

VISIT US AT 293 MAIN STREET•DERBY, CT 06418
PHONE US AT (203) 736-1484
EMAIL US AT SENIORCENTER@DERBYCT.GOV

DERBY SENIOR CENTER NEWS

JULY 2017

Summer has arrived. Happy Fourth of July! The Derby fireworks are scheduled for July 3rd. Rain date July 5th. Make sure you come and take advantage of the great display! Our building will be open to use the facilities and refreshments will be served.

Starting Thursday, July 6th, Mary Jo Chevrella will be conducting Reiki and Soft Touch classes. Sessions are approximately fifteen minutes long. At this time there is no charge for this class. Mary Jo should be completing training to do a therapeutic session also, which she will include. Give us a call to sign up.

The painting class is looking for small baby food jars to put their paint into. Please drop them off at the main office. Thank you in advance.

Senator Logan will be at the Center on July 20th at 11:15 AM to inform us about Legislative updates. There will be a question and answer period. Refreshments will be provided.

We would like to take the opportunity to say Thank You to Shady Knoll for the delicious desserts they supplied for us at our Father's Day Luncheon.

Meet the Executive Board Member

My name is Mary Jo Chevrella. I am currently the Recording Secretary on the Board. I joined the Senior Center in 2013 for socialization and have made many friends. You may see me around the kitchen volunteering on Thursdays. I also volunteer at Griffin Hospital doing Soft Touch and Reiki to patients. I will be starting in July to hold sessions here. I am also in the knitting and crocheting group.

Interim Director, Susan Churchill

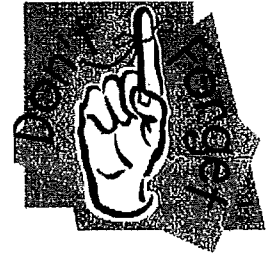


SPECIAL POINTS OF INTEREST:

- The Elderly Commission will be off for the summer months. Next meeting scheduled for September 11, 2017
- The Executive Board will meet on Tuesday, July 11th at 10:00 AM.
- The Activities Committee will be meeting on Tuesday, July 11th at 11:00 AM. All are welcome.
- Parish Nurse from Griffin Hospital will be here for blood pressure checks on Tuesday, July 18th, from 11:00 AM-2:00 PM.
- Counseling is available for those of you who have any questions on Medicare. Please call the Center at (203) 736-1484 to schedule an appointment.
- We will be closed Tuesday July 4th in observance of Independence day.
- **Membership Meeting**
July 27, 2017 at 10:00 AM.



MONTHLY REMINDERS



- ♦ **HAIRCUTS** will be on Monday, July 10, 2017 from 10:00 AM-12:00 PM. Please call 203-736-1484 for an appointment. Price is \$10.00.
- ♦ **BIRTHDAY BINGO** will be held on Tuesday, July 25, at 1:00 PM. Thank you to Birmingham Health Center for hosting this wonderful event with prizes and treats.
- ♦ Visit us online at www.facebook.com/derbyseniorcenter
- ♦ **Every Friday Veteran Counseling:** Contact Roberto Santos @ 203-795-0148, Andy Cota @ 203-736-8882, Paul Lutson @ 203-736-8882
- ♦ **Holiday Hill Senior Outing is scheduled for Monday, August 21, 2017 from 9:00-4:00. Tickets are limited, please sign up early.**

FOR YOUR INFORMATION

In Loving Memory

Carmella Perri

Florence Klezovich

Alice Struwas

**Please remember to send a self addressed, stamped envelope with your membership dues. We will mail your new membership card to you.*

Please pay and pick up tickets in advance of function.

Please no registrations before July 1, 2017 for in house functions.

Check dates for registration for trips.

