



### Jefferson County Home Health Care

provides multiple in-home services such as nursing, home health aides, physical therapy, occupational therapy, medical social worker and case management.

We provide a **24-hour** on-call nurse to address patient issues, take referrals and provide guidance.

### We Offer Expert Teams In:



### Elder Care

We provide coordinated home-based services such as nursing and therapy services and home health aides. The services help people live independently in their own home. Our services can also prevent hospitalizations and prevent nursing home placement while the patient remains in the comfort of their own relaxed setting.

**(Services Continued on Other Side)**

## Celebrating 60 Years of Quality Professional Home Care

The Jefferson County Public Health Service was started as a demonstration project by the New York State Department of Health in the Adams area in 1940.

In 1953 services were coordinated for all Jefferson county residents from the main office located at Park Place in Watertown, with satellite offices in Adams, Theresa, Cape Vincent, Carthage and Clayton. Nursing was the only discipline offered by the agency until 1960 when Homemaker-Health Aide was added.

Now at it's Meade Street location, services are provided through three main programs: Certified Home Health Agency, Long Term Home Health Care Program and the Preventive Services Program.

## Jefferson County Home Health Care

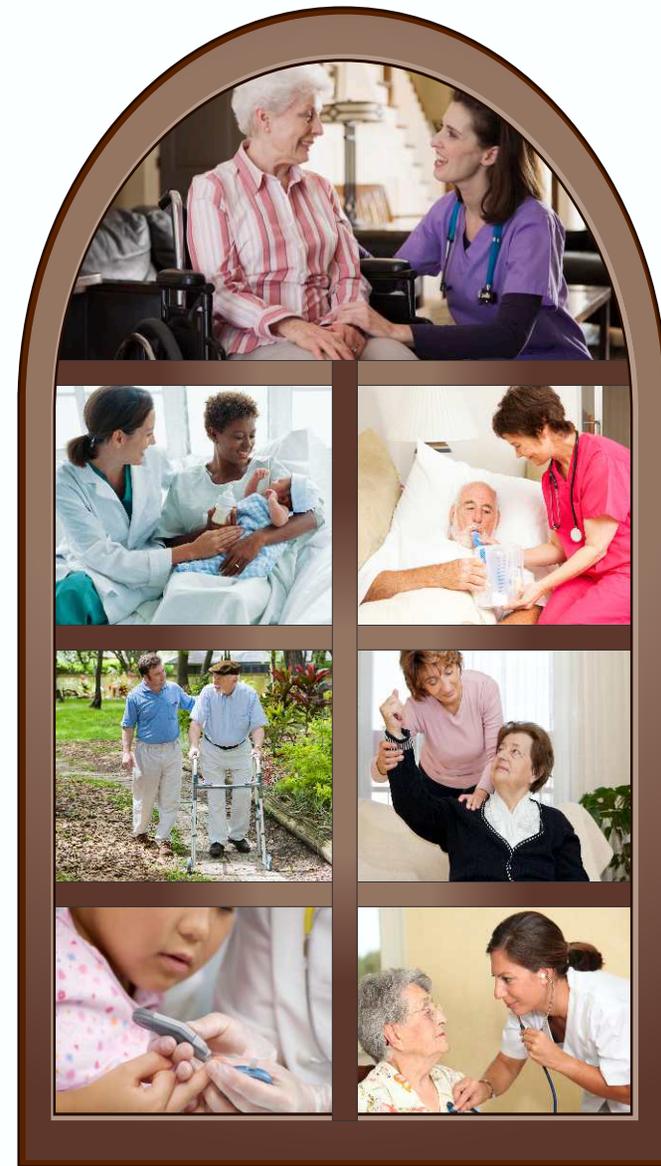
Quality Care in The Comfort of Your Home Since 1953

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**[jeffersoncountyhomecare.org](http://jeffersoncountyhomecare.org)**



## Jefferson County Home Health Care

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## Mom and Baby Care

Healthcare for women while they are pregnant, after birth and for the baby. Whether you are a first time parent or need extra help we have a team of registered nurses and other providers to assist you and your family in your own home.



## Stroke

Our professional therapists within the home can help restore physical, emotional and mental function and promote recovery from a stroke or “mini stroke”.



## Diabetes

Our professional staff can help to overcome the challenges of being a diabetic and enhance the management of diabetes with home visits. Patients learn how to test their sugar, administer insulin, and manage their glucose levels.



## Breathing Disorders

Our nurses and therapists can help you or your loved one take control and live an active, productive life, while helping you to deal with shortness of breath, COPD, Pneumonia, Asthma or how your uncomfortable breathing impacts your activities of daily living.



## Surgical Care

Recovery after a surgical procedure (for example on a hip or knee) can be facilitated by having professional staff and certified home health aides work together as a team to provide services. Services may include wound care, assessment, and education on how to prevent post-surgical complications.



## Heart Diseases

Our nurses can evaluate you within your home and develop a personalized plan of care with your physician to help you manage your heart disease and prevent complications. Nurses will provide education on your disease process to prevent complications and teach you about signs/symptoms that require contact with your medical provider.