

VISIT US AT 293 MAIN STREET•DERBY, CT 06418  
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EMAIL US AT SENIORCENTER@DERBYCT.GOV

# DERBY SENIOR CENTER NEWS

## JULY 2016

Hi Everyone! Another month has gone by and It is hard to believe we are half way through the year. July is an exciting month with the fireworks on Friday night July 1st. Rain Date July 3rd. Come and join us at the front entrance of the center to view the Derby/Shelton fireworks with our staff. Our front entrance will be opened to take advantage of using our facilities, and pull up a chair with a great view and enjoy some refreshments . Hope to see you there.

**We will be starting up the Glee Club on July 18, 2016. New members are needed. Come and join in the fun of singing.**

**We Also have a new Bingo Machine so come and try your luck.**

### Chance to Win Zumba Gold Raffle

Now is the best time to try Zumba Gold, an exercise in disguise! For the months of June and July, if you attend 10 Zumba Gold classes, you will be entered into a raffle for a free Official Zumba T Shirt. All you need to do is come to Class **Wednesdays 12:30 –1:20 PM and/or Fridays 1:00-1:50PM**, put your name on a punch card, and dance away! Once the card is full, you simply give it to Lizz, our licensed Zumba Gold instructor. The first week of August, Lizz will announce the winner! There might even be some smaller prizes up for grabs.(You do not have to be present to win on the day the winner is announced)

Interim Director, Sue Churchill



### SPECIAL POINTS OF INTEREST:

- The Elderly Commission will be taking the summer months off. Will be back Sept 5, 2016
- The Executive Board will meet Tuesday, July 12, 2016 at 10:00 AM .
- The Activities Committee will be meeting on July 12, 2016 at 11:30 AM. All are welcome. Members will meet to discuss activities and programs.
- Our Choices Counselor is available for those of you who need help with Medicare questions. Please call (203) 736-1484 to make an appointment.

**We will be closed Monday, July 4th .**

## MONTHLY REMINDERS AND SUCH!

- ♦ **\$10.00 Haircuts** will be July 11, 2016 from 10:00 AM-12:00 noon. Please call 203-736-1484 for an appointment.
- ♦ **BIRTHDAY BINGO** will be held on Tuesday, July 26, 2016 at 1:00 PM. Thank you to Birmingham Health Center for hosting this wonderful event with prizes and treats!
- ♦ Visit us online at [www.facebook.com/derbyseniorcenter](http://www.facebook.com/derbyseniorcenter)



### \*\*\*SAVE THE DATE\*\*\*

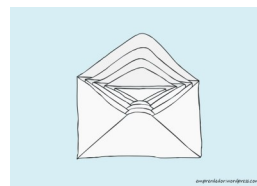
#### In Loving Memory

Nancy Barlow  
Agnes Aquila

*\*Please remember to send a self addressed, stamped envelope with your membership dues to return new membership card to you.*

*Please pay and pick up tickets in advance of function- Thank You.*

*Please no registrations before July 1st, 2016*



## CURRENT TRIP SCHEDULE

**2016**

### DAY TRIPS

Coins & Claws Lobster & Casino	Reg 4/26	<b>changed</b>	<b>July 7, 2016</b>
Lobsterfeast & Patsy Kline	Reg 6/21		August 25, 2016
The Big E	Reg 7/26		September 21, 2016

### TRIPS

Atlantic City	Register 9/6/16	Nov 13-15, 2016
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Come and join us on July 7th Thursday for a 4th of July Celebration

Choice of the following:

Chicken Salad, Egg Salad or Tuna salad sandwiches

Macaroni Salad

Potato Chips, Ambrosia

Price \$ 4.00

12:00 Noon



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Breakfast Thursday July 21, 2016 9:00 AM

French Toast, Bacon, Juice, Cantaloupe

Bottomless cup of Coffee or Tea

Surprises and Free Raffle

Price \$ 4.00

Membership meeting following breakfast.



