Dear Friends,

Petco has opened a 15,643 square foot store in the Windsor Center at Route 130 and Route 571 next to Staples. Petco is a leading specialty retailer of pet supplies, food, and services, where pet owners can purchase anything from pet food to toys and apparel, while addressing the health and grooming needs of pets. The new store will offer dog training areas, adoption centers, and grooming salons.

ForDoz Pharma held a groundbreaking ceremony for facility upgrades and expansion to their new site on Princeton Hightstown Road at One Mile Road, the former Lavipharm building. ForDoz Pharma, which relocated from South Brunswick to this 52,281 square foot building on a 27 acre property, will be installing state-of-the-art equipment and instruments for its research and development, manufacturing and development of new drug delivery platforms processes.

Groundbreaking was held for a new 635,000 square foot warehousing and distribution center on Wyckoff Mills Road, near Route 133 and the New Jersey Turnpike. The property housed two buildings, constructed in 1962 and 1975, respectively along with a water tower, deteriorated significantly since NL Industries vacated the site in the late 1980s. Redevelopment of the site will generate significant tax revenue, new jobs and clean up the area with a modern and aesthetically attractive commercial facility.

East Windsor is holding a Knock Out Opioid Abuse Town Hall on Monday, September 18 at 7 pm at the East Windsor Senior Center. Join other residents to hear advocates and professionals on this topic, have your voice heard and be part of the solution to end opioid abuse in our community. Remember to use the convenient Permanent Medicine Drop Box in the police/court building lobby, accessible 24/7, to dispose of unwanted, unused, expired prescription medications in an environmentally responsible manner and to reduce possible access by unauthorized persons.

East Windsor will hold a ceremony for the Anniversary of 9-11 on Monday, September 11 at 5:30 pm at the existing 9/11 Memorial on the grounds of the Municipal Building to remember and honor the anniversary of September 11.

Mayor Janice S. Mironov
The East Windsor Senior Center is dedicated to helping residents age 60+ reach their full potential to ensure a lifelong continuum with a focus on program participation that fosters a productive life in the community.

The center offers members a broad range of services, including presentations, classes, health screenings, lectures, nutrition program, trips, special events, activities, and links to county and state resources. The center is open Monday through Friday from 9:00 am until 4:00 pm.

There are many exciting things planned for the upcoming months and years ahead, building on the foundation that is already in place, helping you to stay healthy, vibrant, and entertained.

Join us, make new friends, meet old friends, and learn how to maintain your health, independence, and overall wellness.

Karen Theer, Director
East Windsor Township Senior Center
40 Lanning Boulevard
East Windsor, NJ 08520
(609) 371-7192 P
(609) 371-7315 F
Email: seniorcenter@east-windsor.nj.us
www.east-windsor.nj.us

Janice S. Mironov, Mayor
Perry M. Shapiro, Deputy Mayor
Denise Daniels, Council Member
Marc Lippman, Council Member
Alan Rosenberg, Council Member
Peter V. Yeager, Council Member
John Zoller, Council Member
Friday, September 8
My Fair Lady
Playhouse 22
East Brunswick Community Arts Center
East Brunswick, NJ

This show is the standard by which all other musicals are measured. Based on George Bernard Shaw’s play Pygmalion, with book, music, and lyrics by Lerner and Loewe, My Fair Lady is gloriously triumphant. The tale of a Cockney flower girl transformed into an elegant lady features one of musical theater’s greatest scores. Songs include Wouldn’t It Be Loverly?, With a Little Bit of Luck, The Rain in Spain, I Could Have Danced All Night, On the Street Where You Live, Get Me to the Church on Time, and I’ve Grown Accustomed to Her Face.

Departure time: 7:15 pm
Seats: Center, Rows F and G
Show time: 8:00 pm
Return time: 11:00 pm
Cost: $20.00 + 50¢ cash for transportation

Sunday, September 17
Chapter Two by Neil Simon
West Windsor Arts Center
Princeton Jct., NJ

In this romantic comedy, recent widower, writer George Schneider, is encouraged by his younger brother Leo to start dating again. Which makes George increasingly uncomfortable after a series of bad matches. Then Leo introduces George to Jennie Malone. George, pushed by Leo, and Jennie, pushed by her best friend Faye, agree to a meeting and it's practically love at first sight. But can George close the chapter on his life with his first wife, and will Jennie be patient enough to wait and find out? Will these two lovers be able to start a new chapter of life together?

