VISIT US AT 293 MAIN STREET DERBY, CT 06418 PHONE US AT (203) 736-1484 EMAIL US AT SENIORCENTER@DERBYCT.GOV

DERBY SENIOR CENTER NEWS

MAY 2017

It's hard to believe that we are into the month of May. Where does the time go? I would like to take this opportunity to wish all of our woman members a Happy Mother's Day. You don't have to be a Mom to be recognized for this day. You can be an Aunt, a Cousin or a Mom to your cats and dogs. We will be having our Mother's Day Luncheon on May 11th, with Phil Martino entertaining us.

Happy Memorial Day! Also, let's remember to honor our vets for our freedom. We offer a Veteran's Support Center every Friday from 9:00 AM-4:30 PM to give back to those who have sacrificed for our country.

Please bring in your unwanted treasures for The Tag Sale on Derby Day scheduled for June 24th.

The Agency on Aging of South Central CT is looking for paintings or photography which are framed and made by Seniors over 60 years young for The Art of Aging Show being held on May 18, 2017. It would be great for someone to represent the Derby Senior Center at this event. For further information please contact the Derby Senior Center.

The Intergenerational Group will be sponsoring an All American Picnic with food, music, and games at Ansonia High School Cafeteria on May 25th from 4:30-7:00 PM. Cost is \$ 5.00 PP. Sign up at the Center.

Just letting people know in advance that dues will be going up July 1, 2017 to \$ 6.00 per year for Derby residents and \$ 8.00 a year for non-residents.

I would like to take this time to thank Big Y for their donation of a \$ 25.00 gift card for one of our functions.

Meet the Executive Board

Hi, I'm Lynette Jordan, President of the Board of the Derby Senior Center. I saw a demonstration by the Tai Chi class from the center at Derby Day many years ago. I came to class that year. My next interest was to attend Westchester Dinner Theatre. Now I have a reason to be here several days a week and I am glad to serve on the board.

SPECIAL POINTS OF INTEREST:

- The Elderly Commission will meet on Monday, May 1st, at 3:00 PM.
- The Executive Board will meet on Tuesday, May 9th, at 10:00 AM.
- The Activities Committee will be meeting on Tuesday, May 9th, at 11:00 AM. All are welcome.
- Parish Nurse from Griffin Hospital will be here for blood pressure checks on Tuesday, May 16th, from 11:00 AM-2:00 PM.
- Counseling is available for those of you who have any questions on Medicare. Please call the Center at (203) 736-1484 to schedule an appointment.
- We will be closed May 29th, in observance of Memorial Day.
- On May 22, 2017, there will be a slide show at 1:00 PM for The Magical Christmas Markets of Austria and Germany scheduled for Nov 25, - Dec. 1, 2017.

MONTHLY REMINDERS

- ◆ HAIRCUTS will be on Monday, May 8,2017 from 10:00 AM-12:00 PM. Please call 203-736-1484 for an appointment. Price is \$10.00.
- <u>BIRTHDAY BINGO</u> will be held on Tuesday, May 23, at 1:00 PM. Thank you to Birmingham Health Center for hosting this wonderful event with prizes and treats.
- Visit us online at www.facebook.com/derbyseniorcenter
- Every Friday Veteran Counseling: Contact Roberto Santos @ 203-795-0148, Andy Cota @ 203-736-8882, Paul Lutson @ 203-736-8882
- We are looking for donations for our tag sale for Derby Day on June
 24th. Please check your attics and basements.



FOR YOUR INFORMATION

In Loving Memory

Mary Ann Tracz

Helen Migani

Mary Mahoney

*Please remember to send a self addressed, stamped envelope with your membership dues. We will mail your new membership card to you.

<u>Please pay and pick up tickets in advance of function.</u>

Please no registrations before May 1, 2017 for <u>in house</u> functions.

Check dates for registration for trips.

