

VISIT US AT 293 MAIN STREET•DERBY, CT 06418
PHONE US AT (203) 736-1484
EMAIL US AT SARAHMUOIO@ATT.NET

DERBY SENIOR CENTER NEWS

JANUARY 2016

SPECIAL POINTS OF INTEREST:

DIRECTOR'S NOTE

By: Sarah Muoio

Happy New Year 2016! I hope everyone enjoyed the holidays with the warm and beautiful weather on Christmas Day! As we head into winter, please remember to check Channel 3 and 8 for Senior Center closings as we no longer follow the schools. We are looking forward

to some new activities as we head into the New Year. Our membership has been great at suggesting new ideas that we are looking forward to implementing! We are hoping for a calm winter that will allow us to continue trav-

eling together, enjoying activities at the Center, and sitting down over a nice meal with all of our members. As always, our doors are open for any comments or suggestions you have to offer! See you around the Center!

- The Elderly Commission will meet Monday, January 4th, 2016 at 3:00 PM
- The Executive Board will meet Tuesday, January 12th, 2016 at 10:00 AM.
- The Activities Committee will be meeting on the second Thursday of the month at 12:30 PM.
- Our Choices Counselor is available for those of you who need help with Medicare questions. Please call (203) 736-1484 to make an appointment.
- The Center will be closed on January 1st in observance of New Years Day.
- The Center will be closed January 18th in observance of Martin Luther King Jr. Day.

LUNCH AND BAKE SALE

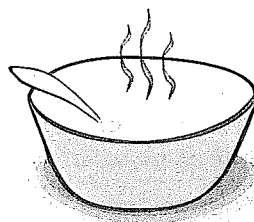
Thursday, January 14th, 2016

12:00 PM

\$3.00 per person

Sign up begins January 2nd!

Calling all bakers! Please contact us if you would like to bring baked goods for our bake sale. Join us on January 14th for homemade chicken orzo soup, assorted finger sandwiches, and dessert. Stay a while and socialize with friends and other members. Don't forget to check out what we have at the Bake Sale and bring something home to enjoy later in your week! See you there!



Winter Game Day

Thursday, January 21st, 2016

11:45 PM

Sign up begins January 2nd!

\$5.00 per person

Cards, board games, or just sitting around and chatting with friends will be the activity for our Winter Game Day. Start off your afternoon with a lunch consisting of Pot Roast with Gravy, Smashed Potatoes, Mixed Vegetables, Wheat Bread, and Carrot Cake. After lunch, you will break up into your own groups to enjoy an afternoon of activities of your choice. Snacks will be served throughout the day and raffles will be drawn in the late afternoon.

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January Breakfast

January 28th at 9:00 AM

\$4.00 per person

Join us for our monthly breakfast. The menu will include yogurt parfaits, pancakes, . We will have pastry and extra surprises. Enjoy a hot cup of coffee or tea as well!

Dust of Snow
 By: Robert Frost
 The way a crow
 Shook down on me
 The dust of snow
 From a hemlock tree
 Has given my heart
 A change of mood
 And saved some part
 Of a day I have rued.



MONTHLY REMINDERS AND SUCH!

- ♦ **\$10.00 Haircuts** will be January 11th, 2016 from 9:00 AM-11:30 AM. Please call 203-736-1484 for an appointment.
- ♦ **BIRTHDAY BINGO** will be held on Tuesday, January 26th, 2016 at 1:00 PM. Thank you to Birmingham Health Center for hosting this wonderful event with prizes and treats!
- ♦ Visit us online at www.facebook.com/derbyseniorcenter



In Loving Memory

~John Fitzgerald
~Addibell Lovett
~Elsie Pagliaro

SAVE THE DATE

~ **February 18th, 2016-Valentine's Party**
~ **February 25th, 2016-Monthly Breakfast**

Do Not register until February 1st!

***Please remember to send a self addressed, stamped envelope with your membership dues.**

Current Trip Schedule

2016

DAY TRIPS

Uconn Women at Gampel	Register January 5th	February 6th
Patsy Cline at Westchester	Register Now!	February 25th
Uconne Women Semi Final at Mohegan	Register January 12th	March 6th

2016

TRIPS

Florida	Register Now!	March 6-27th
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TRIP REGISTRATIONS JANUARY 2016



UCONN WOMEN'S BASKETBALL AT GAMPEL

Saturday, February 6th, 2016

\$56 per person

Register January 5th, 2016 at 9:30 AM

Depart en route to the Gampel Pavillion in Storrs. Come and support your favorite women's Huskies as they take on the East Carolina Pirates. There's nothing like seeing a game live. It will surely be a day to remember! Game time is 1:00 PM. At the conclusion of the game, we will board our motor coach and head back home with wonderful memories of our Uconn basketball getaway. Trip includes transportation, ticket to the basketball game, and driver's gratuity.