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Lunch and Ice Cream Social

Thursday, July 28th, 2016, 11:45 AM

Banana Splits

Chocolate, Vanilla, Strawberry Ice Cream

Price \$ 5.00



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**EVERY FRIDAY ALL DAY VETERAN COUNSELING**

**CONTACT Roberto Santos @ 203-795-0148**

**Andy Cota @ 203-736-8882, Paul Lutson @203-736-8882**





## TRIP REGISTRATIONS July 2016

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### **Taste of Providence**

**Wednesday, September 14, 2016**

**Registration Date Tuesday, July 19th**

Today we will travel to Providence, Rhode Island. First stop will be Scialo Brothers Italian Bakery. We will take a mini-tour of the bakery as the smell of fresh baked bread wafts through the air. After the tour, we will select a nice piece of pastry to enjoy with a nice hot cup of coffee or tea. Next stop is Trattoria Zooma and upscale Italian kitchen featuring house made pasta, wood fired pizza and other Mediterranean delicacies. Lunch will be served family style and includes Caesar Salad Assorted classic Neapolitan Pizzas, Pan fried Calamari with Roasted Garlic and Tomatoes, Fried Eggplant, Penne Pasta with signature sauce, Chicken Marsala, with gelato for dessert. Before we come home we will tour Little Italy, Federal Hill and historic East Side.

**Price \$ 101.00**

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### **Holiday Hill**

**Thursday, August 22, 2016**

**9:00 TO 4:00 Price \$ 44.00**

Join us for the annual senior outing at Holiday Hill. This all day, all inclusive event has dancing and singing with Vinnie Carr, raffle, bocci, horseshoes, shuffleboard, 9 hole mini golf, ice cream, heated pools, bingo, and more. Unlimited buffet all day breakfast foods, new England clam chowder, cherrystone clams, hot dogs, hamburgers, chicken, and much more, Soda also included.

**Registration July 1, 2016**

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### **NOTES:**

- We need more yarn. Any amount would be a big help.
- We will be having an informative membership meeting on July 21 to go over rules and regulations following the breakfast.
- We are updating our membership lists. Please check your cards and see if you may be past due. We don't want to stop seeing you or not send you the newsletter. We would love to hear from you to make sure you are OK.
- We will be holding a Social Security question and answer meeting on Tuesday August 9, 2016 at 12:15 . Please mark your calendars to come to this event.



# July Birthday's

Catherine Alfano	Helen Dellolio	Pamela Killianey	Addoloraata Onofrio	Elizabeth Simonetti
Mary Baktis	Sandra DePalma	Elizabeth Klischer	Mary Opuszynski	Marie Siniscalchi
Henry Barcleay	Margaret Donovan	Joseph Kopasz	Jack O'Toole	Barbara Skudlarek
Edith Behrle	Stephen Dripchak	Dianna Koskelowski	Clara Palumbo	Wallace Sloves
Elaine Besescheck	Mary ann Falcioni	Janice Kuziak	Carol Pawlak	Martha Smart
Carol Black	Jean Far	Brenda Kymer	Mildred Pawlak	Margaret Soldra
Edward Bomba	Gwendolyn Faugno	Catherine Lally	Cathy Petrila	Debra Sondargaard
Joseph Bonadies	Bob Federico	Kate LaPlante	Ralph Petrosino	Rosalind Spader
Mary Ann Borgesano	August Firgau	Helen Lazarko	Julia Petruzzuoli	Anthony Staffieri
Sheila Boyd	Louis Freiler	Judy Legeza	Veronica Pinchuk	Rhode Stanislawski
Maryjane Braun	Anne Gabianelli	Charles Leigh	John Pitt	Tony Szewczyk
JoAnn Brejwo	Robert Gaudio	Mindy Lenenthal	Carol Pluchino	Theresa Tampellini
Sally Brooks	Patricia Geissler	John Levi	Frank Pogwizd	Onsi Tawadros
Rita Brouillette	Helen Giammaro	Herbert Libby	Kate Poitras	Joan Theriault
Mary Buckley	Jean Golden	Stephen Lombard	Alice Pokladowski	Theresa Tiano
Mary Bujanauskas	Patricia Gramigna	Dominick Lonardo	Mary Postupack	Anita Tomasco
Anne Bukowski	Kathy Grega	Barbara Lynch	Eugene Preneta	Gloria Trella
Mark Bush	Sebastian Guagenti	Coydine Mackie	Fagima Raffini	Elizabeth Varrone
Carolyn Carloni	Charles Guerra	Patricia Marcucio	Rose Rak	Paul Varsanik
Florence Cataudella	Elizabeth Guerra	John Marino	Michael Ranno	Anne Verbiskas
Diane Catuadella	Diane Guillet	Dorothy Marshall	Barbara Ransdall	Rita Vicdomino
Salvatore Cavagnuolo	Dorothy Hitchcock	Robert Martovich	June Rapuano	Fredine Vinci
Jean Cavagnuolo	Richard Homick	Barbara Martovich	Frances Raro	Alec Voight
Benjamin Chadarczewicz	Irene Hupprich	Anna Mezzatesta	Stanley Reichlin	Richard Wailionis
Genevieve Chaplick	Martha Insalaco	Jean Michalak	Mary Renker	Audrey Waskewicz
Mary Churma	Arlene Jachyra	Josephine Mierzejewski	Alice Salvas	Anne Weimann
Lillian Comboni	Mary Jeanetti	Shirley Mikita	Sharon Sanford	Avis Wilkins
Patricia Connelly	Michael Jurik	Janice Misiewicz	Michael Saranich Jr.	Twila Wilson
Antonio Coscia	Vera Kapusta	Christine Moccia	Beverly Scala	Henriette Wilson
Anne Cruite	John Kelleher	Jack Moore	Anne Sember	Susan Zaleha
Hazel Curtis	Harry Kelley Jr.	Theresa Murillo	Nora Shea	Julia Zybert
Alice Dais	Jean Kelly	Loretta Myers	Anita Shortell	
Margaret Dalia-Theriauc	Mary Kilduff	Michelle Novak	Marie Shuster	

