua Turf	Register 1/30	March 20, 2018
Broadway Margaretville, Carousel	Register 12/5	April 4, 2018
Historic Salem Cross Inn	Register 1/9	April 17, 2018
Historic South GA & SC	Register 2/6/2018	April 14-21, 2018
Westchester " Sister Act"	Register 2/6	April 19, 2018
Log Cabin Kings & Queens of Country	Reg 2/13/2018	April 26, 2018



Valentine Luncheon

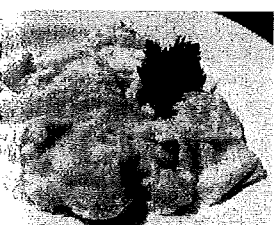
Thursday, February 8, 2018

Price \$ 12.00 Time 12:00 Noon

This year come celebrate our Valentine Luncheon with a great meal from Mattei's Deli

You Includes: Ziti, Meatballs, Breaded Chicken, Eggplant Parmesan Tossed Salad, Ice Cream, Coffee and Juice and more!!

We are also having Entertainment by our favorite "The Guitar Man" and the Rehab will be bringing us Chocolate Covered Strawberries.

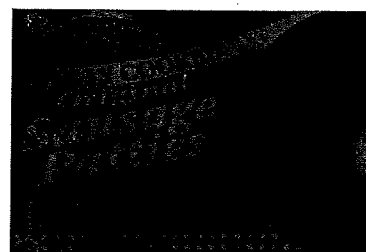


Valentine Breakfast

Thursday, February 22, 2018

Price \$ 4.00 Time 9:00 AM

Potato Juice, Oatmeal, Scrambled Eggs, Homemade Hash Browns, Sausage Patties, Pastry and more!! Unlimited Coffee & Free Raffle Prizes.



Registrations for February 2018



Historic South Savannah, GA & Charleston, SC

Saturday, April 14, thru Saturday April 21, 2018, Reg Date 2/6/2018

Cost \$1579.00 PP Double, \$ 2124.00 Single, \$1549.00 PP Triple

Come and enjoy an 8 Day Vacation to the Historic South of Savannah, GA and Charleston, SC.

Day One: We will travel to Fredericksburg, VA and stay at the Country Inn and Suites. **Day Two:** we will depart to Savannah, GA! the largest National Historic Landmark District in the U.S. There will be a lunch stop on our en route to Savannah.. **Day Three:** You will take a Historic Trolley Tour on cobblestone paved streets beneath moss-draped oaks and experience the "Old South" with stately mansions, beautiful squares, romantic riverfront and abundance of artifacts. The afternoon you are free to leisurely explore Savannah on your own. **Day Four:** You will depart for St. Simon's Island, Georgia where you will experience a sightseeing tour of the island. You will have free time and lunch on your own before the Village Shrimp Boat Excursion. **Day Five:** Today we are headed for Beaufort, S.C. You will enjoy a horse-drawn carriage ride through the Historic District and lunch on your own. **Day Six:** We will enjoy a sightseeing tour which includes The Citadel and Battery. We'll then have some free time in the historic market before departing for Wadmalaw Island for a tour of the Charleston Tea Plantation. We will end the day with a dinner cruise in Charleston Harbor. **Day Seven:** We will check out of our hotel and begin our journey back to CT. A stop will be made at Baltimore's Inner Harbor to browse the shops. This afternoon we will check in to the Country Inn Suites. **Day Eight:** We will check out of the hotel with lots of exciting memories from our Historic South Getaway!!

Includes: Round Trip Transportation, Hotel Accommodation's, 14 Meals (7 Continental Breakfasts, 7 Dinners), Admission to all sites mentioned in Flyer, Taxes and Baggage Handling, Bus Driver and Tour Director's Gratuities

Westchester Broadway Theatre Presents "Sister Act"

Thursday, April 19, 2018, Reg Date February 6, 2018

Cost \$99.00 Per Person

Today we will travel to Elmsford, N.Y. to enjoy a matinee performance at the Westchester Broadway Theatre, where lunch is included. You will receive a choice of entrée upon arrival.


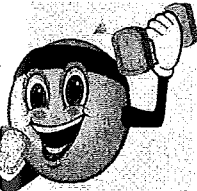


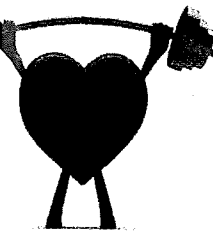






Sister Act tells the hilarious story of Deloris Van Cartier, a diva that witnesses a murder. She is put under protective custody in a convent disguised as a nun. Deloris helps her fellow sisters find their voices. This is a sparkling tribute to power of friendship, sisterhood and music. Sister Act is the funniest and funkiest musical around.

It's Showtime at the Log Cabin! Presenting The Kings & Queens of Country!