Departure time: 1:15 pm
Seats: First two rows
Show time: 2:00 pm
Return time: 5:00 pm
Cost: $20.00 + 50¢ cash for transportation
**Renault Winery and Smithville Village**

Tuesday, September 12

**Renault Winery**
Egg Harbor City, NJ

**Historic Smithville Village**
Smithville, NJ

Enjoy a guided tour of the 143-year-old winery. See the pressing room, aging cellars, and bottling plant. Learn the secrets of champagne making. Browse through the glass museum and see glasses that date back to the medieval period. The trip includes wine tasting and a family-style luncheon at the winery.

You will visit Historic Smithville Village, a wonderful place to shop and stroll. Enjoy the views and shops. Find a one-of-a-kind gift or just relax and have a cup of coffee.

Departure time: 9:15 am
Return time: 5:30 pm
Cost: $58.00

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**Silver Safari Off-Road Tour**

Friday, September 29

**Six Flags Great Adventure**
Jackson, NJ

Get ready to go on an exotic off-road adventure! Boasting 1,200 animals from six continents, including elephants, rhinos, tigers, giraffes, and lions, Safari Off-Road Adventure takes explorers on an exhilarating, interactive animal adventure. Guests enter the amazing, fictional world of the Wilds Family, who have traveled the globe to bring the most interesting and exotic creatures to their 350-acre preserve.

Skilled drivers transport guests off-road and within close proximity to the animals as they splash through ponds, climb hills, and venture over rugged terrain. Throughout the excursion, informative guides will entertain you and answer questions, providing a wildly interactive experience.

Departure time: 9:45 am
Return time: 1:30 pm
Cost: $26.00 + 50¢ cash for transportation
Rain or Shine
Wednesday, September 6  
*From Broadway to Hollywood featuring Richard Glazier*  
PNC Bank Arts Center  
Holmdel, NJ

Richard Glazier is an award-winning pianist and host. Known for his extraordinary all-Gershwin concerts and three award-winning PBS specials, Richard applies his passion and expertise to music from the stage and screen. With *From Broadway to Hollywood*, you will enjoy fascinating commentary, multimedia, and great music.

Departure time: 11:00 am  
Show time: 1:30 pm  
Return time: 5:00 pm  
Cost: 50¢ cash for transportation

Rain or Shine

There is a lot of walking on this trip.

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Tuesday, September 26  
**The Cameos**  
PNC Bank Arts Center  
Holmdel, NJ

The Cameos are a talented eight-piece oldies/vocal harmony group who create and perform their own unique renditions of the most popular songs of the 1950s, 60s, and 70s.

Departure time: 11:00 am  
Show time: 1:30 pm  
Return time: 5:00 pm  
Cost: 50¢ cash for transportation

Rain or Shine

There is a lot of walking on this trip.
<table>
<thead>
<tr>
<th>Medical Screenings</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Oral Cancer Screening</strong></td>
</tr>
<tr>
<td>Wednesday, September 13</td>
</tr>
<tr>
<td>9:00 am - 11:00 am</td>
</tr>
</tbody>
</table>

Oral cancer has existed outside the understanding of much of the public, yet 43,250 Americans will be newly diagnosed this year alone. These screenings are more important now than ever because oral cancer is on the rise. Oral cancer is not a rare disease. The good news is that a doctor can see or feel the precancerous tissue changes that might lead to a cancer.

*Administered by*
Lawrence W. Brent, DMD
Brent Dental Arts

| **Blood Pressure Screenining** |
| Wednesday, September 6 |
| 10:00 am - 10:30 am |

High blood pressure has no symptoms. Regularly monitoring your blood pressure will help you discover any problems.