# July 2016


<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
				1) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 1:00 Zumba Gold
4)  <b>Closed in observance of the Fourth of July</b>  	5) 9:30 Quilting Class's 11:45 Senior Café <b>1:00 Bingo</b>	6) 9:30 Painting 10:00 Yoga 11:30 Strength Training  2:30 Zumba Gold	7) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 12:00 4th of July Luncheon 12:30 Pinochle  <b>3:00-4:00 Reiki</b>	8) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 1:00 Zumba Gold
11) 10:00-12:00 Haircuts 1:00 Country Line Dancing  <b>2:30-3:30 Water Color Painting</b>	12)  <b>10:00 Executive Brd Meeting</b>  9:30 Quilting Class 11:45 Senior Café <b>1:00 Bingo</b>	13) 9:30 Painting 10:00 Yoga 11:30 Strength Training  12:30 Zumba Gold	14) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Cafe 12:30 Pinochle  <b>3:00-4:00 Reiki</b>	15) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 1:00 Zumba Gold
18) <b>WELCOME BACK GLEE CLUB</b>  <b>9:30 Glee Club</b>  1:00 Country Line Dancing	19) Reg 9:00 AM A Taste of Providence 9/14/2016  9:30 Quilting Class 11:45 Senior Café <b>1:00 Bingo</b>	20) 9:30 Painting 10:00 Yoga 11:30 Strength Training 1 2:30 Zumba Gold	21) <b>9:00 Breakfast</b> 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Café 12:30 Pinochle <b>Membership meeting following breakfast</b> <b>3:00-4:00 Reiki</b>	22) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 1:00 Zumba Gold
25) 1:00 Country Line Dancing  <b>2:30-3:30 Water Color Painting</b>	26) 9:30 Quilting Class 11:45 Senior Café <b>1:00 Birthday Bingo</b>	27) 9:30 Painting 10:00 Yoga 11:30 Strength Training  12:30 Zumba Gold	28) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Café Ice Cream Social 12:30 Pinochle  <b>3:00-4:00 Reiki</b>	29) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 1:00 Zumba Gold





