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EMAIL US AT SENIORCENTER@DERBYCT.GOV

DERBY SENIOR CENTER NEWS

AUGUST 2017

Happy August! Hard to believe that we are entering the 8th month of this year. Where does the time go? I would like to thank the following people who volunteered their time on Derby Day: Charlotte Ritter, Dawn Ryan, Sandra Bush, Janis Yakimovich, Brenda Bazluk, Mary Jo Chevarella, and Lynette Jordan. Also, a big thank you to those people who dropped off items and made items to make this day a success.

Just a reminder that we are still accepting tag sale items for the Oct 21, 2017 Fair.

If anyone does not have air conditioning, you are welcome to come to the Center between the hours of 8:30 AM-4:30 PM to relax and cool off. If you are interested, we can set up the television so you can watch movies. We will be selling water for 50 cents a bottle.

I have spoken to Liz our Strength Training and Zumba class instructor about starting a tap dancing class. She would be more than willing to teach this class if enough people are interested. Tap shoes are not required. There was also some interest in having another Yoga class on Mondays with Beverly in the afternoon. If anyone is interested in either or both classes, please contact the Center at 203-736-1484.

Please note that we will be having a cruise scheduled for October of 2018 to the Panama Canal. If interested please contact the Center for further information.

Also, our Glee Club will be starting back up on August 14th. New members are needed.

Interim Director, Susan Churchill

Meet the Executive Board

My name is Dawn Ryan. I joined the Senior Center because a member had told me about the Crocheting and Knitting group. I moved recently from Seymour to Ansonia and I knew this would be a good place to meet new people. I volunteer at luncheons, fairs, craft group, Derby Day, and also help with the Christmas tree for the Wicke Health Center. I attend strength training classes and Tai chi classes.

SPECIAL POINTS OF INTEREST:

- The Elderly Commission will be off for the summer months. Next meeting scheduled for September 11, 2017
- The Executive Board will meet on Tuesday, August 8th at 10:00 AM.
- The Activities Committee will be meeting on Tuesday, August 8th at 11:00 AM. All are welcome.
- Parish Nurse from Griffin Hospital will be here for blood pressure checks on Tuesday August 15th, from 11:00 AM-2:00 PM.
- Counseling is available for those of you who have any questions on Medicare. Please call the Center at (203) 736-1484 to schedule an appointment.
- **Please remember that there will not be any Yoga classes for the month of August. Classes will resume on September 6, 2017**



MONTHLY REMINDERS



- ♦ **HAIRCUTS** will be on Monday, August 14, 2017 from 10:00 AM-12:00 PM. Please call 203-736-1484 for an appointment. Price is \$10.00.
- ♦ **BIRTHDAY BINGO** will be held on Tuesday, August 22, at 1:00 PM. Thank you to Birmingham Health Center for hosting this wonderful event with prizes and treats.
- ♦ Visit us online at www.facebook.com/derbyseniorcenter
- ♦ Every Friday Veteran Counseling: Contact Roberto Santos @ 203-795-0148, Andy Cota @ 203-736-8882, Paul Lutson @ 203-736-8882
- ♦ We still have a few openings to go to Jimmies Restaurant on August 14th for a lunch on your own. Transportation price is \$ 10.00

FOR YOUR INFORMATION

In Loving Memory

Joseph Jr Bassi, Margorie Kidd,
Margaret Freiler, Charles Migani,
Hazel Curtis, Gerald Hadden, Igna-
tius Spiteri, Stella Mesnick

**Please remember to send a self addressed, stamped envelope with your membership dues. We will mail your new membership card to you.*

Please pay and pick up tickets in advance of function.

Please no registrations before August 1, 2017 for in house functions.

Check dates for registration for trips.

Current Trip Schedule 2017

Vermont Fall Foliage	Register 8//15	October 12, 2017
Octoberfest at Brownstone	Register 8/22	October 13, 2017
Westchester Annie Get Your Gun	Register 8/29	November 9, 2017
Big "E" CT Day	Register 7/11	September 20, 2017
Newport Playhouse "Self-Help"	Register 7/11	September 12, 2017
Cape Cod Scallop Fest	Register 7/18	September 22, 2017
The Inspiring Intrepid	Register 7/25	September 28, 2017
Lake George & Saratoga	Register 6/20	August 23-25, 2017
Showtime at the Log Cabin	Register 6/13	August 29, 2017
Maine Coastal Getaway	Register 4/11	September 11-13, 2017
Panama Canal Cruise	Register 8/15	October 8-18, 2018