Geetanjali Jain, BSN, RN, will take your blood pressure and share the results with you.

| **Hearing Screening** |
| Tuesday, September 12 |
| 9:00 am - 11:00 am |

If you take your ears for granted, listen up: hearing loss is the third most common health problem in the US. Certain conditions, including age, illness, and genetics, may contribute to hearing loss.

Hearing loss can be so gradual we might not notice it until others complain that we are unresponsive.

*Administered by*
Lorraine Sgarlato, AuD, CCCA

| **Podiatrist** |
| Thursday, September 28 |
| 9:15 am - 12:00 pm |

Dr. Horowitz will be here from East Brunswick Foot and Ankle Center. If you are experiencing any foot, Achilles, ankle, arch, or ball problems or need your toenails clipped and would like to see the doctor, please make an appointment at the front desk.

Please bring your insurance card.
## Presentations

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Time</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Bald Eagles</strong></td>
<td><strong>Monday, September 18</strong>&lt;br&gt;<strong>10:30 am - 11:30 am</strong></td>
<td>Cranbury resident Bob Kane explains how he uses a unique recycling process to entice bald eagles onto his property for photographs. A selection of his photos will be featured.</td>
<td></td>
</tr>
</tbody>
</table>
| **Aging: What’s Normal, What’s Not** | **Tuesday, September 19**<br>**10:30 am - 11:30 am** | Are you experiencing age-related changes or something more serious? The presentation will look at common conditions, from your heart and eyes to your skin and bones, and what they mean.  
You can enjoy a better body by knowing what’s natural as you age and what’s not. By learning simple steps, you can try to delay or lessen the changes.  
**Presenter**  
Susan Flaster, RN, BSN, MPA, CMCN |
| **Clues That Your Heart Could Be in Trouble** | **Monday, September 11**<br>**10:30 am - 11:30 am** | Preventing or minimizing the impact of heart disease and stroke is possible when you recognize symptoms and risk factors early.  
Steven Bergmann, MD, PhD, board certified in internal medicine and nuclear cardiology and Chairman of the Department of Medicine of Princeton HealthCare System, will discuss management of abnormal cholesterol, high blood pressure, and diseases of the heart and blood vessels and how individualized nutrition plans and lifestyle modifications can help you live a healthy life. |
| **Skin Health Presentation and Screening** | **Wednesday, September 27**<br>**10:30 am - 12:00 pm** | Our skin plays a vital role in our health and well-being. As our body’s largest organ, the skin offers protection, enables sensation, provides heat regulation, and absorbs essential minerals that are required for a healthy body. Not to mention that the healing of cuts and wounds depends on how healthy the skin is. It has served us well through the years, and if we want to retain all the benefits that it offers then we must give it the skin care that it truly deserves. |

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**Princeton HealthCare System Community Education & Outreach**

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**Horizon Blue Cross Blue Shield of New Jersey**
Four Strategies to Avoid Running Out of Money in Retirement

Thursday, September 14
10:30 am - 11:30 am

Stock markets rise and fall as part of a cycle. What can you do to make sure that you don’t run out of money in retirement? The longer you live, the more important it is to ensure that what you have saved lasts as long as you do. This session will go over four strategies you can use to make sure you don’t run out of money in retirement.

Presenter
Victor J. Medina
Medina Law Group

Walking for Happiness and Health

Wednesday, September 20
10:30 am - 11:30 am

Become part of the walking movement and see why doctors prescribe it and researchers call it a “wonder drug.” Walking is fun, social, healthy, and a great way to get around town! Learn the many health benefits of walking, strategies for staying safe when walking, what to look for to create a more pedestrian-friendly environment, and great walks in the East Windsor area. A trekking pole demonstration will be included.

Presenter
Cheryl Kastrenakes
Greater Mercer TMA
Support Groups

Seniors in Transition

Tuesdays
September 12, 19, 26
October 3, 10, 17, 24, 31
1:30 pm - 3:00 pm

This 8-week discussion group is for men and women who are experiencing life-stage changes and are interested in sharing their concerns with others in a comfortable and confidential environment.

