



Greenutley Newsletter

A newsletter dedicated to raising awareness of the importance of making green choices everyday to promote a sustainable future in the Township of Nutley

Township of Nutley - Department of Public Works · Commissioner Dr. Joseph P. Scarpelli · (973) 284-4959 · www.nutleynj.org



Prom Dress Collection to Benefit Local Organizations



The Greenutley Committee invites the community to support “Operation Cinderella”, a prom dress collection on Wednesday, April 3rd at the Nutley High School cafeteria from 3pm to 5pm. The program is designed to collect prom dresses and donate them to those who normally would not be able to afford them.

Take this opportunity to clean out your closets! We'll accept prom dresses and formal wear that is gently used, cleaned and ready-to-wear. The prom dresses collected will be donated to Catherine's Closet, a local non-profit organization that works with local area high schools with student populations who normally would not be able to afford designer prom dresses. “This is truly a ‘pay

it forward’ type of project, and a great way for the youth of our community to support a charity,” commented Commissioner Joseph P. Scarpelli, Director of Public Works. A small portion of the gowns collected will be used to benefit the Sojour High School, which is part of the Essex County Juvenile Detention Facility.

If you have any questions about Operation Cinderella, please contact Greenutley by e-mailing your inquiry to greenutley@nutleynj.org, or call 973-284-4958. If you, your civic organization or service club would like to donate time to Catherine's Closet, please visit <http://catherinescloset.org/>.

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Spring Clean Up is Aboard

As crocus flowers peak out of the ground sprinkling color on the otherwise brown landscape, we start to think about spring and all that the season has to offer. From preparing gardens to spring cleaning ... spring is a time for renewal and a new found sense of vigor.

them at the curb in brown biodegradable bags for special collection. Yard waste consists of leaves, pine needles, brush and small branches.

Shred It Day, scheduled for Saturday, April 13th, has quickly become a “fan favorite” and one of the most highly anticipated organized “collection” days in Nutley. Scheduled on the heels of tax time, Nutley residents can bring their sensitive documentation for safe, secure shredding. No need to remove staples from these documents. Shred It Day will take place between 10am and 2pm in Municipal Parking Lot #1.

Residents can take advantage of many offerings from the Greenutley Committee and the Department of Public Works that will help make their spring cleaning a bit easier.

First up - Spring Clean Up. Designated the first 2 weeks of April, from April 1st through April 12th, residents can clean leaves and other vegetation that may have collected in their yards during the winter season and place

Lastly, Compost Day returns on Saturday, April 20th, and will take place from 10am to 2pm in Municipal Parking



Lot #8. FREE compost is available to Nutley residents. Just bring containers for transport! Get your garden off to a strong start by mixing compost with existing soil beds. And, learn the benefits of composting from local Master Gardener Mike Shopp.



Receive Future Issues of the Greenutley Newsletter in your Inbox!

We hope you enjoyed the inaugural issue of the Greenutley Newsletter!

If you would like to receive future issues please email us at greenutley@nutleynj.org with your name and email address.

The Power of Nature

Essential oils have been used for therapeutic purposes for thousands of years. New research shows that these same oils can effectively be used to replace your expensive skincare products. Try these oils for the following conditions: Tea Tree Oil for acne (5% tea tree oil is as effective as 5% benzoyl peroxide); Grapeseed Oil for oily skin (regulates your natural oil production); Aragon Oil as an anti-aging remedy; Black Currant Oil for repair (anti-inflammatory qualities that contain fatty acids); Chamomile Oil for redness and irritation (has anti-inflammatory qualities); and Olive Oil to treat dry skin (contains antioxidants & rich in compounds that nourish the skin and help fight against aging). As you incorporate these oils into your skincare regime users should beware that these natural products, which often times grow alongside weeds, could contain allergens and should be tested on your wrist for a full day to rule out allergic reactions.



Greenutley Supports Earth Hour 2013

On Saturday, March 23rd the World Wildlife Fund encouraged tens of millions to turn off their lights as part of their annual global climate awareness event, which celebrated its seventh year.