August Luncheon

August 10, 2017

Price \$ 6.00 Time 11:45 AM

Pepperoni and Cheese Platter

Salad

Potato Bar with the following items of choice:

*Sour cream, Broccoli, Bacon Bits, Chives,
Shredded Cheese, Butter*

Ambrosia for Dessert



August Breakfast

August 24, 2017

Price \$ 4.00 Time 9:00 AM

Chef Surprise

Bottomless cup of Coffee or Tea

Free Door Prizes



Registrations for August 2017



Vermont Fall Foliage Tour

Thursday, October 12, 2017, Registration 8/15/2017

Price \$ 97.00 Per Person

Today we will head for the beautiful Green Mountain State. The first stop will be the Kringle Candle Company in Bernardstown, MA. The Candle Store has over 200 fragrances. The Country Barn features gifts, gourmet food items and sweets, olive oils and teas, country home décor, jewelry, bath and body and more. Then for those that have a sweet tooth we will go to the Chocolate Cottage which has a wide selection of chocolates, fudge, and candies and also offers samples of its goodies!

Now don't fill up on candy, because our next stop is the New England House for Lunch. Here you may choose from the following entrees: New England Beef Pot Roast, Orange Tarragon Salmon or Butternut Squash Ravioli.

The last stop will be the Apple Barn and Country Bake Shop in Bennington, VT. What a better way to experience Vermont products and souvenirs, country bake shop, café and ice cream parlor and, of course, their own home grown apples and berries~! Included in this visit will be a delicious slice of apple pie a la mode that you can savor.



Octoberfest At The Brownstone

Traditional Bavarian-Style Festival Party Presented by Ace In The Hole

Friday, October 13, 2017, Registration 8/22/2017

Price \$ 109.00 Per Person

Today we will depart from Derby and travel to the Brownstone, located in Patterson, NJ, for an Octoberfest Celebration. This is a celebration of the Arrival of Autumn! Alex Meiner and his band will set the mood with great drinking, songs and dancing tunes. There will also be German dancing, as well as bell ringing by Alys Schaffer.

Lunch is included which consists of Knockwurst and Roast Chicken served family style, complete with all the fixings. You'll also enjoy 2 complimentary drinks, and free soda. The Brownstone also has an all day Boutique Shopping, Door Prizes and 50-50 Raffles.










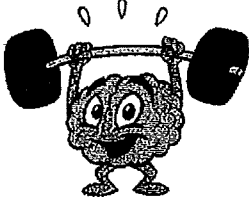
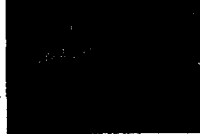





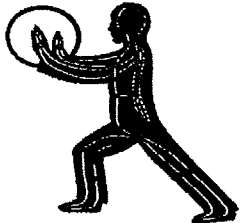


Westchester Broadway Theatre Presents "Annie Get Your Gun"

Thursday, November 9, 2017, Registration 8/29/2017

Price \$ 99.00 Per Person

Let's go and enjoy a matinee performance at the Westchester Broadway Theatre where lunch is included. You will receive a choice of entrée upon arrival. After lunch we'll watch Annie Get Your Gun, with music and lyrics by Irving Berlin. Annie Oakley is the best shot around, and she manages to support her little brother and sisters by selling the game she hunts. When Col. Buffalo Bill Discovers her he persuades her to join his Wild West Show,. Here she falls head over heels for dashing shooting ace Frank Butler, who headlines the show. Butler hightails if off to join a rival show, his bruised male ego leading the way, in a final shoot out with Annie. The rousing, sure-fire finale hits the mark in a testament to the power of female ingenuity.