Thursday, April 26, 2018, Reg Date 2/13/2018, Cost \$99.00 PP

This morning we will depart to The Log Cabin in Holyoke, MA. You will be greeted with an Hors d'oeuvre Welcome Tray and a complimentary glass of wine or beer. Your menu includes Honey Glazed Grilled Chicken, Dry Rubbed Country Brisket, Southern Shrimp Creole, Chop Salad, Potato Salad, Rolls and Butter, followed up by a great dessert and coffee or tea. After lunch, sit back and relax and enjoy the show. Two of the Log Cabin's most popular "sold out" shows are joining forces to sing America's top country music songs. Janice Dee (Tribute to Patsy Cline) and Danny Lee (The Colt Band) will be singing selections from the likes of Johnny Cash, Kenny Rogers, Tammy Wynette, Merle Haggard, Patsy Cline, Hank Williams, Crystal Gayle and many more.

February

Monday	Tuesday	Wednesday	Thursday	Friday
			1) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Café 12:30 Pinochle 1:00-3:00 Craft Class Reiki session by appointments	2) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 12:30 Zumba Gold 
15-12:00 Strength ing Class Elderly Commis- Meeting 	6) Reg for Historic South Reg for Westchester "Sister Act" 9:30 Quilting Class 11:45 Senior Café 1:00 Bingo 	7) 9:30 Painting 9:30-11:00 Yoga Computer Class Can- celled for Winter Re- cess. Will start back up in April of 2018 11:30 Strength Training 12:30 Zumba Gold	8) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 12:00 Valentine Luncheon 12:30 Pinochle 1:00-3:00 Craft Class Reiki session by appointments	9) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 11:30 Tap Class 12:30 Zumba 
15-12:00 Strength ing Class 	13) Reg for Log Cabin Kings and Queens of Country 9:30 Quilting Class 10:00 Executive Brd Meeting 11:00 Activities Brd Meeting 11:45 Senior Café 1:00 Bingo	14) 9:30 Painting 9:30-11:00 Yoga Computer Class Can- celled for Winter Re- cess. Will start back up in April of 2018 11:30 Strength Training 12:30 Zumba Gold	15) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Cafe 12:30 Pinochle 1:00-3:00 Craft Class Reiki session by appointments	16) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 11:30 Tap Class 12:30 Zumba Gold 
Closed for STUDENTS' DAY 	20) 9:30 Quilting Class 11:45 Senior Café 1:00 Bingo 	21) 9:30 Painting 9:30-11:00 Yoga Computer Class can- celled for Winter Re- cess. Will start back up in April of 2018 11:30 Strength Training 12:30 Zumba Gold	22) 9:00 Valentine Breakfast 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Cafe 12:30 Pinochle 1:00-3:00 Craft Class Reiki session by appointments	23) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 11:30 Tap Class 12:30 Zumba Gold 
15-12:00 Strength ing Class 	27) 9:30 Quilting Class 11:45 Senior Café 1:00 Birthday Bingo 	28) 9:30 Painting 9:30-11:00 Yoga Computer Class can- celled for Winter Re- cess. Will start back up in April of 2018 11:30 Strength Training 12:30 Zumba Gold		


February Birthdays

Jean Antico	William Hartshorn	Helen Mroz
Jean Apromaitis	Theodore Haussler	Wanda Noga
Aida Barriga	Timothy Haviland	Claire Norris
Lorraine Bilodeau	Richard Havourd	Patricia O'Brien
Luisa Biscotto	Mary Hennessy	Maryann O'Leary
Rosann Breda	Miles Holcomb	Sally Paez
Eleanor Browne	Thomas Izzo	Karolina Parker
Frances Bruce	Dolores Kalakay	Helen Paul
Sandra Bush	Margaret Keane	Stella Pawlyk
Natalie Cafasso	Maureen Kelleher	Betty Perrett
Mary Jo Carney	Donald Klanko	Joseph S. Jr. Pilato
Pam Cervero	Hilda Kolakoski	Annette Pizzuto
Frank Cervero	Eadie Krass	Elio Ponzillo
Carol Chevarella	Phyliss Kupec	John Popp
Susan Churchill	Thelma La Fortune	Sandra Robinson
Rose Marie Conroy	Eva Labowski	Alberta Russo
John Conroy	Sally Lawson	Beatrice Ryan
Florence Dagle	Elizabeth Lepri	Julie Sabetta
Thomas DeGennaro	Chester Lewinski	Richard Scaife
Elizabeth Demelis	Rosemary Lorincz	Joseph Scavone
Carmen DiLisio	Richard Malinauskas	Anna Scollin
Catherine Esposito	Janet Mann	Thomas Scollin
Mary Fabry	Maryia Marciniak	Maria Silva
Shirley Fray	Marion Matis	Jean Stasonis
Ana Galarraga	Anne Maturo	Adrienne Stosuy
Eileen Gauvin	Elaine Maturo	Louise Tereskiewicz
Edward Gawitt	Hilde Mayo	Linda Tokarz-Traver
Nick Gianpoalo	Tatiana Merunka-Pavlo	Frances Tracz
Dorothy Gleason	Rolande Messier	Lynn Traverse
Richard Gramigna	Margie Miles	Edith Valentine
Diane Gray	Janet Misiewicz	Richard Viens
Rita Grossi	Dorothy Moccia	Jean Vincent
Charles Guglielmino	Catherine Montano	Frances Zielinski
Carolyn Hart	Norma Jean Moore	William Zwack