Topics include:
• Role of families and expectations of our children
• Dealing with loss
• Managing life alone; changing marital status
• Learning to ask for help
• Letting go; acceptance
• Caregiving and the role of the caregiver
• Concerns about children and grandchildren
• Downsizing; housing options

Facilitated by
Susan Flaster, RN, BSN, MPA, CMCN
Cindy Kramer, Med, MSW

GRIEF SUPPORT GROUP

Thursdays
September 7, 14, and 28
10:30 am - 11:30 am

Coping with grief and loss can be difficult. The support group will provide you with help and encouragement.

All of us have experienced loss at some point in our lives. As human beings, we grieve for our losses. Grieving is a normal process, but it is different for everyone, and each person processes grief in a different way.

Joining the Grief Support Group will help you rebuild your life after losing a loved one. Talking helps us acknowledge our pain and move toward healing.

Facilitated by
Chaplain Laurie Dinerstein-Kurs

“Although the world is full of suffering, it is full also of the overcoming of it.”
-Helen Keller
### Wonderful World of Crystals

**Tuesday, September 5**  
10:30 am - 11:30 am

Join us as we explore the crystal kingdom and its healing properties. Crystals are wonderful spiritual tools to help balance our emotions, bring healing to the body and soul, and boost our energy, raising our frequency and connecting us to our higher power.

Come see how to choose the right feel-good stone for you and learn some advice on how to implement crystals into your wellness routine, how to use them, and the best way to cleanse them and charge them.

Today, more people than ever before are open to using healing crystals. But just like with any healing practice, diet, or exercise, a crystal routine that works for one person won't necessarily work for another.

There are countless ways to work with these amazing stones. You will find some techniques that can play up their energy.

Adrienne will discuss her experience using crystals both personally and with clients. She'll also have some examples with her, which will be available to attendees.

**Presenter**  
Adrienne Gammal

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### Rewire Your Brain for Clarity, Focus, Resilience, Improved Sleep, and Performance

**Friday, September 1**  
10:30 am - 11:30 am

The presentation will discuss brain fitness for a razor-sharp mind and healthier life.

Current cutting-edge research shows how mindfulness strengthens the power of the mind, and the more control we have in the mind, the more power we have in our lives to control our physiology.

Find out how to make the mind and body work together to create meaningful life changes effortless and automatic.

Learn how living in a state of stress can lead to increased inflammation in your body and the development of chronic illness. However, you can manipulate what genes you turn on and off. Learn instead how to cultivate healthy emotions, self-healing, and self-regulation in your body.

Due to the latest discoveries in brain science, we now know there is a key to achieving empowerment, well-being, and life success!

**Presenter**  
Clarisa Romero
Fred Miller’s Lectures-in-Song on Cole Porter is the story of the rich Indiana farmboy turned international sophisticate. A musical F. Scott Fitzgerald, he found his unique niche as in-house diarist for his own Cafe Society world. During his years abroad, expatriate socialite Porter had no economic incentive to take on the headaches of Broadway. However, once back from Europe and eager to work, he quickly emerged as one of the great song craftsmen of his era, producing such beguiling standards as Let’s Do It, You Do Something to Me, Night and Day, Anything Goes, You’re the Top, De-Lovely, Every Time We Say Goodbye, Begin the Beguine, Love for Sale, and So in Love. Typical of the time, he created most of his best songs for Broadway and Hollywood: The Gay Divorcee, Jubilee, Can Can, Silk Stockings, Anything Goes, Kiss Me, Kate, and High Society, the latter a film musical version of The Philadelphia Story.

Porter’s life was a lively canvas of broad contrasts: unlimited privilege, wealth, glamour, talent, celebrity, a life one friend wryly described as lived "beyond good and evil." This charmed youthful existence stands in stark contrast to the latter part of his life cruelly marred by a freak riding accident that left him permanently disabled. Fortunately, his creativity prevailed over constant pain, and his later years were some of his most productive. The huge successes of Kiss Me, Kate (1949) and Can Can (1953) literally gave him reason to live; and live, travel, carouse, and create he continued to do.