2016 AAC WOMEN'S BASKETBALL TOURNAMENT SEMI-FINALS

Sunday, March 6th, 2016

\$71 per person

Register January 12th, 2016 at 9:30 AM

Depart en route to Mohegan Sun Arena. Enjoy two AAC Tournament semi-final games, played between the winners of the tournament's quarter-final games held the previous day. Come out and support your favorite female basketball players. Based on their talent and nine NCAA Women's Titles, the UConn Women should play in one of the semi-final games of the tournament. At the conclusion of the game, board the motor coach and head back home with wonderful memories of your basketball getaway. Trip includes transportation, tickets to the AAC semi-final games, food voucher and casino bonus.

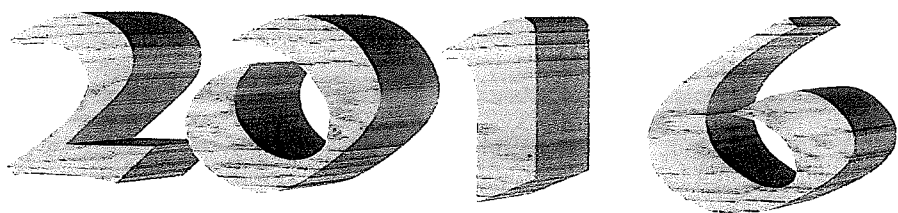


ONE SLIGHT HITCH AT NEWPORT PLAYHOUSE AND CABARET

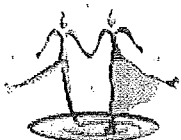
Thursday, March 31st, 2016

\$102 per person

Register January 19th, 2016 at 9:30 AM

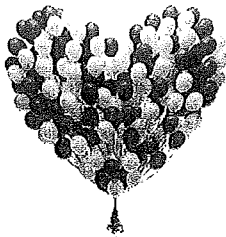


Depart en route to Newport Playhouse and Cabaret Restaurant. The dinner theater is unique and you will enjoy a great buffet, wonderful play, and a fun-filled cabaret. After lunch, take a short stroll from the dining room to the intimate theatre. There you will have reserved seating to enjoy some of the finest entertainment available, with professional actors to delight you with a play worthy of Broadway. One Slight Hitch is a story of Courtney's wedding day and her mom, Delia, is making sure that everything is perfect. The groom is perfect, the dress, and the decorations. Then the doorbell rings and all hell breaks loose. Following the play, enjoy a cabaret.

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
				1) CLOSED 
4) 1:00 Country Line Dancing 3:00 Elderly Commission	5) 9:30 Register UConn 9:30 Painting 9:30 Quilting Class 11:45 Senior Café 1:00 Bingo	6) 10:00 Yoga 11:30 Strength Training 12:30 Zumba Gold	7) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Café	8) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 1:00 Zumba Gold
11) 1:00 Country Line Dancing	12) 9:30 Register Uconn 9:30 Painting 9:30 Quilting Class 10:00 Executive Board 11:45 Senior Café 1:00 Bingo	13) 10:00 Yoga 11:30 Strength Training 12:30 Zumba Gold	14) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 12:00 Lunch and Bake Sale	15) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 1:00 Zumba Gold
18) CLOSED 	19) 9:30 Register Newport Playhousep 9:30 Painting 9:30 Quilting Class 11:45 Senior Café 1:00 Bingo	20) 10:00 Yoga 11:30 Strength Training 12:30 Zumba Gold	21) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Game Day	22) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 1:00 Zumba Gold
28) 1:00 Country Line Dancing	26) 9:30 Painting 9:30 Quilting Class 11:45 Senior Café 1:00 Bingo	27) 10:00 Yoga 11:30 Strength Training 12:30 Zumba Gold	28) 9:00 Breakfast 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Café	29) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 1:00 Zumba Gold