Participants who pledged to recognize this event turned lights off from 8:30pm to 9:30pm, with notable international landmarks such as The Leaning Tower of Pisa, The Great Wall of China and London's Big Ben all participating to raise awareness and call for global action on climate change.

In the past, the massive "power outage" has been reportedly viewed from the International Space Station.

We hope that you chose to turn your lights off, too! Thank you for supporting this important initiative.

Connect with us on the web!

Township Website:
www.nutleynj.org



www.facebook.com/greenutley



www.twitter.com/greenutley

Safeguarding the Future

We often hear the term sustainability, but what exactly does it mean? Gro Harlem Brundtland, international leader in sustainable development, defined sustainability as, "development which meets the needs of current generations without compromising the ability of future generations to meet their own needs".

There are three categories of sustainability; (1) economic, (2) environmental and (3) social. To illustrate examples of sustainability, let's look at the Township of Nutley. How is our community sustainable? Supporting small businesses and locally owned restaurants keeps finances within the town. The Nutley Chamber of Commerce also helps promote local businesses. The Board of Commissioners established the Greenutley Committee in order to educate residents on environmentally beneficial activities such as composting, free-cycling and water conservation. Acting in a socially sustainable manner promotes helping others. Fundraisers and volunteer opportunities allow people to show compassion for their neighbors.

Check out sustainablejersey.com to see what Nutley and other local towns are doing to spread sustainability.
- Contributed by Greenutley Intern Deidra Friedhoff



Greenutley Celebrates National Crayon Day



Pre-schoolers in Nutley are doing their part to help recycle by participating in the Crayon Recycle Drive, a Department of Public Works recycling initiative. In recognition of National Crayon Day (March 31st), local participating pre-schools will encourage students and teachers to collect their broken and gently used crayons which will be collected by the Township and shipped to Crazy Crayons, a US-based company that melts down these crayons to make new, novelty crayons for re-sale via the internet and in museum gift shops.

"This is a great conversation starter," commented Commissioner Scarpelli. "We need to talk to the youth of our community about keeping items out of our landfills whenever possible. Creative recycling programs like this will help do just that." The drive is taking place now through April 5th.

I'm Putting WHAT On My Face?!

Scientists are witnessing scary trends. Many known carcinogenic chemicals are being used in popular cosmetics, shampoos, sunscreens, fragrances, and other beauty products. There are no required safety regulations cosmetics companies must follow before putting a product onto the market. According to the FDA "...a cosmetic manufacturer may use almost any raw material as a cosmetic ingredient and market the product without an approval from FDA." (FDA 2012)

In order to help consumers be conscientious shoppers, the Environmental Working Group has compiled an extensive

database of popular beauty products, their ingredients, and if they contain, and the severity of, carcinogens or other toxins. There are many safe, all natural cosmetic options the Environmental Working Group provides on their website: Ewg.org/skindeep/. EWG also lists tips on how to be a smart shopper when it comes to your beauty care products, including ingredients to avoid when buying soaps, lotions, and makeups. Check out the website to find the safest personal care products for you and your family.

- Contributed by Greenutley Intern Deidra Friedhoff

Save the Date!

Shred It Day 10am to 2pm	Saturday, April 13th Municipal Parking Lot #1
Compost Day 10am to 2pm	Saturday, April 20th Municipal Parking Lot #8
2013 Farmers Market Season Kick-Off 9am to 1pm	Sunday, June 16th Municipal Parking Lot #1

Meet Produce Pete as he helps us kick off our 4th Farmers Market Season!

About Greenutley

Formed in 2008, Greenutley is the Township of Nutley's Go Green Committee comprised of the Mayor and Board of Commissioners, representatives from all five township departments and community members. The committee is under the direction of Commissioner Dr. Joseph P. Scarpelli and the Department of Public Works.

Through education, events, and activities, Greenutley is raising awareness of the importance of green choices in our everyday lives and providing simple, effective ways for each of us to contribute to the sustainability of our community and our planet, including saving energy, recycling and reducing waste, eating local/organic food, and reducing pollution. Want to join us? E-mail us at greenutley@nutleynj.org.