A classic Jazz Age figure of triumph and tragedy, the Porter legacy continues to occupy a place in every serious singer’s repertoire. For such an unbridled hedonist, Cole Porter managed to live a thoroughly worthwhile life.
Carmen Agra Deedy:
Once Upon a Time, My Mother…
Tuesday, September 26
10:30 am - 11:00 am

Carmen spins a funny, wise, and luminous tale of parents and kids, starring her Cuban mother. Her luminous, funny, digressive tales of childhood and adulthood bring out the starry-eyed listener in us all.

Drop in for a lively discussion! For the first 10 minutes we will watch the video, then we will have the discussion. Facilitated by Caryl Schienvar and Ellie Siegel.

Book Club
Thursday, September 28
10:30 am - 11:30 am

Sharon Galbraith Ryer of the Hickory Corner Library will lead a discussion of The Book That Matters Most by Ann Hood.

Ava’s twenty-five-year marriage has fallen apart, and her two grown children are pursuing their own lives outside of the country. Ava joins a book group, not only for her love of reading but also out of sheer desperation for companionship.

The group’s goal throughout the year is for each member to present the book that matters most to them. Ava rediscovers a mysterious book from her childhood—one that helped her through the traumas of the untimely deaths of her sister and mother.

Alternating with Ava’s story is that of her troubled daughter Maggie, who, living in Paris, descends into a destructive relationship with an older man. Ava’s mission to find that book and its enigmatic author takes her on a quest that unravels the secrets of her past and offers her and Maggie the chance to remake their lives.

MEDICARE COUNSELOR

Interested in re-evaluating your health and prescription drug coverage? Call for an appointment with our SHIP counselor, who provides members with free, objective, confidential, unbiased information and assistance.

The State Health Insurance Assistance Program (SHIP) provides free help to Medicare beneficiaries who need assistance with their health insurance.

A SHIP counselor is available by appointment only on Tuesday, September 12 and 26, from 11:00 am to 3:00 pm to help members with Medicare cost, benefits, and eligibility; prescription drug coverage and pharmaceutical assistance; selecting supplemental policies; dealing with claims; savings and extra-help programs; appeal filing; and Medicare fraud.
<table>
<thead>
<tr>
<th>Special Events</th>
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</thead>
<tbody>
<tr>
<td><strong>Poker Tournament</strong></td>
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<tr>
<td>Monday, September 25</td>
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<tr>
<td>1:00 pm - 2:30 pm</td>
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<tr>
<td>The Senior Center presents a Texas Hold’em Poker Tournament. A tutorial will be given at the beginning of the game. We will provide a professional poker dealer and casino-quality chips.</td>
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</tbody>
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<table>
<thead>
<tr>
<th><strong>Wii Bowling Tournament</strong></th>
</tr>
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<tbody>
<tr>
<td>Monday, September 18</td>
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<tr>
<td>1:00 pm - 3:00 pm</td>
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<tr>
<td>Join us for a lot of fun, good camaraderie, and an entertainment-filled afternoon of Wii bowling!</td>
</tr>
<tr>
<td>No bowling experience is required. Winners will advance to a playoff, and the winner will receive a special prize.</td>
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<tr>
<th><strong>Movie: A United Kingdom</strong></th>
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</thead>
<tbody>
<tr>
<td>Friday, September 1</td>
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<tr>
<td>1:00 pm - 3:00 pm</td>
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<tr>
<td>Come see this British biographical romantic drama starring David Oyelowo and Rosamund Pike in the inspiring true story of the forbidden love between Prince Seretse Khama of Botswana and a white English woman when he shocks the world and marries her in the 1940s.</td>
</tr>
</tbody>
</table>

*Hosted by Barry Fisch*
Other Happenings

Maggie Worsdale

An international artist, Maggie Worsdale has performed at many of the major concert halls, cabarets, and jazz venues around the country and in Europe. She has released four studio albums and has appeared as a guest artist on three others.

Maggie Worsdale has a voice that defies categorization. Jazz, Broadway, standards, and novelty songs are all part of her repertoire. She is a richly talented entertainer who has that special something, that natural born nuance that captures an audience.

Ms. Worsdale is a total package—classy, sophisticated, playful, and amazingly talented.

