

## Verona Ropes & Adventure Program Reservations:

The Verona Ropes Course & Adventure Program is a branch of Verona Recreation and requires a reservation. Reservations must be made at least two weeks in advance. Programs run seven days a week depending on availability. To make a reservation please e-mail Steve Neale at [stneale@veronanj.org](mailto:stneale@veronanj.org) or call 973-857-4830. Payments are accepted in the form of cash, check, money order or Visa or Mastercard. Payments cannot be made over the phone.

For information please call (973) 857-4830 or visit [www.VeronaNJ.org/Ropes](http://www.VeronaNJ.org/Ropes)



The Verona Ropes Course & Adventure Program was built with contributions from the Verona Municipal Alliance Committee (VMAC)

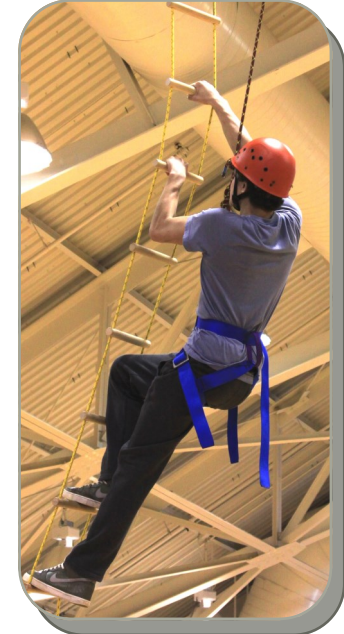


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The Verona Ropes Course & Adventure Program

Verona Community Center  
880 Bloomfield Ave.  
Verona, NJ 07044

Phone: 973-857-4830  
Fax: 973-857-4828  
E-mail: [Stneale@VeronaNJ.org](mailto:Stneale@VeronaNJ.org)

## Find Your Adventure!



*The Verona Ropes Course & Adventure Program*

Tel:

**(973) 857-4830**

[www.VeronaNJ.org/Ropes](http://www.VeronaNJ.org/Ropes)



# Verona Adventure Programs

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## Mission:

The mission of The Verona Adventure Program is to create new friendships and teamwork abilities. Self-confidence and problem-solving skills are achieved through the use of low and high elements, as well as various adventure activities.

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## Groups We Accommodate

Our programs focus on teambuilding, problem-solving, cooperation, commitment, effective communication and trust.

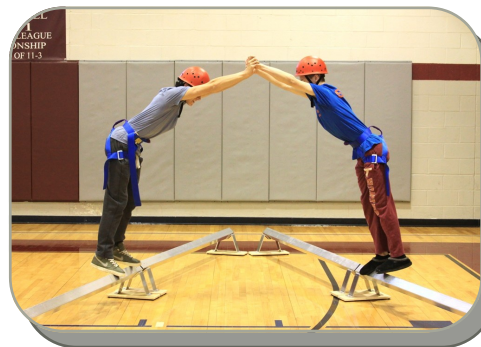
- \* Schools
- \* At Risk Youth
- \* Youth Programs
- \* Colleges
- \* Professionals
- \* Parties

## Ropes Course Information

The Verona Ropes Course has a few unique options available for participants of all ages. Whether it's a teambuilding event for a group organization, a birthday party looking for a little adventure and fun, or just a group of friends looking for a unique way to spend a day outside, the Verona Ropes Course has you covered. In addition to the outdoor course which consists of all low elements, there is now the option of an indoor high ropes course at The Verona Community Center. Both can be combined to create an exhilarating and challenging day fit for the whole family.

## Outdoor Ropes Course

**Low Ropes:** On The Verona Ropes Course, an element consists of various wire, wood, and rope configurations to create an obstacle designed to be climbed by each participant. The outdoor course has 6 low elements that can be accessed with the assistance of our trained facilitator. These low elements are designed to be completed as a group or in smaller teams. All of these elements will require planning, teamwork and communication in order to achieve success.



## Indoor Ropes Course

**High Ropes:** The indoor course contains 5 high elements which require the participant to wear a harness connected to a safety rope and belay system controlled by a trained facilitator. The high elements are meant to tie everything together and push the participants both physically and mentally in a safe and controlled environment.

## Hiking Option

We are happy to offer a hiking option now as well. There is a very nice system of hiking and biking trails in the area and we are looking to take advantage of this wonderful outdoor space. There is a trail that connects our outdoor course and our indoor course. This hike takes about 30 minutes each way. One option would be to start at the outdoor course and hike to the indoor course to end the day. Longer hikes are available upon request.

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Fax: 973-857-4828

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