LEWIS COUNTY NEW YORK

Community Resource Guide
A Publication of the Lewis County Office for the Aging & New York Connects

Photography by: Eric Adsit

Connecting you to our resources.
CLOTHING ASSISTANCE
Forest Finds, Lyons Falls 315-348-8119
Head to Toe, Lowville 315-376-4146
Matthews Place, Boonville 315-942-5636
Opportunity Knocks, New Bremen | lewiscountyopportunities.com 315-376-2981

CRISIS INTERVENTION
Adult Protective Services | lewiscounty.org 315-376-5400
Behavioral Health & Wellness Center | tlsnny.com 315-376-5450
Evenings & Weekends (LCGH) | lcgh.net 315-376-5200
Child Abuse Hotline 1-800-342-3720
Children’s Mental Health Crisis Respite | childrenshomeofjeffersoncounty.org 315-955-9062
Community Crisis Response Team | lewislivesmatter.com 315-376-5243
Domestic Violence/Rape Crisis | lewiscountyopportunities.com 315-376-4357
National Council on Problem Gambling | ncpgambling.org 1-800-522-4700
National Eating Disorders Association | nationaleatingdisorders.org 1-800-931-2237
Suicide Prevention Lifeline | suicidepreventionlifeline.org 1-800-273-8255

EDUCATION
Alternative Center for Educational Services (ACES) | boces.com 315-377-7365
Adirondack Central | adirondackcsd.org 315-942-9200
Beaver River Central | brcsd.org 315-346-1211
Jefferson-Lewis BOCES (Adult Education) | boces.com 315-377-7300
Copenhagen Central | ccsknights.org 315-688-4411
Harrisville Central | hcsk12.org 315-543-2920
Lewis County Head Start | lewiscountynyheadstart.com 315-376-7531
Jefferson Community College | sunyjefferson.edu 315-786-2200
Lewis County Leadership Academy | lewiscountychamber.org 315-376-2213
Literacy of Northern New York | literacynny.org 315-376-8188
Lowville Academy | lowvilleacademy.org 315-376-9000
  High School 315-376-9015
  Middle School 315-376-9010
  Elementary School 315-376-9005
River Valley Mennonite School 315-493-0187
South Lewis Central | southlewis.org 315-348-2500
  High School 315-348-2520
  Middle School 315-348-2570
  Glenfield Elementary School 315-348-2620
  Port Leyden Elementary 315-348-2660

EMPLOYMENT
Lewis County Workplace/Dept. of Labor | lewiscounty.org 315-376-5800
Unemployment Insurance | labor.ny.gov 1-888-209-8124

FAMILY & CHILDREN SERVICES
Car Seat Fit Station 315-376-8202
Coordinated Children’s Services Initiative 315-376-8696
Double Play Sports Community Center | doubleplaycc.com 315-955-9936
DSS Support Collection Unit 1-888-208-4485
Family Support Services (NRCIL) | nrcil.net 315-836-3735
Fort Drum Soldiers & Family Assistance Center 315-772-7781
Transitional Living Services | tlsnny.com 315-376-8443

Daycare
Community Action Planning Council | capcjc.org 315-376-5562
DSS Daycare Funding | lewiscounty.org 315-376-5400
Hand in Hand Early Childhood Center 315-376-9414
  | handinhandearychildhoodcenter.myfreesites.net
**Parenting Classes**
Cornell Cooperative Extension of Lewis County | ccelewis.org 315-376-5270
Northern Regional Center for Independent Living (NRCIL) | nrcil.net
- Lowville 315-836-3735
- Watertown 315-785-8370
- Lyons Falls 315-955-6575

**Programs for Pregnant Moms**
Breast Feeding/Lactation Consultant | lcgh.net 315-376-5200
Care Net of NNY | carenetnny.com 315-874-4015
Lewis County General Hospital Maternity | lcgh.net 315-376-5602
Planned Parenthood of NNY | plannedparenthood.org 315-804-6174
Women, Infants, Children (WIC) Program
  | nocofamilyhealth.org/lewis-county-wic 315-376-6427
Lewis County General Hospital Women’s Health Center 315-376-5475

**FOOD ASSISTANCE**
Home Delivered Meals (Office for the Aging) | lewiscounty.org 315-376-5313
SNAP Benefits (Food Stamps) | mybenefits.ny.gov 315-376-5400
  | nyconnects.ny.gov