Current Trip Schedule 2017

Big "E" CT Day	Register 7/11	September 20, 2017
Newport Playhouse "Self-Help"	Register 7/11	September 12, 2017
Cape Cod Scallop Fest	Register 7/18	September 22, 2017
The Inspiring Intrepid	Register 7/25	September 28, 2017
Saratoga Off to the Races	Register 6/6	August 3, 2017
Holiday Hill	Register 6/20	August 21, 2017
Lake George & Saratoga	Register 6/20	August 23-25, 2017
Showtime at the Log Cabin	Register 6/13	August 29, 2017
Radio City Summer Spectacular	CANCELLED BY RADIO CITY	
America's Music Cities (3)	CANCELLED	
Maine Coastal Getaway	Register 4/11	September 11-13, 2017

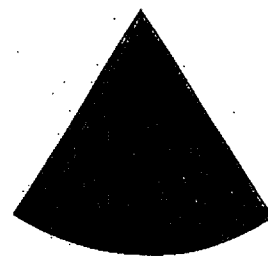


Summer Luncheon

July 13, 2017

Price \$ 6.00 Time 11:45 AM

Sausage, Pepper & Onion Grinder
Steak Fries, Corn on the Cob, Watermelon
Unlimited Coffee and Iced Tea



Summer Breakfast

July 27, 2017

Price \$ 4.00 Time 9:00 AM

Tomato Juice, Fruit Sticks,
Bacon, Egg & Cheese Croissant
Hash, Pastry
Unlimited Coffee & Tea
And Free Door Prizes



Registrations for July 2017



Newport Playhouse & Cabaret Restaurant

Lobsterfest Matinee, Featuring the Play Self-Help

Tuesday, September 12, 2017, Registration Date 7/11/2017

Price \$ 107.00

Today we will head for the Newport Playhouse and Cabaret Restaurant. Here we will enjoy a great buffet, a wonderful play and an fun filled cabaret. The Lobsterfest Menu includes 1 1/4 lb. Boiled Live Lobster, Shrimp Cocktail, Mussels in Wine, New England Clam Chowder, Corn on the Cob, Roasted Chicken, BBQ Chicken, Creole Shrimp and Rice, a variety of potatoes, salads, watermelon and desserts. After lunch, we will enjoy some of the finest entertainment available, with professional actors to delight you. Today's play is called Self-Help. It is the story about 2 struggling actors, Hal and Cindy Savage who reinvent themselves as self-help gurus and they become the world's most revered relationship experts. Unfortunately, while their careers skyrocket, their marriage nosedives, and they try to protect their reputations. Following the play you will go back to the dining room for a delightful Cabaret for music and laughter.



The "Big E

Connecticut Day, Wednesday September 20, 2017, Registration Date 7/11/2017

Price \$ 42.00

The Big E compasses a wide variety of events including: Entertainment, Storowton Village Museum, Shopping, Livestock, Rides, Food for all tastes and more. There's something for everyone here at The Big E!!



Cape Cod Scallop Festival & Mystery Stop Tour

Friday, September 22, 2017, Registration 7/18/2017

Price \$ 116.00

This morning we will be going to East Falmouth, MA for the 48th Annual Scallop Festival. which is held on the Cape Cod Fairgrounds. The Scallop Festival offers famous scallops, arts and crafts fair, rides, games, live music and more! Included in your admission ticket is a choice of Fried Scallops or a Herb-roasted Chicken dinner, served with French Fries, Cole Slaw, Roll and Butter, plus a choice of soda. You can enjoy your meal in the Big Tent with entertainment or take your meal outside and enjoy the view of the Cape Cod Canal and the famous Railroad Bridge. After exploring the Festival, we will depart for our Mystery Destination! We'll keep you guessing, but we promise it's a day you won't want to miss



The Inspiring Intrepid!

Thursday, September 28, 2017, Registration 7/25/2017

Price \$ 113.00

Today we will be traveling to New York City where we will have lunch at the Heartland Brewery. Here you will enjoy a choice of New York Strip Steak or Chicken Marsala, served with all the trimmings. After lunch we will visit The Intrepid Sea, and the Air & Space Museum. This Getaway is out of this world-you certainly won't want to miss it!!