JANUARY 2016 - SENIOR COMMUNITY CAFÉ



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <h2>Happy New Year 2016</h2>				Office Closed  New Year's Day
4 Unstuffed Peppers Rice Carrots Rye Bread Fresh Fruit	5 Pineapple Juice Crab Cake w/ Tartar Sauce & Lemon Coleslaw Vinaigrette Corn on the Cob Whole Wheat Bread Marble Cake	6 Vegetable Barley Soup w/ LS Crackers Chicken w/ Lemon & Garlic Sauce Oven Roasted Potato Broccoli Wheat Dinner Roll Peaches	7 Turkey w/ LS Gravy Sweet Potato Pone Green Beans Cranberry Sauce Pumpnickel Bread Fresh Fruit	8 Cheese Lasagna Tossed Salad w/ Tomato & Italian Dressing Parmesan Cheese Italian Bread Mandarin Oranges
11 Apple Juice Chicken Cacciatore Penne Fresh Zucchini Garlic Breadstick Chocolate Chip Cookie	12 Breaded Veal Cutlet w/ LS Gravy Smashed Potato Green Beans Wheat Bread Fresh Fruit	13 Swedish Meatballs w/ LS Mushroom Gravy Bowtie Noodles Baked Acorn Squash Rye Bread Fruit Cocktail	14 Chicken Noodle Soup w/ LS Crackers Light Crunch Fish w/ Tartar Sauce & Lemon Wild Rice Pilaf Spinach Salad w/ Carrot & Raspberry Vinaigrette Marble Rye Bread Pineapple	15 Special Lunch: Fried Chicken Quarter Collard Greens Corn & Okra Biscuits Bread Pudding w/ Topping
18 Office Closed  Martin Luther King, Jr.'s Birthday	19 Minestrone Soup w/ LS Crackers Seafood Salad Plate w/ Lettuce, Tomato Beet Salad Portuguese Roll Fresh Fruit	20 Herb Roasted Chicken Quarter w/ LS Gravy Confetti Brown Rice Green Beans Marble Rye Bread Pears	21 Cranberry Juice Pot Roast w/ LS Gravy Smashed Potato Mixed Vegetables Wheat Bread Carrot Cake	22 Spinach Grandioli Tossed Salad w/ Olives and Balsamic Vinaigrette Broccoli Parmesan Cheese Garlic Bread Pineapple
25 Meatloaf w/ LS Gravy Mashed Potato Green Beans Pumpnickel Bread Apricots	26 Grape Juice Chicken Parmesan Penne w/ Sauce Fresh Zucchini Parmesan Cheese Italian Bread Oatmeal Cookie	27 Cream of Carrot Soup w/ LS Crackers Cheese Omelet Sweet Potato Fries Spinach Wheat Bread Fresh Fruit	28 Roast Pork w/ LS Gravy Baked Potato w/ Sour Cream Peas & Carrots Applesauce Garnish Rye Bread Peaches	29 Apple Juice Potato Crusted Fish Patty w/ Tartar Sauce/Lemon Slice Pasta & Vegetable Salad Sliced Lettuce & Tomato Wheat Bun Chocolate Pudding

The entrée may be substituted for a BAKED CHICKEN QUARTER on the following days:

January 28

TEAM, INC. 30 ELIZABETH STREET, DERBY, CT 06418 - 736-5420

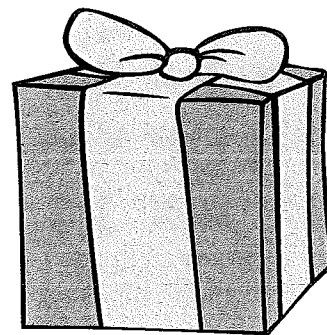
MENUS SUBJECT TO CHANGE DUE TO AVAILABILITY - All meals include milk and margarine.

HAPPY JANUARY BIRTHDAY

Marilyn Anderson
Joseph Andrus
Justine Arcano
Stacia Balko
Catherine Bedini
Rose Belotti
Ingeborg Bennett
Mary Blewett
Giustina Boanno
Beverly Bomba
Frances Bonitatebus
Martha Bova
Gladys Buckley
Carol Burbank
Mary Burleigh
Angelina Byron
Peter Cacchillo
Gloria Caragan
Laura Carlson
Art Cartenuto
Dolores Cascio
Betty Cascone
Lynn Casini
Edna Casolino
John Cavagnuolo
Catherine Cervera
Constance Chaffee
Mary Charak
Nanda Checkley
Shirley Chen
Lynda Cherney
Carmen Chevarella
Mary Cirillo
Corrine Conroy
Pat Corda
Joseph Cowden
Marcia D'Alexander
Barbara Davis
Margaret Day-Francesco
Lucille Deane
Irene DeGeorge
Antoinette Del Mastro
Carol DellaRocco
Patricia Diglio
Ruth Donovan
Rosemary Drennan
Irene Dziadik
Georgeann Erhardt
Joseph Fabozzi
Gabrielle Falvey
Mary Fanning
Mildred Fatterusso
John Ferencz
Charlotte Flaherty
Renee Gambino
Ann Golebieski
Mercedes Gonzales
Marilyn Goodless
Marylou Grillo
Charles Guliuza