Dine Around

This new activity will give those who would like to go to lunch an opportunity to socialize and connect with other members.

Friday, September 15
12:30 pm
Zinna’s Bistro
1275 South River Road
Cranbury, NJ

Friday, October 13
12:30 pm
Fernando’s Grille
173 Mercer Street
Hightstown, NJ

Friday, November 17
12:30 pm
Molto Bene Ristorante
17 North Main Street
Cranbury, NJ

Friday, December 29
12:30 pm
Scotto’s Pizza
400 Abbington Drive
East Windsor, NJ

Sponsored by

Hovione
Japanese Shibori Workshop

Wednesday, September 13
10:00 am - 11:30 am

Kate Eggleston will show her techniques for traditional Japanese shibori indigo fabric dyeing. You will have the opportunity to try fabric dyeing and take home a flour sack towel.

Pinterest for Beginners

Thursday, September 7
10:30 am - 11:30 am

Many folks collect recipes and decorating, craft, and travel ideas. But there's more than that! You can easily collect ideas already "rounded up" by others who scour the Internet. The class will cover how to register to use Pinterest, how to find ideas worth saving, and how to put them on your own bulletin boards. Plan a party, change your diet, or build patio furniture from old pallets.

Presenter
Jennifer Worringer, Senior Librarian
Hickory Corner Library

Eating and Aging: Food for the Mind, Body, and Soul

Monday, September 25
10:30 am - 11:30 am

Learn about different superfoods and the benefits they have on your health.

Come for a discussion on the foods you should be consuming and the benefits they have on your medical problems as you age.

Presenter
Hammad Abdelquader, MD
Rutgers - RWJMS
Family Medicine Center
CentraState Medical Center
You must sign up at the front desk to participate in ALL activities and programs.

Condolence

Our Deepest Sympathy Is Extended to the Family and Friends of

Louise Di Dia

Walking Club

Monday, Wednesday, and Friday
8:30 am - 9:15 am (1.5 miles)

Tired of walking alone? Looking for a new way to motivate yourself and others to get moving? Join the Walking Club and meet other active walkers.

If done regularly, walking can reduce the risk of heart disease and cancer, lower total cholesterol, raise healthy HDL cholesterol, and lower blood pressure. It can help maintain healthy bones and muscles, stabilize blood sugar, improve immunity, and relieve some of the stress in your life.

Please register at the front desk.

Surrogate

Diane Gerofsky, the Mercer County Surrogate, will be here on Tuesday, September 26, from 9:30 am to 11:30 am. To make an appointment to see her, call (609) 989-6336. She can provide you with valuable information on living wills, probate, trusts, estates, guardianship, adoptions, and much more. Feel free to visit the surrogate website at www.nj.gov/counties/mercer/officials/surrogate to learn more about the services they provide.

The Senior Center will be closed on Monday, September 4, for Labor Day.
HAPPY BIRTHDAY!

Zeba Abdullah
Jayanti Amin
Frank Austin
Lorraine Barrett-Hackshaw
Kunal Basu
Barbara Boardman
Linda Brokowsky
Howard Burton
David Carbone
Ta-Kuan Chiang
Patrick Condon
Alyce Conlon
Bernice Cooper
Eileen Couturier
Anilkumar Dalia
Kashmiri Delory
Ken Felt
Alan Fisher
Ellen Fraser
Ronald Gacoo
Anne Gardner
Martin Geller
Carolyn Gishlick
Michelle Goldammer
Harriett Greenblatt
Marion Haast
Sharifa Haidri
Annie Henry-McGruder
Arthur Hoenig
Marietta Hutchinson
Danielle Isaacs
Violet Johnson
Steven Katz
Kalpana Kaul
Gail Kelly
Ann Kohler
Barbara Kurlan
Rosa Lane
Irwin Leff
Ronnie Leonard
Harvey Linder
Karen Marlib
Barbara McGaechen
Zarir Mehenti
Lorraine Minich
Marilyn Nemeth
Shirley Olsen
Warren Olsen
Iris Pagan
Vivian Palmieri
Rita Pasquarello
Jayaben Patel
Gloria Penzynski
Asawari Phadke
Eleanor Pinkett
Nancy Potochney
Arthur Radford
Bellippady Rai
Caridad Ramos
Roberta Robinson
Carol Rodgers
José Rosado
Jo Ann Ross
Brenda Rothman
Nancy Russo
Meena Sadani
Jill Sandel
Joseph Savukinas
Mary Serinese
Naomi Ann Starkman
Betty Taranto
Joyce Teer
Barbara Tuchman
Terri Tuliszewski
Joe User
Sulo Venkataramanan
Lester Walmsley
Ed Walters
Elaine Weinberg
Kay White
George Wolstromer
Daniel Yurwit
## Helpful Phone Numbers