August 2017



<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	<p>1) 9:30 Quilting Class 11:45 Senior Café 1:00 Bingo</p> 	<p>2) 9:30 Painting Yoga next class September 6th, 2017 11:30 Strength Training 12:30 Zumba Gold</p> 	<p>3) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Café 12:30 Pinochle 1:00-3:00 New Craft Class Reiki session by appointments</p>	<p>4) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 1:00 Zumba Gold</p> 
<p>7) 11:15-12:00 Strength Training Class 3:00-4:30 Water Color Paint Class</p> 	<p>8) 9:30 Quilting Class 10:00 Executive Brd Meeting 11:00 Activities Committee Meeting 11:45 Senior Café 1:00 Bingo</p> 	<p>9) 9:30 Painting Yoga next class September 6th 11:30 Strength Training 12:30 Zumba Gold</p> 	<p>10) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Cafe 12:30 Pinochle 1:00-3:00 New Craft Class Reiki session by appointments</p>	<p>11) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 1:00 Zumba</p> 
<p>14) Departing for Jimmies Restaurant 11:15-12:00 Strength Training Class</p> 	<p>15) Registration for Vermont Fall Foliage Tour 10/12/17 9:30 Quilting Class 11:00-2:00 Blood Pressure Screening 11:45 Senior Café 1:00 Bingo</p> 	<p>16) 9:30 Painting Yoga next class September 6th 11:30 Strength Training 12:30 Zumba Gold</p> 	<p>17) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Cafe 12:30 Pinochle 1:00-3:00 New Craft Class Reiki session by appointments</p> 	<p>18) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 1:00 Zumba Gold</p>
<p>21) Departing for Holiday Hill 11:15-12:00 Strength Training Class 3:00-4:30 Water Color Paint Class</p> 	<p>22) Registration for Octoberfest at the Brownstone 10/13/17 9:30 Quilting Class 11:45 Senior Café 1:00 Birthday Bingo</p> 	<p>23) Departing for Lake George & Saratoga 9:30 Painting Yoga next class September 6th 11:30 Strength Training 12:30 Zumba Gold</p> 	<p>24) 9:00 Breakfast 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Café 12:30 Pinochle 1:00-3:00 New Craft Class Reiki session by appointment</p>	<p>25) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 1:00 Zumba Gold</p> 
<p>28 11:15-12:00 Strength Training Class</p> 	<p>29) Registration for Westchester Broadway Theatre Annie Get Your Gun 11/9/17 Departing for Showtime at the Log Cabin 9:30 Quilting Class 11:45 Senior Café 1:00 Bingo</p>	<p>30) 9:30 Painting Yoga next class September 6th 11:30 Strength Training 12:30 Zumba Gold</p> 	<p>31) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Café 12:30 Pinochle 1:00-3:00 New Craft Class Reiki session by appointments</p>	

August Birthdays

Ellen Amodeo	Mary Holden	Joan Pastore
Biagio Bartone	Irene Hudak	Joseph Persico
Gloria Biagioni	Winnifred Jordan	Frank Persico
Mary Lou Boroski	Elizabeth Kiehl	Nilda Planas
Gertrude Carreri	Helen Kosko	Susan Radcliffe
Florence Carroll	Nellie Krynitzky	Joseph Rak
Jacqueline Cayer	Mary LaBranche	Dale Ranno
Marilyn Chey	Constance Leniart	Nancy Rich
Janet Clarke	Jessie Lepeska	James Riordan
Donald Dains	Elizabeth Lepri	Juan Roldan
Mary D'Alessio	Thomas Lesnick	Lucille Roog
Mary Ann Della Rocco	Clara Lesnick	Margaret Root
Judith Diccico	Gloria Macaluso	Scharletta Samuel
Anna DiLisio	Margaret Macciocca	Stanley Saxe
Carmela DiStefano	Louis Macero	Beverlee Schroeter
Donna Doherty	Vivian Macero	Ruth Schuessler
Lillian Droniak	Bruna Maleri	Elaine Selling
David Erhardt	Janet Mansfield-Scaglia	Ronald Sill
Rose marie Fabiano	Joseph Marulli	John Simich
Earle Falvey, Jr.	Gail Mas	Esther Smidowicz
Hilda Feducia	Madeline McEvoy	Henry Smidowicz
Patricia C. Ferrara	Rita McEvoy	Karen Smith
John Garbien	Francis McGarry	Jeanette Sojka
Catherine Garris	Esther McLaughlin	Joyce Sweeney
Joseph Grammatico	Diane Millan	Lajos Szabo
Louis Greco	Lucille Moir	Eve Tarini
Josephine Greco	Cheryl Morgan	Gracinda Teixeira
Jean Hadden	Janice Napoletano	Nina Telep
Sally Haisley	Nancy Nimons	Verna Totilo
Nellie Hapak	Marilyn Noe	Peter Vaccaro
Olive Harlow	Georgia Oko	Jean Viens
Agnes Haussler	Irma Palko	John Walania
	Cheryle Parker	

