



# BRING YOUR OWN BAG

Refuse what you do not need (say no to that extra straw, bag, pen, etc.). Reuse what you can. Recycle what you cannot. Rot (Compost) the rest. Adjust, plan ahead, be part of the solution!

**REFUSE,  
REUSE,  
RECYCLE,  
ROT (in that  
order)**



Plastic bags do not biodegrade in landfills. Billions end up in our rivers and oceans, posing a danger to wildlife. You can help by BRINGING YOUR REUSABLE BAGS when you shop for groceries etc. Just say, "I have my own bags". Keep a bunch in your car so you'll be prepared to help save our planet.

NJ idling law requires engines to be turned off if not moving for three minutes. This also applies to trucks and school busses.

**DON'T KEEP  
YOUR MOTOR  
RUNNING**

**LOW WATER  
LAWN CARE**

Use water wisely—30% of water consumed goes to watering lawns. Water only when the soil is dry, at dawn or dusk. Mulch flower, vegetable, tree and shrub beds to help retain moisture.

Did you know that 25–35% of household trash can be composted? You can compost food scraps, weeds, paper products, coffee grinds and filters, cut grass, leaves, and more. 20% of landfill volume is compostable household waste.

**CONSIDER  
COMPOSTING  
&  
LEAVE THE  
LEAVES**

Avoid fertilizers, and mulch by using your leaves! Mulched leaves improve the soil's water retention and provide critical nutrients. Depending on the amount, you can add the surplus leaves to your flower beds, under bushes, or in your composter. Don't dump your leaves in the street. It costs money and resources to pick them up each fall.



**REDUCE  
BALLOON  
LITTER**

Balloon pollution is a growing problem. Releasing balloons is simply littering. Mylar balloons (metallic) are even less friendly to the environment—they are made from metallicized polyester, which is dirty in both production and disposal.



Carry your reusable water bottle: Teaneck water fountains and drinking water are tested regularly and are safe! Install a filter on your home tap, and save money.

**AVOID PLASTIC WATER BOTTLES**

Bring your reusable coffee cup. It's cheaper and saves paper, plastic, or Styrofoam cups (Styrofoam isn't biodegradable so try to avoid it).