

# City of Dover Parks & Recreation 2019 Winter Sports Programs



## Indoor Field Hockey Clinics (grades K-5)

These indoor instruction sessions are for girls that are looking for overall skill improvement or those that are new to the game.

We are partnering with Dover High Field Hockey staff and players to offer this instruction.

Participants must provide a stick, goggles, shin guards and a mouth guard.. Limited gear is available for use during the clinic, please let us know if you need equipment when registering.

Activity #19FHCP01  
Days: Mondays  
Dates: Jan 14-Feb 25\*  
Time: 5:30-6:30 pm  
Location: Pitts Center Gym  
Activity Fee: \$25  
*No Class: Jan 21 or Feb 18*



## Elementary Field Hockey League (grades 3-5)

Field Hockey has become so popular that we've been asked to add an elementary school league. This league is limited in size, so be sure to register early. Play will include practice sessions and games. Participants must have a stick, mouth piece, goggles and shin guards. Limited equipment is available for use, please ask when registering.

### In House Team

Practice Dates: Jan 7-Feb 25\*  
Practice Days: Mondays  
Practice Times: 6:30-7:20 pm

Game Dates: Feb 3-March 3  
Games Days: Sundays  
Game Times: 9:00 – 9:50 am

Location: Pitts Center Gym  
Activity Fee: \$40

\* no practice Jan 21 or Feb 18



## Girls 3 v 3 Basketball League (grades 5-8)

Our 3 v 3 league will help to develop fundamental basketball specific skills. 40% of the time is spent on individual training and drills and 60% of the time on actual game competition.

Activity #19BKBP01  
Days: Mondays  
Dates: Jan 7-Mar 4  
Time: 7:30 pm-8:30 pm  
Location: JWP Gym  
Activity Fee: \$25  
*No Class: Jan 21 or Feb 18*



## Girls Lacrosse Clinics (grades 1-8)

The City of Dover Parks and Recreation Department is offering these indoor sessions to introduce the basic skills of lacrosse. No lacrosse experience required.

Participants must provide a stick, lacrosse goggles and a mouth guard. Limited gear is available for use during the clinic, please let us know if you need equipment when registering.

Activity #19LAXP01  
Days: Tuesdays  
Dates: Jan 8-Feb 26  
Time: 5:20-6:30 pm  
Location: Pitts Center Gym  
Activity Fee: \$40



## Little Sluggers (ages 4 & 5)

Great class for your T-Baller to learn or reinforce the basic skills of baseball. Class will cover hitting off a tee, proper fielding techniques, throwing techniques and base running skills. Participants should bring a glove and may bring their own bat if they have one.

*Please Note: This is an instructional class, not a league.*

Activity #19BSBP01  
Days: Wednesdays  
Dates: Mar 6-Mar 27  
Times: 6:00-6:45 pm  
Location: JWP Gym  
Activity Fee: \$20



## Youth Indoor Soccer (born in 2008-2014)

Our co-ed league offers participants an affordable entry level soccer program! This recreational small court indoor soccer league will provide an environment which emphasizes fun, participation, skills development and sportsmanship. Players are responsible for providing shin guards. **\*\*Proof of Date of Birth must be verified.** Games only, no practices.

### Age Groups

**Mites**  
(youth born in 2012, 2013 & 2014)

**Pee Wee**  
(youth born in 2010 & 2011)

**Bantam**  
(youth born in 2008 & 2009)

Days: Fridays  
Dates: Jan 11-Feb 15  
Times: Mites 5:30-6:20 pm  
Pee Wee 6:30-7:20 pm  
Bantam 7:30-8:20 pm  
Location: Pitts Center Gym  
Activity Fee: \$30

(302) 674-7541

[www.cityofdover.com/Parks-Recs-Home/](http://www.cityofdover.com/Parks-Recs-Home/)

City of Dover Pa  
2019 Winter S

## Youth Winter Basketball League

Individual registration only. This co-ed recreational league will provide an environment which emphasizes fun, safety, participation, skills development and the proper attitude toward competition. The emphasis is on the values that best serve the players.



Skill evaluations will be conducted on Nov. 17<sup>th</sup> for those that have pre-registered. We do not cut players, everyone is placed on a team. In games all registered players participate with our mandatory playing times requirements. All practices & games are held at the Pitts Recreation Center. Schedule will be posted online once team assignments have been made.

**\*\*Proof of Date of Birth must be verified prior to tryouts.**

### Age Groups

Pee Wee (youth born in 2011 & 2012)  
 Bantam (youth born in 2009 & 2010)  
 Intermediate (youth born in 2007 & 2008)  
 Junior (youth born in 2004, 2005 & 2006)

Game Days: Saturdays  
 Dates: Skill Evaluations on Nov 17  
 Times: 9:00 am-3:00 pm  
 Location: Pitts Center Gym  
 Activity Fee: \$50

### Skill Evaluation Times on Nov 17 at Pitts Center

Pee Wee	No Evaluations
Bantam	9:00 am
Intermediate	10:00 am
Junior	11:00 am

*Early registration is highly recommended  
 as this youth basketball league often fills quickly*

**(302) 674-7541**

[www.cityofdover.com/Parks-Recs-Home/](http://www.cityofdover.com/Parks-Recs-Home/)



## City of Dover Parks & Recreation Registration Form

PLEASE PRINT AND FILL OUT COMPLETELY *and RETURN*

CITY OF DOVER RESIDENT - YES  NO

### Parent / Legal guardian

Adult First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_  
 Phone: (home) \_\_\_\_\_ (work) \_\_\_\_\_ (other) \_\_\_\_\_  
 Email: \_\_\_\_\_

<u>Participants Name</u>		D.O.B.	Grade	Activity Number & Activity Name	Activity Fee
<i>First Name</i>	<i>Last Name</i>				

### RELEASE STATEMENT:

I understand that the City of Dover provides no medical coverage for participants unless specified, and that all bills which may be incurred as a result of an activity-related injury are my responsibility. I hold harmless the City of Dover and all other parties involved in the conduction of these activities. I agree that any photographs taken during the event shall become and remain the property of the City of Dover, and that the City of Dover shall have the right to use such photographs and/or films whenever so desired free of any claims on my behalf.

\_\_\_\_\_  
 Signature of parent/legal guardian

\_\_\_\_\_  
 Date

Return form with payment to: Dover Parks & Recreation, 10 Electric Ave., Dover, DE 19904