# JULY 2016 - SENIOR COMMUNITY CAFÉ



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	<p>Today this nation celebrates the 4<sup>th</sup> of July, with parades, and with fireworks lighting up the sky.</p> <p>Today commemorates the birth of freedom in this land, Freedom from oppression, with Father in command.</p> <p>Our Founding Fathers dreamed it, and wanted it to be A nation filled with people who loved true liberty.</p>				<p><b>1 SPECIAL LUNCH 4TH OF JULY:</b> Lemonade BBQ Beef Ribs Baked beans Coleslaw Wheat Roll Strawberry Shortcake</p>
<p><b>4 Office Closed</b></p> 	<p><b>5</b> Apple Juice Lemon Chicken Rice Pilaf Carrots Pumpernickel Bread Chocolate Chip Cookie</p>	<p><b>6</b> Lentil Soup w/ LS Crackers Seafood Salad Plate Marinated Cucumber Salad Lettuce &amp; Tomato Portuguese Roll Fresh Fruit</p>	<p><b>7</b> Hamburger Potato Salad Lettuce, Tomato &amp; Pickle Ketchup Wheat Bun Grapes</p>	<p><b>8</b> Spinach Quiche Fresh Zucchini Broiled Tomato Herbed Breadstick Fruit Cocktail</p>	
<p><b>11</b> Grape Juice Herb Baked Chicken Brown Rice Pilaf Peas Marble Rye Chocolate Cake</p>	<p><b>12</b> Meatloaf w/ Gravy Mashed Potatoes Roman Veggie Blend Multigrain Dinner Roll Peaches</p>	<p><b>13</b> Pineapple Juice Spaghetti w/ Chicken Meatballs Bean Blend Garlic Bread Fruited Jello</p>	<p><b>14 SPECIAL LUNCH BASTILLE DAY:</b> Chicken Cordon Bleu Rice Pilaf French Green Beans Croissant Strawberry Shortcake</p>	<p><b>15</b> Egg Salad Three Bean Salad Tossed Salad w/ Cucumber &amp; Vinaigrette Dressing Croissant Melon</p>	
<p><b>18</b> Pulled Pork w/ BBQ Sauce Baked Beans Coleslaw Wheat Bun Fresh Fruit</p>	<p><b>19</b> Italian Wedding Soup w/ LS Crackers Grilled Chicken Caesar Salad (Grilled Chicken, Romaine Salad) w/ Caesar Dressing Garlic Breadstick Fruit Cocktail</p>	<p><b>20</b> Crab Cake w/ Tartar Sauce Rice Pilaf Broccoli Slaw Marble Rye Pineapple</p>	<p><b>21</b> Apple Juice Turkey w/ Gravy Mashed Potatoes Peas &amp; Onions Wheat Dinner Roll Coffee Cake</p>	<p><b>22</b> Apple Juice Cheese Baked Ziti w/ Parmesan Cheese Riviera Blend Italian Bread Ice Cream Cup</p>	
<p><b>25</b> Beef Chili Baked Potato Mexicali Blend Veggies Corn Bread Apricots</p>	<p><b>26</b> Grape Juice Sausage Pasta w/ Broccoli Rabe Carrots Multigrain Dinner Roll Tapioca Pudding</p>	<p><b>27</b> Philly Cheese Steak w/ Peppers &amp; Onions Sweet Potato Fries Wheat Grinder Roll Fresh Fruit</p>	<p><b>28</b> Mandarin Chicken Vegetable Lo Mein Oriental Veggie Blend Wheat Bread Mandarin Oranges</p>	<p><b>29</b> Pineapple Juice Potato Crusted Fish Rice Pilaf Cauliflower &amp; Roasted Red Pepper Multigrain Bread Pound Cake</p>	

The entrée may be substituted for a BAKED CHICKEN QUARTER on the following days:

June 18

**TEAM, INC. 30 ELIZABETH STREET, DERBY, CT 06418 - 736-5420**

**MENUS SUBJECT TO CHANGE DUE TO AVAILABILITY - All meals include milk and margarine.**

## Free Printable Word Search Puzzles

## Fourth Of July

Find and circle all of the words that are hidden in the grid.  
The remaining letters spell an Abraham Lincoln quotation.

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L B C E L G A E D L A B N T H L O D S
A E S E F E W P A T R I O T I C E N T
V N H O L D E S N E A Y G B I C O H R
I F S F O E R T K T E A E N O O O E E
N R T E A Y B A I D L R C R L M E Y C
R A R S T R C R O F T I A L A M C T N
A N E U S O B S A Y P T A S F A N O O
C K A O M T H A O T I B J T R H E D C
E L M H A S O N I O I E R C E B D O B
B I E E D I T D N H F O O P E A N O E
A N R T A H D S S F P M N A D S E H T
R G S I N D O T E E E L S R O E P N S
B Y E H H E G R R D V E E A M B E O Y
E A I W O I S I Y T R A P D T A D I R
C D N N J O A P O T F O R E A L N T O
U I O T N S R E G R U B M A H L I A S
E L L H U E M S K R O W E R I F I N S
S O O R E D W H I T E B L U E E L H V
E H C M E H T N A L A N O I T A N S P

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BALD EAGLE	CONCERTS	HOLIDAY	PATRIOTIC
BALLOONS	DECORATIONS	HOT DOGS	PHILADELPHIA
BARBECUE	DEMOCRACY	INDEPENDENCE	PICNIC
BASEBALL	FIREWORKS	JOHN ADAMS	RED WHITE BLUE
BEN FRANKLIN	FLAG	LIBERTY	STARS AND STRIPES
BETSY ROSS	FLOATS	NATIONAL ANTHEM	STREAMERS
CAKE	FREEDOM	NATIONHOOD	THOMAS JEFFERSON
CARNIVAL	GREAT BRITAIN	PARADE	USA
CELEBRATION	HAMBURGERS	PARTY	WHITE HOUSE
COLONIES	HISTORY		

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