The Center is also fortunate to be able to use the City's Van for some day trips. The Van only has seating for 10 people so you need to sign up early. The trips scheduled are as follows:










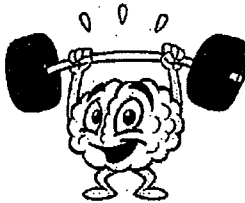



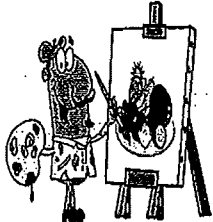


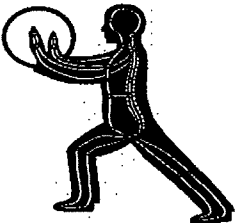

July 17th Madison Hotel Restaurant - Enjoy a lunch on your own and a walk on the beach Transportation cost \$ 11.00.

July 31st Chowder Pot Restaurant- Come and enjoy a day out at a great seafood Lunch. Lunch is on your own. Transportation cost \$ 10.00.

July 26th- Ivoryton Playhouse- see the classic Musical West Side Story. Price for Transportation and show is \$ 50.00. Lunch will be on your own.

August 14th- Jimmies Restaurant- come and enjoy a dayout at the beach and a good luncheon on your own. Price for Transportation \$ 10.00.

JULY

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p>3) Reg for Big "E" scheduled for 9/20/17 Strength Training Class cancelled for today Fireworks scheduled for 9:00 PM</p> 	<p>4) Closed for Independence Day</p> 	<p>5) 9:30 Painting 9:30 Yoga 11:30 Strength Training 12:30 Zumba Gold</p> 	<p>6) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Café 12:30 Pinochle 1:00-3:00 New Craft Class</p>	<p>7) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 1:00 Zumba Gold</p> 
<p>10) 10:00-12:00 Haircuts 11:15-12:00 Strength Training Class 3:00-4:30 Water Color Paint Class</p> 	<p>11) Reg for Newport Playhouse scheduled for Sept 12, 2017 9:30 Quilting Class 10:00 Executive Brd Meeting 11:00 Activities Committee Meeting 11:45 Senior Café 1:00 Bingo</p>	<p>12) 9:30 Painting 9:30 Yoga 11:30 Strength Training 12:30 Zumba Gold</p> 	<p>13) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Summer Luncheon 12:30 Pinochle 1:00-3:00 New Craft Class</p>	<p>14) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 1:00 Zumba</p> 
<p>17) 11:00 Depart for Madison Hotel 11:15-12:00 Strength Training Class</p> 	<p>18) Reg for Cape Cod Scallop Festival scheduled for Sept 22, 2017 9:30 Quilting Class 11:00-2:00 Blood Pressure Screening 11:45 Senior Café 1:00 Bingo</p>	<p>19) 9:30 Painting 9:30 Yoga 11:30 Strength Training 12:30 Zumba Gold</p> 	<p>20) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 12:30 Pinochle 1:00-3:00 New Craft Class</p> 	<p>21) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 1:00 Zumba Gold</p> 
<p>24) 11:15-12:00 Strength Training Class 3:00-4:30 Water Color Paint Class</p> 	<p>25) Reg for The Inspiring Intrepid Scheduled for Sept 28, 2017 9:30 Quilting Class 11:45 Senior Café 1:00 Birthday Bingo</p> 	<p>26) 9:30 Painting 9:30 Yoga 11:00 Depart Ivoryton Playhouse 11:30 Strength Training 12:30 Zumba Gold</p> 	<p>27) 9:00 Breakfast 9:30 Mahjongg 9:30 Pinochle 10:00 Membership meeting 10:00 Knitting & Crocheting 11:45 Senior Café 12:30 Pinochle 1:00-3:00 New Craft Class</p>	<p>28) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 1:00 Zumba Gold</p> 
<p>31) 11:00 Depart for Chowder Pot 11:15-12:00 Strength Training Class</p> 				