**Food Pantries**
Lewis County Opportunities (Copenhagen/Croghan/ Harrisville/New Bremen/Port Leyden) 315-376-8202
  | lewiscountyopportunities.com
Lowville Food Pantry | lowvillefoodpantry.org 315-376-7431
Matthew’s Place 315-942-5636

**HEALTH SERVICES, SUPPORTS & CENTERS**

**Health Supports**
Cancer Services of the North Country | health.ny.gov/cancerservicesprogram 1-866-442-2262
Home Health and Hospice | lcgh.net 315-376-5308
Lewis County General Clinical Resource | lcgh.net 315-376-5608
Lewis County Public Health | lewiscountypublichealth.com 315-376-5453
Lowville Dialysis Center 315-377-3090
North Country Prenatal/Perinatal Council | ncppc.org 315-788-8533
Planned Parenthood of NNY | plannedparenthood.org 315-804-6174
US Care Systems Inc. | uscaresystems.com 315-755-2258
**Hospitals**

- Carthage Area Hospital | [carthagehospital.com](http://carthagehospital.com) 315-493-1000
- Lewis County General Hospital | [lcgh.net](http://lcgh.net) 315-376-5200

**Medical Centers**

- Beaver River Health Center | [lcgh.net](http://lcgh.net) 315-346-6824
- Copenhagen Health Center | [lcgh.net](http://lcgh.net) 315-688-2305
- LCGH Extended Hours Walk-In Clinic | [lcgh.net](http://lcgh.net) 315-376-5473
- Harrisville Health Center | [lcgh.net](http://lcgh.net) 315-537-5003
- North Country Family Health Center | [nccofamilyhealth.org](http://nccofamilyhealth.org) 315-376-6427
- South Lewis Health Center | [lcgh.net](http://lcgh.net) 315-348-8407
- Lowville Urgent Care | [lowvillemedical.com](http://lowvillemedical.com) 315-334-7100
- Veterans Affairs Clinic Rome | [va.gov](http://va.gov) 315-221-7026
- Syracuse | [syracuse.va.gov](http://syracuse.va.gov) 315-425-4400

**Mental Health Services**

- Behavioral Health and Wellness Center | [tsnny.com](http://tsnny.com) 315-376-5450
- Carthage Area Hospital Behavioral Health | [carthagehospital.com](http://carthagehospital.com) 315-493-3300
- Children’s Home of Jefferson County | [nnychildrenshome.com](http://nnychildrenshome.com) 315-788-7430
- CREDO Community Center | [credocomunitycenter.com](http://credocomunitycenter.com) 315-376-5958
- Mobile Integration Team (St. Lawrence Psychiatric Center) 1-800-342-9871 | [omh.ny.gov](http://omh.ny.gov)
- Northern Regional Center for Independent Living Peer Support 315-836-3735

**STD Testing**

- Lewis County Public Health | [lewiscountypublichealth.com](http://lewiscountypublichealth.com) 315-376-5453
- Planned Parenthood of NNY | [plannedparenthood.org](http://plannedparenthood.org) 315-804-6174

**Substance Abuse**

- CREDO Community Center | [credocomunitycenter.com](http://credocomunitycenter.com) 315-376-5958
- Mountain View Prevention Services | [mountainviewprevention.org](http://mountainviewprevention.org) 315-376-2321
- PIVOT: Alcohol and Substance Abuse Council of Jefferson County 315-788-4660 | [pivot2health.com](http://pivot2health.com)
- Samaritan Medical Center Behavioral Health | [samaritanhealth.com](http://samaritanhealth.com) 315-779-5060
- United Prevention (UP!) Coalition | [facebook.com/upcoalitionlc](http://facebook.com/upcoalitionlc) 315-376-2321
HOUSING ASSISTANCE
Emergency Homeless Assistance (DSS) | lewiscounty.org 315-376-5400
Lewis County Opportunities, Inc. | lewiscountyopportunities.com 315-376-8202
Snow Belt Housing Company | snowbelt.org 315-376-2639
Transitional Living Services Supportive Housing | tlsnny.com 315-376-8443

LAW ENFORCEMENT
(DIAL 911 FOR EMERGENCIES)
Lowville Village Police Department 315-376-6511
Lewis County Sheriff’s Department 315-376-3511
Department of Environmental Conservation 315-376-3521
New York State Police 315-376-6513