Current Trip Schedule 2017

Warner Theatre Follies	Register 3/14	May 7, 2017
Newport Playhouse	Register 3/21	May 25, 2017
Twin River Casino & Show	Register 4/18	June 15, 2017
Sail Boston 2017	Register 3/28	June 19, 2017
Coins & Claws Lobster & Casino	Register 5/9	July 6, 2017
Radio City Summer Spectacular	Register 5/23	July 19, 2017
Block Island	Register 5/16	July 25, 2017
Quebec City Tall Ships	Register 4/25	July 18-21, 2017
America's Music Cities (3)	Register 1/24	September 10-17, 2017
Maine Coastal Getaway	Register 4/11	September 11-13, 2017



Mother's Day Luncheon Thursday, May 11, 2017

Price \$ 6.00 Time 11:45AM

Salad, Stuffed Chicken Thighs, Scalloped Potatoes, Vegetable, Roll, Cream Puffs and Eclairs for Dessert Entertainment by Phil Martino—The Guitar Man

A Poem to Mom submitted by Stacia

For all of your love, for every care, for all of your smiles and tenderness to share, for every prayer you taught me to have strength in my faith, things too numerous to mention when I always made you wait. For all the times you corrected me when I made a silly mistake, you brought me so much joy. It's really needless to say from day one, until you went away. Though there was no time for a farewell, in my heart, you clearly dwell. For without you, Mom, don't you see, there certainly and clearly would be "No Me". God Bless you in Heaven on Mothers Day!

May Breakfast Thursday, May 18, 2017



Price \$ 4.00 Time 9:00 AM

Juice, French Toast with assorted toppings, Hard Boiled Egg, Sausage & Potatoes-Coffee, Tea and Prizes

Glee Club Concert & Special Memorial Day Luncheon



<u>Luncheon</u> Thursday, May 25, 2017

Price \$ 5.00 Time 12:00

Hot Dog wrapped in a Croissant with Cheese, Baked Beans, Cole Slaw, Deviled Eggs & Rice Pudding

Registrations for May 2017



Coins & Claws Lobster & Casino Thursday, July 6, 2017 Price \$69.00 Registration Date 5/9/2017

First we will depart en route to Abbott's Lobster In The Rough in Noank, CT. Abbott's has been voted one of the best lobster shacks in new England. We will be dining next to the scenic harbor, on a dock where you can watch the boats on the Mystic River, while you enjoy your lunch. Your entrée options include a choice of steamed lobster or herb roasted chicken, served complete with all the trimmings.

After lunch, we will head over to Mohegan Sun Casino. Here you will receive a casino package including a food credit. Enjoy several hours of gaming on your own. You won't want to miss the Getaway filled day with coins and claws!



New York Summer Spectacular with the Rockettes Wednesday, July 19, 2017 Price \$149.00 Registration May 23, 2017

We will depart from the Center in route to the Big Apple. When we arrive we will enjoy lunch at the famous Italian restaurant **CARMINE'S.** Your meal will be served family style with platters of *Rigatoni & Broccoli and Chicken Marsala*. After we fill our stomachs we will head over to Radio City Music Hall. Here we will sit back and relax and watch the Rockettes perform there energetic, precision dancing and a classic meets contemporary musical that awakens the imagination. The show is choreographed by Mia Michaels, well-known for her work on Fox's <u>So You Think You Can Dance</u>.



Block Island Beaches, Bluffs & Bays Tuesday, July 25, 2017 Price \$ 131.00 Registration 5/16/2017

We will head en route to Point Judith, RI where we will travel by Ferry to Block Island, RI. Once called "just a little sandy spot," this island is blessed with beaches, seas, gently rolling hillsides with dotted wildflowers, hollows crisscrossed with rambling stone fences, water ponds and quaint architecture that is vintage Victorian. We will have a local guide meet the bus and give us a narrated tour of the island. Along the way we will stop at the National Hotel for a complete luncheon consisting of a choice of Herb Baked Salmon, Pan Fried Chicken or a Jumbo Crab cake, each served with all the trimmings. After lunch we will finish our tour and return to the mainland by ferry. You won't want to miss this memorable day on Block Island.