July Birthdays

Catherine Alfano	Patricia Gramigna	Veronica Pinchuk
Mary Baktis	Dorothy Hitchcock	John Pitt
Henry Barclay	Martha Insalaco	Carol Pluchino
Edith Behrle	Arlene Jachyra	Frank Pogwizd
Carol Black	Michael Jurik	Kate Poitras
Joseph Bonadies	Victor Kalynowski	Alice Pokladowski
Sheila Boyd	Vera Kapusta	Mary Postupack
JoAnn Brejwo	John Kelleher	Eugene Preneta
Rita Brouillette	Jean Kelly	Rose Rak
Joseph Brozak	Mary Kilduff	Michael Ranno
Mary Buckley	Pamela Killianey	Frances Raro
Mary Bujanauskas	Joseph Kopasz	Stanley Reichlin
Anne Bukowski	Janice Kuziak	Mary Rose
Mark Bush	Brenda Kymer	Diane Rosner
Carolyn Carloni	Elda Lagoy	Diane Rosner
Florence Cataudella	Catherine Lally	Alice Salvas
Diane Cataudella	Mindy Lenenthal	Sharon Sanford
Benjamin Chadarcewicz	Herbert Libby	Nora Shea
Genevieve Chaplick	Barbara Lynch	Elizabeth Simonetti
Anne Cruite	Coydine Mackie	Wallace Sloves
Hazel Curtis	Patricia Marcucio	Martha Smart
Margaret Dalia-Theriaque	Dorothy Marshall	Patricia Smith
Arlene Defeo	Robert Martovich	Margaret Soldra
Helen Dellolio	Barbara Martovich	Rosalind Spader
Sandra DePalma	Anna Mezzatesta	Anthony Staffieri
Margaret Donovan	Jean Michalak	Rhoda Stanislawski
Stephen Dripchak	Josephine Mierzejewski	Theresa Tappellini
Jean Far	Shirley Mikita	Onsi Tawadros
Gwendolyn Faugno	Janice Misiewicz	Theresa Tiano
Robert Federico	Christine Moccia	Anita Tomasco
August Firgau	Jack Moore	Gloria Trella
Louis Freiler	Theresa Murillo	Elizabeth Varrone
Ann Gabianelli	Michelle Novak	Paul Varsanik
Louise Gardo	Jack O'Toole	Anne Verbiskas
Robert Gaudio	Ralph Petrosino	Rita Vicdomino
Helen Giammario	Julia Petruzzuoli	Susan Zaleha



