



the Lindsborg City View

Quarterly Newsletter - Issue 27 - August 2013

FLOOD OF LOVE

Motivation - n

- 1.) a : the act or process of motivating
b: the condition of being motivated
- 2.) a motivating force, stimulus, or influence:
incentive, drive

Monday, July 29, 2013 in Little Sweden, USA started out like many of the other days in July of 2013, cloudy, overcast, with a chance of rain. Lindsborg residents went about their day in a typical fashion not realizing that Mother Nature would send too much moisture too fast and twist their lives into turmoil. In an hour over five inches of rain fell and drenched our city. Basements were flooding, first responders were responding and residents were evacuating. Flash floods take a toll on individuals emotionally, financially and physically. With the ground saturated from nearly four inches of rain from recent rainfalls, the water had nowhere to go. Flowing over the diversion channel the water went through the north end of town. It was estimated that nearly twelve inches of rain fell on Lindsborg over the course of eleven days. This rainfall was equivalent to two 200-year floods. The chances of that happening back-to-back within eleven days is astronomical. While the residents of Lindsborg remain baffled at those odds, they are quick to lend a hand to those in need. Helping with the clean-up were neighbors, friends, Red Cross, groups involved with Voluntary Organizations Active in Disaster (VOAD) as well as our local Smoky Valley High School students and Bethany College students. "Community" is about helping those in need, and working through a disaster one step at a time. It is a trying time, but the support of the community is like being lent a comforting hand.



Toren Miller, Mark and Cindy Opat's grandson helps carry out boxes at his grandparent's home that was damaged by the flood.

--photo submitted by Jaime Priddy

A Flood of Love Community Potluck was held in Swensson Park on August 3rd to allow members of the community to express their concern for their neighbors and to help out with a meal. Citizens gathered, shared stories and enjoyed a little break from cleaning.

--photo by Shanley Loffer



Volunteers help fill sandbags. It was great to see everyone pitch in and help!

--photo submitted via email



Cash & check donations are being accepted at:

Peoples Bank to
Lindsborg Flood Relief

if anyone wishes to donate. The funds will be administered by T.A.C.O.L. for use in Lindsborg to those affected by the flood.



THE CITY OF LINDSBORG

Get Connected with Lindsborg

Stay informed about: local news, events and services.



Follow us on twitter @CityLindsborgKS



"Like" us on Facebook www.facebook.com/LindsborgCity

Visit our City web page at www.lindsborgcity.org



DOOR-TO-DOOR SALES

WHAT YOU NEED TO KNOW...

Lindsborg has some information about door-to-door sales that can make it easier to know who you're dealing with when you open your door. There is a difference between a canvasser/solicitor, a peddler and a transient merchant.



A canvasser or solicitor is any individual whose business is mainly carried on by traveling from place to place or house to house, taking or attempting to take orders for sale of goods, merchandise, or personal property of any nature whatsoever for future delivery, whether he or she is collecting advance payments on such sales or not.

A peddler is any person traveling from place to place or house to house, carrying or transporting goods, merchandise, farm products or provisions, offering for sale, or making sales and delivering articles to purchasers.

A transient merchant is any person who engages in a temporary business of selling and delivering goods and merchandise within the city, and who may, hire, lease, use or occupy any building, structure, motor vehicle, tent, or public room in hotels, lodging houses, apartments, shops or any street, alley or other place within the city, for the exhibition and sale of such goods, wares and merchandise, either privately or at public auction.

The City of Lindsborg has the authority to require peddlers and transient merchants to obtain a license/permit to sell door to door. The United States Supreme Court has ruled that we cannot require canvassers or solicitors to have a license to travel door to door.

Consequently, if a peddler or transient merchant knocks on your door, they must have a permit issued by the City Clerk in order to do business within the city limits. If they cannot show you their permit, please contact Public Safety at 785-227-2988. If the person at the door is a canvasser or solicitor, they are not required to have a permit. Either way, it is your choice whether or not to do business with them.



Council Member Contact Information



Councilman **David Higbee** dhigbee@lindsborgcity.org
Councilwoman **Becky Anderson** banderson@lindsborgcity.org

Mayor **Bill Taylor**
btaylor@lindsborgcity.org

Councilman **Rick Martin** rmartin@lindsborgcity.org
Councilman **W.R. Chestnut** wrchestnut@lindsborgcity.org

Councilman **Emile Gallant** egallant@lindsborgcity.org
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Councilman **Russ Hefner** rhefner@lindsborgcity.org
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CITY HALL - AUGUST 2013

safety first

Remember Mold Management and
Health and Safety Recommendations when Cleaning
after a Flood

Efficient and careful cleaning after a flood helps to curb sanitation problems resulting from the contaminants carried in floodwaters. These contaminants include silt, oils, chemicals and raw sewage. Rodents and insects often find a haven in the mess left from the floodwaters.

CLEANING YOUR HOME: Basements hit by floodwaters require disinfecting and cleaning. Don't remove water from the basement too quickly or the pressure from the saturated soil surrounding the basement may cause the walls to collapse. To help air out the basement, open windows and doors. Window exhaust fans can be helpful, but take care in selecting a place to put the fan to avoid risk of electrical shock. Before beginning a flood clean-up, check to see if your tetanus booster shot is current.