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult Protective Services</td>
<td>(609) 989-4346</td>
</tr>
<tr>
<td>Catholic Charities</td>
<td>(609) 599-1246</td>
</tr>
<tr>
<td>Ears for Caregivers</td>
<td>(866) 300-3277</td>
</tr>
<tr>
<td>East Windsor Township</td>
<td>(609) 443-4000</td>
</tr>
<tr>
<td>Homecare Assistance Agency</td>
<td>(908) 770-9077</td>
</tr>
<tr>
<td>Interfaith Caregivers of Greater Mercer County</td>
<td>(609) 393-9922</td>
</tr>
<tr>
<td>Jewish Family &amp; Children’s Services</td>
<td>(609) 987-8100</td>
</tr>
<tr>
<td>LIFE St. Francis</td>
<td>(609) 599-5357</td>
</tr>
<tr>
<td>Meals on Wheels of Mercer County</td>
<td>(609) 695-3483</td>
</tr>
<tr>
<td>Mercer County Board of Social Services</td>
<td>(609) 989-4320</td>
</tr>
<tr>
<td>Mercer County Connection</td>
<td>(609) 890-9800</td>
</tr>
<tr>
<td>Mercer County Consumer Affairs</td>
<td>(609) 989-6671</td>
</tr>
<tr>
<td>Mercer County Legal Services for the Elderly</td>
<td>(609) 695-6249</td>
</tr>
<tr>
<td>Mercer County Office on Aging</td>
<td>(609) 989-6661</td>
</tr>
<tr>
<td>Mercer County Surrogate</td>
<td>(609) 989-6336</td>
</tr>
<tr>
<td>Mercer County Veteran Services</td>
<td>(609) 989-6120</td>
</tr>
<tr>
<td>NJ Division of Deaf and Hard of Hearing</td>
<td>(800) 792-8339</td>
</tr>
<tr>
<td>NJ EASE</td>
<td>(877) 222-3737</td>
</tr>
<tr>
<td>NJ Foundation for Aging</td>
<td>(609) 421-0206</td>
</tr>
<tr>
<td>Oaks Integrated Care</td>
<td>(609) 396-6788</td>
</tr>
<tr>
<td>PAAD, Lifeline &amp; Senior Gold Hotline</td>
<td>(800) 792-9745</td>
</tr>
<tr>
<td>Ride Provide</td>
<td>(609) 452-5144</td>
</tr>
<tr>
<td>Route 130 Connection Bus</td>
<td>(609) 989-6827</td>
</tr>
<tr>
<td>Secure at Home</td>
<td>(609) 987-8121</td>
</tr>
<tr>
<td>Senior Dental Association</td>
<td>(732) 821-9400</td>
</tr>
<tr>
<td>Skeet’s Food Pantry</td>
<td>(609) 395-0897</td>
</tr>
<tr>
<td>TRADE Transportation</td>
<td>(609) 530-1971</td>
</tr>
<tr>
<td>Tu Amigo Taxi</td>
<td>(609) 529-4491</td>
</tr>
<tr>
<td>Visiting Angels of Central Mercer County</td>
<td>(609) 883-8188</td>
</tr>
<tr>
<td>Windsor-Hightstown Area Ministerium</td>
<td>(609) 448-0103</td>
</tr>
<tr>
<td>Yellow Cab</td>
<td>(609) 443-0003</td>
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