JULY 2017 - SENIOR COMMUNITY CAFÉ



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Pineapple Juice Tortellini & Ham Salad w/ Tomatoes & Peppers Broccoli Salad Italian Bread Italian Ice	 Happy 4th of July!! Office Closed	5 4th of July Lunch: Lemonade BBQ Beef Ribs Baked Beans Coleslaw Wheat Roll Strawberry Shortcake	6 Pineapple Juice Spaghetti w/ Meat Sauce Fresh Zucchini Garlic Bread Fruited Jello	7 Cream of Zucchini Soup w/ Crackers Fish Croquettes w/ Tartar Sauce Sweet Potato Tots Spinach Wheat Dinner Roll Melon
10 Sweet & Sour Pork Brown Rice Oriental Blend Veggies Multigrain Bread Fresh Orange Wedges	11 Pineapple Juice Eggplant Rolatini Penne Pasta w/ Sauce Roasted Cauliflower Italian Bread Ice Cream Cup	12 Italian Wedding Soup w/ Crackers Grilled Chicken Caesar Salad w/ Romaine Lettuce & Caesar Dressing Garlic Breadstick Fruit Cocktail	13 Bastille Day: Chicken Condon Bleu Rice Pilaf French Green Beans Croissant Fruit & Pudding Parfait w/ Topping	14 White Vegetable Lasagna Fresh Yellow Squash Tossed Salad w/ Cucumber & Vinaigrette Dressing Wheat Dinner Roll Tropical Fruit
17 BBQ Chicken Quarter Steak Fries Green Beans Wheat Bread Melon	18 Roast Pork w/ LS Gravy Smashed Potato Carrots Pumpnickel Bread Applesauce	19 Crab Cake w/ Tartar Sauce Wild Rice Pilaf Broccoli Slaw Multigrain Roll Mixed Berry Strudel	20 Tomato Basil Soup w/ Unsalted Crackers Egg Salad Sandwich Three Bean Salad Lettuce & Tomato Croissant Pears	21 Apple Juice Cheese Baked Ziti w/ Parmesan Cheese Riviera Blend Carrots Italian Bread Ice Cream Sandwich
24 Roasted Cauliflower Soup w/ Crackers Seafood Salad Plate Marinated Cucumber Salad Lettuce & Tomato Portuguese Roll Fresh Fruit	25 Apple Juice Spinach Chicken Quarter Yellow Rice w/ Vegetables Snap Peas Corn Bread Rice Pudding	26 Cranberry Juice Beef & Bean Chili Baked Potato Broccoli Multi Grain Bread Marble Cake	27 Stuffed Salmon w/ Lemon Sauce Mashed Butternut Squash Succotash Enriched Bread Apple Crisp	28 Spinach Quiche Fresh Zucchini Broiled Tomato Herbed Breadstick Fruit Cocktail
31 Tex Mex Chicken Spanish Rice Corn Cobbettes Corn Bread Fresh Orange Wedges	<div style="display: flex; align-items: center;">  <div style="margin-left: 20px;"> <p>Hamburgers and hot dogs cooked on the grill, Fireworks in the night giving us all a thrill. The country all decked in red white and blue. Friends all saying.. 'Happy 4th of July to you.'</p> <p>Poetry by Sharon Hendricks</p> </div> </div>			

The entrée may be substituted for a BAKED CHICKEN QUARTER on the following days: July 10

~ Reservations must be made the day before by 10:00 am ~

~Meals subject to change without notice when there is a weather related closing the day prior~

TEAM, INC. 30 ELIZABETH STREET, DERBY, CT 06418 - 736-5420

MENUS SUBJECT TO CHANGE DUE TO AVAILABILITY - All meals include milk and margarine.

Free Printable Word Search Puzzles

Fourth Of July

Find and circle all of the words that are hidden in the grid.
The remaining letters spell an Abraham Lincoln quotation.

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L B C E L G A E D L A B N T H L O D S
A E S E F E W P A T R I O T I C E N T
V N H O L D E S N E A Y G B I C O H R
I F S F O E R T K T E A E N O O O E E
N R T E A Y B A I D L R C R L M E Y C
R A R S T R C R O F T I A L A M C T N
A N E U S O B S A Y P T A S F A N O O
C K A O M T H A O T I B J T R H E D C
E L M H A S O N I O I E R C E B D O B
B I E E D I T D N H F O O P E A N O E
A N R T A H D S S F P M N A D S E H T
R G S I N D O T E E E L S R O E P N S
B Y E H H E G R R D V E E A M B E O Y
E A I W O I S I Y T R A P D T A D I R
C D N N J O A P O T F O R E A L N T O
U I O T N S R E G R U B M A H L I A S
E L L H U E M S K R O W E R I F I N S
S O O R E D W H I T E B L U E E L H V
E H C M E H T N A L A N O I T A N S P

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BALD EAGLE	CONCERTS	HOLIDAY	PATRIOTIC
BALLOONS	DECORATIONS	HOT DOGS	PHILADELPHIA
BARBECUE	DEMOCRACY	INDEPENDENCE	PICNIC
BASEBALL	FIREWORKS	JOHN ADAMS	RED WHITE BLUE
BEN FRANKLIN	FLAG	LIBERTY	STARS AND STRIPES
BETSY ROSS	FLOATS	NATIONAL ANTHEM	STREAMERS
CAKE	FREEDOM	NATIONHOOD	THOMAS JEFFERSON
CARNIVAL	GREAT BRITAIN	PARADE	USA
CELEBRATION	HAMBURGERS	PARTY	WHITE HOUSE
COLONIES	HISTORY		

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