LEGAL SERVICES
District Attorney | lewiscounty.org 315-376-5390
Family Court | nycourts.gov/courts/5jd/lewis 315-376-5345
New York State Justice Center | justicecenter.ny.gov 1-855-373-2122
Legal Services of CNY | lscny.org 315-793-7000
Persons in Need of Supervision (PINS) | lewiscounty.org 315-376-5400
Probation Department | lewiscounty.org 315-376-5358
Public Defender | lewiscounty.org 315-874-4201
Resolution Center (Mediation) | resolution-center.net 315-376-7991

RESOURCES, INFORMATION & ASSISTANCE
ACR Health Home | acrhealth.org 315-785-8222
Alzheimer’s Association | alz.org 1-800-272-3900
American Heart Association | heart.org 315-266-5404
American Red Cross | redcross.org 315-234-2200
Department of Motor Vehicles | lewiscounty.org 315-376-5331
Lewis County Office for the Aging | lewiscounty.org 315-376-5313
Lewis County Public Health Agency | lewiscounty.org 315-376-5453
Lewis County Veterans Service Agency | lewiscounty.org 315-376-5316
LCGH Fund for Hope | lewiscountyhospitalfoundation.org 315-376-5110
Migrant Worker Support/Outreach (Oswego County) 315-598-4740
Mountain View Prevention Services | mountainviewprevention.org 315-376-2321
NY Connects (Choices for Long Term Care) | nyconnects.ny.gov 315-376-5432
                                            315-286-9896
                                            1-800-342-9871
Northern Regional Center for Independent Living | nrcil.net 315-836-3735
Poison Control Center 1-800-222-1222
Social Security Administration | ssa.gov 1-800-772-1213
  Watertown Office 1-866-752-0643
Soldier On Veterans Outreach | wesoldieron.org 1-866-406-8449
Smoking Cessation | omh.ny.gov 315-493-1000
Taking Care of Our Own | lctakingcareofourown.com 315-348-4211
Transitional Living Services | tlsnny.com 315-376-8443
Traumatic Brain Injury | ariseinc.org 315-472-3171

**Disability Services for Adults and Children**
The ARC Oneida/Lewis-NYSARC | thearc.org 315-348-8401
Central Association for the Blind | cabvi.org 315-797-2233
Central NY Developmental Disabilities Office, Region 2 315-473-4017
Children with Special Needs | lewiscounty.org 315-376-5453
Croghan Social Adult Day Care 315-301-4056
  | couleeregionadultdaycenter.com/croghan-social-adult-day-center
Disabled Persons Action Organization | dpao.org 315-782-3577
  DPAO Recreation Program 315-348-8380
LCGH Adult Day Health Care | lcgh.net 315-376-5640
NNY Cerebral Palsy Association | nnycerebralpalsy.org 315-788-5650
Northern Regional Center for Independent Living | nrcil.net 315-836-3735

**Insurance**
AIDS Community Resource Health Patient Navigator 1-800-475-2430
North Country Prenatal/Perinatal Council 315-788-8533
Lewis County Office for the Aging (Medicare) | lewiscounty.org 315-376-5313

**Personal Care/Home Care**
Croghan Social Adult Day Care 315-301-4056
  | couleeregionadultdaycenter.com/croghan-social-adult-day-center
Lewis County Department of Social Services | lewiscounty.org 315-376-5400
Lewis County Office for the Aging | lewiscounty.org 315-376-5313
Seniors Helping Seniors 315-405-4950
US Care Systems Inc. | uscaresystems.com 315-376-6070
Utility Assistance
Home Energy Assistance Program (HEAP) | otda.ny.gov/programs/heap 315-376-5400

Lewis County Opportunities | lewiscountyopportunities.com 315-376-8202
Life Line (Phone discount) | lifelinesupport.org 1-800-921-8101
National Grid 1-800-642-4272
  Emergency Assistance Program (extra discount for HEAP recipients) 315-460-7671
Safelink Wireless | safelinkwireless.com 1-800-723-3546

Weatherization
Empower 1-800-263-0960
Lewis County Opportunities | lewiscountyopportunities.com 315-376-8202
Snow Belt Housing Co. | snowbelt.org 315-376-2639
USDA Rural Development | rd.usda.gov 315-782-7289

Transportation
Disabled Veterans Van 315-412-6058
Lewis County Office for the Aging | lewiscounty.org 315-376-5313
Lewis County Public Transportation | lewiscounty.org/public-transportation 315-376-6508
Medical Answering Service (MAS) | medanswering.com 1-800-430-6681
Volunteer Transportation Center | volunteertransportationcenter.org 315-788-0422

For more information, visit:
yconnects.ny.gov
lewiscounty.org