May 2017

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
1) 11:15-12:00 Strength Training Class 1:00 Glee Club 3:00 Elderly Commission	2) 9:30 Quilting Class 11:45 Senior Café 1:00 Bingo	3) 9:30 Painting 9:30 Yoga 9:30 Camera And Computer Photography Workshop 11:30 Strength Training 12:30 Zumba Gold	4) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Café 12:30 Pinochle 1:00-3:00 New Craft Class	5) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 1:00 Zumba Gold
YIEE		~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	BICYCLE	ZÜMBA
8) 10:00 Haircuts 11:15-12:00 Strength Training Class 1:00 Glee Club 3:00-4:30 Water Color Paint Class	9) Registration for Coins & Claws 9:30 Quilting Class 10:00 Executive Brd Meeting 11:00 Activities Commit- tee Meeting 11:45 Senior Café 1:00 Bingo	10) 9:30 Painting 9:30 Yoga 9:30 Camera And Computer Photography Workshop 11:30 Strength Training 12:30 Zumba Gold	11) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Mother's Day Luncheon 12:30 Pinochle 1:00-3:00 New Craft Class	12) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 1:00 Zumba
15) 11:15-12:00 Strength Training Class 1:00 Glee Club	16) Registration for Block Island 9:30 Quilting Class 11:00-2:00 Blood Pres- sure Screening 11:45 Senior Café 1:00 Bingo	17) 9:30 Painting 9:30 Yoga 9:30 Camera And Computer Photography Workshop 11:30 Strength Training 12:30 Zumba Gold	18) 9:00 Breakfast 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 12:30 Pinochle 1:00-3:00 New Craft Class	19) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 1:00 Zumba Gold
22) 11:15-12:00 Strength Training Class 1:00 Glee Club 3:00-4:30 Water Color Paint Class	23) Registration for N.Y. Summer Spectacular with the Rockettes 9:30 Quilting Class 11:45 Senior Café 1:00 Bingo	24) 9:30 Painting 9:30 Yoga 9:30 Camera And Computer Photography Workshop 11:30 Strength Training 12:30 Zumba Gold	25) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 12:00 Glee Club Con- cert & Memorial Day Luncheon 12:30 Pinochle 1:00-3:00 New Craft Class	26) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 1:00 Zumba Gold
Closed for Memorial Day	30) 9:30 Quilting Class 11:45 Senior Café 1:00 Bingo	31) 9:30 Painting 9:30 Yoga 9:30 Camera and Computer Photography Workshop 11:30 Strength Train- ing 12:30 Zumba		

May Birthdays

Frances Allegrini

Dorothy Allison

Carolyn Balusek

Rose Bassi

Carol Boynton

Mary Brickett

Carmel Brown

Florence Brown

MaryAnn Brozak

Barbara Carey

Joanne Carlino

Ralph Cavallaro, Jr.