Ann Halligan
Patricia Hammer
Lorraine Hasbrouck
Rose Hawks
Amy Hinkson
Mildred Jacko
Walter Jalowiec
Benedicta Jang
Shegqiang Jin
Linda Joyce
Catherine Kane
Helga Kobetitsch
Melanie Kostka
William Kovac
Albert Kovalick
Beatrice Krafcik
Mary Ann Kubilus
Ann Lahaza
Judith Laing
Mae Lesko
Barbara Lewis
Joan Livolsi
Faith Lucas
Jacob Lypen
Christine Macri
Annette Marcucio
Geraldine Mason
Ann Massa
Rosaria Matto
Michael McFarland
Elizabeth Micci
Andrew Migani
Andrew Migani
Theresa Mongillo
Anne Morin
Patricia Murphy
Patricia Najjar
Ralph Nicholas
Alice Mary Nichols
Santa Oliveras
Louise Opiela
Frederick Oraziatti
William Ostrowski
Robert Palko
Joseph Palmucci
Joyce Parent
Mary Jane Paris
James Pastore
Josephine Pedevillano
Richard Petit Sr.
Alberta Petrocelli
Walma Petrov
Robert Post
Evelyn Provost
Margaret Rafferty
Blanche Rodrigues
Walter Roog
Ida Rosenberg
Paula Rueda-Zuniga
William Ryan
Marion Sadlowski

Anne Samodel
Adeline Santamaria
Stefania Savoyiski
Edward Sheehy
Edward Sickler
Ron Sisbarro
Robert Skirkanich
Frances Slowik
John Sosenko
Sandra Stebar
Carol Stewart
Alice Struwas
Ralph Swanson
Francesco Tabacco
Myra Taylor
Joan Thomas
Margrit Tomulonis
Gloria Trapkauskas
Claude Traver
David Tynan
Helen Uskevich
Jon Vacovelli
Pauline Valovcin
Robert Verni
Patricia Walania
Joan Waldorf
Lillian Wannagot
Dorothy Wardzala
Erwin Williams
David Winograd
Antoinette Wisiniewski
Richard Woodward
Dorothy Yeager
Helen Zielinski
Anthony Ziomek



Word Search Game - Figure Skating

D J J T Z E S E C E V W O H C L A S E H F	AXELS
N H T C F V Q H G L H V Q G V G W C J G C	CAMELSPIN
B H R W P L O A S E L C R I C M Q A Z X F	CHOCTAWS
C Z X U I C I K S N O I L L A D E M X O D	CIRCLES
V C T V T Z F F R C O M B I N A T I O N X	COMBINATION
Q X F A U W Z S T E D R S T T L K X K I S	COMPULSORY
U D W G I M Y L L S G C O E W B V S R R C	COUNTERS
A S H T N I A M E I U R C C Z M N W O J O	FIGURES
D A R Z A O J X L S F A E F K T P Q W X M	FLYINGSPIN
R I C E D A N C I N G I K B Y E U Q T A P	FOOTWORK
U P O E F V H I Z R R P G K T Y R L O C U	HYDROBLADE
P S G D X T U W P G N A J U T T G S O C L	ICEDANCING
L K H A A B O N N S Q I H S R F I F F O S	INABAUER
E A T L E X Y T A K L U P O X E C R Z U O	JUMPS
U T Y B F S E D P W G E R S L E S I Q N R	LIFTS
H E N O C R Q L G A K S M G G H V R O T Y	LUTZES
T S M R O I R H S H U M C A A N K W Q E N	MEDALLIONS
E I C D P A Q C D O K B M V C Q I I R R G	MOHAWK
T P F Y Z P X G M M K G A R X O X Y J S W	PAIRS
L J P H E R K W R E U A B A N I Z K L H Z	QUADRUPLE
R Q S L R X J I J U M P S N I P S B V F O	ROCKERS
	RITTBERGER
	SALCHOW
	SKATES
	SPINS
	TWIZZLES

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