FEBRUARY 2018 - SENIOR COMMUNITY CAFÉ



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>You will find as you look back upon your life that the moments when you have really lived, are the moments when you have done things In a spirit of LOVE. ~ Henry Drummond ~</p>			1 Swiss Steak w/ Tomato, Onion & Pepper Bowtie Noodles Spinach Biscuit Fresh Fruit	2 Cream of Carrot Soup w/ Crackers Broccoli & Mushroom Frittata Potato Obrien Wheat Breadstick Pineapple
5 Pineapple Juice Salisbury Steak w/ LS Mushroom Gravy Smashed Potato Tuscany Blend Veggies Family Grain Bread Pie	6 BBQ Chicken Qtr Baked Beans Coleslaw Biscuit Fresh Fruit	7 Chicken Noodle Soup w/ Crackers Stuffed Salmon w/ Dill Sauce Orzo Beets Pumpnickel Dinner Roll Fresh Fruit	8 Sweet & Sour Pork Fried Rice Oriental Blend Wheat Bread Mandarin Oranges	9 Grape Juice Vegetable Lasagna Roasted Tomato Tossed Salad w/ Black Olives & Ranch Dressing Parmesan Cheese Garlic Bread Fruited Jello
12 Cranberry Glazed Chicken Roasted Sweet Potato Green Beans Wheat Dinner Roll Fresh Fruit	13 Cheese Baked Ziti Meatball Romaine Salad w/ Cucumber & French Dressing Breadstick Mandarin Oranges	14 Special Lunch: Cranberry Juice Beef Braciolo w/ Gravy Au Gratin Potatoes Green Beans Wheat Dinner Roll Holiday Cake	15 Minestrone Soup w/ Unsalted Crackers Crab Cakes w/ Tartar Sauce & Lemon Brown Rice & Orzo Pilaf Broccoli Corn Bread Peaches	16 Spinach Quiche Stewed Tomatoes Roasted Vegetables Family Grain Bread Fresh Fruit
19 OFFICE CLOSED  PRESIDENT'S DAY	20 Hot Open Turkey Sandwich on Wheat w/ LS Gravy Steak Fries California Blend Fresh Fruit	21 New England Clam Chowder w/ Unsalted Crackers Ritz Crusted Haddock w/ Tartar Sauce & Lemon Cranberry Rice Peas & Carrots Family Grain Pears	22 Orange Juice Herb Roasted Chicken Qtr Acorn Squash Green Beans Marble Rye Carrot Cake	23 Spinach Grandioli Zucchini & Yellow Squash Tossed Salad w/ Shredded Carrot & Ranch Dressing Italian Bread Fresh Fruit
26 Roast Pork Loin w/ LS Gravy Mashed Sweet Potato Peas & Onions Rye Bread Applesauce	27 Vegetable Barley Soup w/ Crackers Chicken Florentine Bowtie Noodles Carrots Wheat Dinner Roll Tropical Fruit	28 Beef & Bean Chili Brown Rice Corn Biscuit Fresh Fruit	HAPPY VALENTINE'S DAY ♥	

The entrée may be substituted for a BAKED CHICKEN QUARTER on the following days: Feb 1, 8, & 26

~ Reservations must be made the day before by 10:00 am ~

TEAM, INC. 30 ELIZABETH STREET, DERBY, CT 06418 - 736-5420

MENUS SUBJECT TO CHANGE DUE TO AVAILABILITY - All meals include milk and margarine.

Free Printable Word Search Puzzles

Valentine's Day

Find and circle all of the words that are hidden in the grid.
The remaining letters spell a popular Valentine's Day item.

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P I H S D N E I R F D I P U C A L
V D H S U R C A C F B A L E N D O
N Y N T I A E A S O L C T O Y M V
S R N E N S N L Y E H O I E R I E
T L E D I D S F A O N T W S A R B
R E Y S L R R E C T C T L E U E I
A W S E R I F O N A I A I C R R R
E E S E E E L L R D S O O M B S D
H J C N S A V T R O N U N T E D S
T G D N T O T O P I P O A S F N A
E N Y E A A R O L L G C F E H I T
E I S D U M R B E L O V E D B I G
W L O D R P O A F F E C T I O N P
S R E M A L F R R E N T R A P A R
E A Y C N A F O R E V E R L I K E
R D R O T I U S D N O I T O V E D

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ADMIRER	COUPLE	FLOWERS	LOVERS
ADORE	CRUSH	FONDNESS	PARTNER
AFFECTION	CUPID	FOREVER	PROPOSAL
ATTRACTION	DARLING	FRIENDSHIP	RELATIONSHIP
BEAU	DATE	GIFT	RESTAURANT
BELOVED	DEAR	GIRLFRIEND	ROMANCE
BOYFRIEND	DEVOTION	HEARTS	ROSES
CANDLES	FANCY	JEWELRY	SENTIMENT
CANDY	FEBRUARY	LIKE	SUITOR
CHOCOLATES	FLAME	LOVEBIRDS	SWEETHEART

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