



Jefferson County PUBLIC HEALTH SERVICE

Public Health Facility, 531 Meade Street, Watertown, New York 13601

Media Release

For Immediate Release

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Jefferson County Organizations Come Together to Hold Educational Diabetes Event

November 7, 2018-Watertown, NY–The Diabetes Coalition of Jefferson County is excited to bring to the community an evening of education on the prevention and treatment of diabetes. On Tuesday, November 13, 4:30-7pm at Samaritan Summit Village there will be fantastic speakers and vendors to discuss diabetes management. This will be a great educational opportunity for spouses and other family members as well.

This event is a true example of Jefferson County health care providers and organizations coming together to provide a benefit to the community. The coalition promotes services and diabetes programs to the public and providers, as well as, develops appropriate interventions to improve overall diabetes care in Jefferson County.

The event is free to attend. At 4:40pm Maureen Larkins, Cornell Cooperative Extension, will be cooking a diabetes friendly dish. Thanks to Fort Drum Regional Healthcare Planning Organization's sponsorship, the first 50 people will receive a bag of ingredients to make the dish at home. Then, at 5:30pm Dr. Marisa Desimone, the Joslin Center at Upstate Medical, will present, "Lifestyle Medicine"; followed by Dr. James V. Stillerman, Samaritan Wound Care Center Medical Director. People can listen to speakers and browse vendor tables. Each table will have an expert that can answer questions. There will be information for those with Type 2, Type 1 and Gestational Diabetes along with ways to prevent diabetes and lead a healthier lifestyle.

The event will also have free healthy snacks and refreshments thanks to Samaritan Medical Center. Vendors scheduled to be at the event are: Kinney Drugs, Cornell Cooperative Extension, Samaritan Medical Center, Carthage Area Hospital, Jefferson County Public Health Service, North Country Prenatal Perinatal Council, Community Action Planning Council, the YMCA, NovoNordisk and Price Chopper.

For more information, go to Events at www.facebook.com/jcphs.

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