JoAnn Cecarelli

Ernestina Chella

William Cooke

Brenda Cusack

Elizabeth D'Ambrosio

Wilhemina D'Amico

Susan Dargiewicz

Jennifer Desroches

Anna Douglas

Jeannette Esposito

Phyliss Fabelinsky

Dominick Facin

Rose Marie Garofalo

Barbara Gilloren

Amelia Gomez

Nancy Goodwin

Margaret Grabiec

Joan Guliano

Mary Ann Guliuzzo

Fern Hartley

James Hawks

Jacquelyn Horesco

Delsada Jackson

Julie Jerzyk

Cynthia Kadish

Joseph Kalakay

Kathy Kalynowski

Agnes Karlak

Muriel Knoll

Phyllis Kosar

Rosemarie Koval

Stanley Koval

Cheryl Kowalik

Elizabeth Krauchick

Leon La Fortune

Frank Lasella

Louise Magyar

Lois Marcucio

Rosemary Martone

Brenda Maseizik

Georgette McFarland

Margaret Millea

Frank Minuto

Madeline Moore

Robert Morin

Joanne Moscato

Barbara Muggeo

Sarah Murray

John Mysliwiec

Sylvia Naylor

Cynthia Nicoletti

Mary Nowakowski

Lillian O'Connor

Sophiann Oliwa

Mary Orkis

Grace Pacitto

Dolores Pascale

Kay Pelletier

Carmella Perri

Francis Plude

Barbara Plude

Edward Pochy

Shirley Podgorski

Nancy Rogers

Susan Sastram

Joseph Scaglia

Dorothy Scavone

Dorothy Scott

Loretta Sexton

Barbara Smith

Rose Soncarato

Elizabeth Sorcinelli

Daniel Sorcinelli

Janet Spinning

Sharon Staffieri

Barbara Standley

Alice Stenger

Linda Swinski

Charlotte Szabo

Patricia Szlachetka

Richard Thompson

Bernadette Tonucci

Nancy Valentine

Irma Ware

Vera Weissman

Rena Wesolowski

Patricia Wigglesworth

Walter Yakimovich



May 2017 - Senior Community Café



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hungarian Goulash Bowtie Noodles Carrots Rye Dinner Roll Fresh Fruit	2 Cream of Zucchini Soup w/ Crackers BBQ Chicken Quarter Potato Wedges Broccoli Dinner Roll Fruit Cocktail	3 Sweet and Sour Pork Brown Rice Oriental Blend Veggies Multigrain Bread Fresh Orange Wedges	4 Roast Beef w/ LS Gravy Mashed Potato Corn & Red Pepper Wheat Bread Fresh Fruit	5 de Mayo Lunch: Taco Bake w/ Tortilla Chips Lettuce, Tomato, Cheese, Sour Cream & Taco Sauce Fiesta Corn Lime Jell-O w/ Fruit & Whipped Topping
8 Roasted Chicken w/ LS Gravy Brown Rice Pilaf Glazed Carrots Rye Bread Pears	9 Beef Stew Baked Acorn Squash Spinach Biscuit Fresh Fruit	10 Breaded Fish w/ Tartar Sauce & Lemon Potato Wedges Bean Blend Ketchup Wheat Bread Peach Crisp	11 Grape Juice Whole Grain Spaghetti w/ Meat Sauce Fresh Zucchini Parmesan Cheese Italian Bread Chocolate Chip Cookie	12 SPECIAL LUNCH Fresh Fruit Cup Spinach, Broccoli, Mushroom Quiche Home Fries Tossed Salad w/ Tomato & Italian Dressing Cinnamon Coffee Cake
15 Apple Juice Swedish Meatballs Bowtie Noodles Green Beans Wheat Bread Carrot Cake	16 Roast Pork w/ LS Gravy Smashed Potato Broccoli Pumpernickel Bread Applesauce	17 Unstuffed Cabbage Brown Rice Carrots Rye Bread Pineapple	18 Vegetable Soup w/ Crackers Chicken Picatta Roasted Potato Peas Multigrain Dinner Roll Fresh Fruit	19 Cranapple Juice Eggplant Rolatini Penne w/ Sauce Spinach w/ White Beans Parmesan Cheese Garlic Bread Vanilla Pudding
22 Pasta Fajiole w/ Unsalted Crackers Cold Cut Grinder (Turkey/Ham/Cheese Lettuce & Tomato) Three Bean Salad Mustard Grinder Roll Sliced Apples	23 Pot Roast w/ LS Gravy Mashed Sweet Potato Mixed Vegetables Cranberry Sauce Family Grain Bread Applesauce	24 Chicken Teriyaki Fried Rice Snap Peas Rye Bread Pineapple Tidbits	25 SPECIAL LUNCH Cheeseburger w/ Sautéed Onions & Peppers Potato Salad Baked Beans Pickle Wedge Ketchup Hamburger Roll Blueberry Pie	26 Cheese Omelet Roasted Squash Grilled Vegetables Whole Grain Muffin Fresh Fruit
Office Closed Memorial Day	29 Whole Grain Spaghetti w/ Chicken & Beef Meatballs in Sauce Italian Blend Parmesan Cheese Garlic Breadstick Mandarin Oranges	30 Cranberry Juice Beef & Bean Chili Baked Potato Half Tossed Salad w/ Shredded Carrot & Ranch Dressing Multi Grain Bread Marble Cake	Haf	ers Day

The entrée may be substituted for a BAKED CHICKEN QUARTER on the following days: May 3 & 16

~ Reservations must be made the day before by 10:00 am ~ ~Meals subject to change without notice when there is a weather related closing the day prior~

TEAM, INC. 30 ELIZABETH STREET, DERBY, CT 06418 - 736-5420 MENUS SUBJECT TO CHANGE DUE TO AVAILABILITY - All meals include milk and margarine.

Free Printable Word Search Puzzles

Flowers

Find and circle all of the flowers that are hidden in the grid.

The remaining letters spell a secret message - a quotation from *Romeo and Juliet*.

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