AUGUST 2017 - SENIOR COMMUNITY CAFÉ



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Spinach Frittata Zucchini & Tomatoes Carrots Dinner Roll Melon	2 Mixed Fruit Juice Stuffed Shells Sausage Spinach w/ Garlic Italian Bread Chocolate Pudding	3 Orange Juice Philly Cheese Steak w/ Peppers & Onions Steak Fries Cucumber Salad Grinder Roll Carrot Cake	4 Rhode Island Clam Chowder w/ Crackers Pasta & Tuna Salad Beet Salad Lettuce & Tomato Garlic Breadstick Pineapple
7 Pineapple Juice Tortellini & Ham Salad w/ Tomatoes & Peppers Broccoli Salad Italian Bread Italian Ice	8 Grape Juice Herb Baked Chicken Brown Rice Pilaf Greek Style Green Beans Dinner Roll Chocolate Cake	9 Pulled Pork w/ BBQ Sauce Baked Beans Coleslaw Corn Bread Fresh Fruit	10 Pineapple Juice Spaghetti w/ Meat Sauce Fresh Zucchini Garlic Bread Fruited Jello	11 Cream of Zucchini Soup w/ Crackers Fish Croquettes w/ Tartar Sauce Sweet Potato Tots Spinach Wheat Dinner Roll Melon
14 Sweet & Sour Pork Brown Rice Oriental Blend Veggies Multigrain Bread Fresh Orange Wedges	15 Pineapple Juice Eggplant Rolatini Penne Pasta w/ Sauce Roasted Cauliflower Italian Bread Ice Cream Cup	16 Taste of Italy: Grape Juice Cannelloni Cheese Pasta w/ White Sauce Cauliflower & Zucchini Baked Tomato Half Italian Bread Chocolate Mousse w/ Whipped Cream	17 Hamburger Potato Salad Lettuce, Tomato & Pickle Ketchup Wheat Bun Peaches	18 White Vegetable Lasagna Fresh Yellow Squash Tossed Salad w/ Cucumber & Vinaigrette Dressing Wheat Dinner Roll Tropical Fruit
21 BBQ Chicken Quarter Steak Fries Green Beans Wheat Bread Melon	22 Roast Pork w/ LS Gravy Smashed Potato Carrots Pumpnickel Bread Applesauce	23 Crab Cake w/ Tartar Sauce Wild Rice Pilaf Broccoli Slaw Multigrain Roll Mixed Berry Strudel	24 Tomato Basil Soup w/ Unsalted Crackers Egg Salad Sandwich Three Bean Salad Lettuce & Tomato Croissant Pears	25 Apple Juice Cheese Baked Ziti w/ Parmesan Cheese Riviera Blend Carrots Italian Bread Ice Cream Sandwich
28 Roasted Cauliflower Soup w/ Crackers Seafood Salad Plate Marinated Cucumber Salad Lettuce & Tomato Portuguese Roll Fresh Fruit	29 Apple Juice Spinach Chicken Quarter Yellow Rice w/ Vegetables Snap Peas Corn Bread Rice Pudding	30 Cranberry Juice Beef & Bean Chili Baked Potato Broccoli Multi Grain Bread Marble Cake	31 Stuffed Salmon w/ Lemon Sauce Mashed Butternut Squash Succotash Enriched Bread Apple Crisp	

The entrée may be substituted for a BAKED CHICKEN QUARTER on the following days: August 9, 14, & 22

~ Reservations must be made the day before by 10:00 am ~

~ Meals subject to change without notice when there is a weather related closing the day prior ~

TEAM, INC. ELDERLY SERVICES 54 GROVE STREET SUITE 6, SHELTON, CT 06484

MENUS SUBJECT TO CHANGE DUE TO AVAILABILITY - All meals include milk and margarine.

Free Printable Word Search Puzzles

Birds

Find and circle all of the birds that are hidden in the grid.
The remaining letters spell an additional bird.

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W K D R E K C E P D O O W H
O W N R S W A N N F O J A Y
R A O U I G M I N G I V M T
C H E R L B T B N O U N U I
P T G E R R K I U L C R C M
E E I O A A M C T D K L O H
L E P M S A P U A E G C A U
I K O W L T R S Y L K I M F
C A L F H E R O N I B E E O
A R L C A R D I N A L V D N
N A U K C U D G C E S O O G
A P G R R O B I N H D D G B
R M A G P I E N E K C I H C
Y N E W R E N T O R R A P I
E R S D D R A V E N A N Y M

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BLACKBIRD
BUDGIE
CANARY
CARDINAL
CHICKEN
CRANE
CROW
DODO
DOVE
DUCK

EAGLE
EMU
FALCON
FINCH
FLAMINGO
GOOSE
HAWK
HERON
JAY
MAGPIE

MARTIN
MOCKINGBIRD
MYNA
OSTRICH
OWL
PARAKEET
PARROT
PELICAN
PIGEON
RAVEN

ROBIN
SEAGULL
SPARROW
SWAN
TURKEY
VULTURE
WOODPECKER
WREN

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