MOLD

Molds can be found almost anywhere on the interior and the exterior of any commercial or residential structure regardless of when it was built or where it is located geographically. Mold can grow on virtually any organic substance, as long as moisture and oxygen are present. There are molds that can grow on wood, paper, carpet, foods, and insulation. When excessive moisture accumulates in buildings or on building materials, mold growth will often occur. It is impossible to eliminate all mold and mold spores in the indoor environment. However, mold growth can be controlled indoors by controlling moisture indoors.

Control Moisture – Control Mold:

The key to controlling mold is to control the moisture in your building. You should check for and fix any leaks or seepage in pipes and drains. Also be aware that moisture can build up as the result of moisture condensing due to changes in temperature. HVAC air ducts and air conditioning units can generate condensates and often stain walls and ceiling tiles.

Use exhaust fans and dehumidifiers. Use fans and ceiling fans to circulate air and to help keep condensation off of windows. Use storm windows and caulk around windows and doors. Use a humidity indicator to measure the relative humidity in your house.

There are basically two categories of mold: toxic and non-toxic. Most are non-toxic and can be easily cleaned up with a solution of bleach in water. If you do the clean up yourself, you need to remember that bleach is only good for cleaning mold off of a surface. Bleach cannot reach the deeply embedded mold since it dries too fast. You need a product to penetrate and kill the mildew and disinfect. Be sure to dry the area afterwards, any mold left behind will simply grow again.

Informative websites to visit:

Environmental Protection Agency's information of Mold/Moisture/Mildew
<http://www.epa.gov/mold/index.html>

Centers for Disease Control's information on Mold under Air Pollution and Respiratory Health
<http://www.cdc.gov/mold/default.htm>

Red Cross
www.redcross.org

City of Lindsborg
<http://ks-lindsborg2.civicplus.com/index.aspx?NID=47>

City of Lindsborg

101 S. Main
Lindsborg, KS

67456

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www.lindsborgcity.org





Reincarnation of a Landmark

The Rebuilding of the J.O. Sundstrom – A Timeline

Almost ten years from its original acquisition, the City of Lindsborg will finally rededicate a downtown icon, a landmark building that stood for 133 years to be eventually razed in 2012 and rebuilt in its own image. When it opens in September, the Sundstrom Conference Center will host meetings, conferences, receptions and conventions in its 3,500 square foot banquet hall. The facility has a state of the art audio/visual system for presentations, training sessions and workshops. A Board Room is available for smaller groups, and the front entrance Community Hall will accommodate up to 75 in a reception set up. Here is a brief timeline of the construction effort that began a year ago.

*At an August 22, 2012 pre-construction meeting, it is determined that all historical elements have been salvaged, and the demolition contractor, who has been staged for almost a week, is given a green light to proceed. Demolition of the rear of the building begins almost immediately. The last wall comes down on September 5.

*New construction officially begins September 19 when concrete footings are installed at the front of the site. Wiens and Company begin pouring the first floor on October 5 and complete it a week later. Steel arrives on October 16, and the first column is planted the morning of the 18. Framing is completed by October 31. The middle level is fastened to the adjoining building on November 1, prompting complaints about noise and vibration, but finally putting an end to rumors of the unavoidable destruction of neighboring building.



*With temperatures in 60's, the second floor is poured on November 13 and allowed to cure. Following the Thanksgiving break, the roof is installed in two days. Metal stud walls go up in early December, trailed by bright green exterior gyp board, prompting comments that a red ribbon (and bow) was planned for Christmas. Mercifully, the building is wrapped with a white fiber wrap in early January.

*Work moves inside with plumbing, HVAC and electrical rough-in proceeding in tandem with interior wall and drywall installation. Much of the rough interior work is completed by the end of March. Second floor windows arrive on March 28 and are installed within two weeks, about the time cornice framing begins. Actual installation of the cornice won't happen for another month, it was finished at the end of May.

*Finish carpentry, painting and flooring occur through April and May, with little exterior work evident until scaffold for the stucco contractor goes up on June 10. Wet weather delays plaster work until the week of June 24, with the final color coat applied on July 10.



ALL ABOUT TREES



The 2013 Tree Poster winner is Gracie Gaskill. She was presented with a ribbon on May 15, 2013, by the Tree Board Members.

Left to Right: Rolland Christenson, Gracie, Karmon Almquist, Warren Webster, Abner Vickrey, John Leaf.

Photo taken by Kevin Allton, Parks Department.

Downtown Treescape

- There are fifty-seven available planting sites for street trees in the downtown corridor, although four are empty and slated to be abandoned during the sidewalk renovation planned for 2014.

- Thirteen different species are planted as follows: 10 each flowering pear and crabapple, 8 each maple and redbud, 4 lindens, 2 each golden rain tree and honeylocust, and 1 each ginkgo, oak, peach, tree lilac and zelkova.

- Thirty-one are considered in "Good" health, thirteen are "Fair," and nine are rated "Poor." The most common problem is a condition called iron chlorosis, caused by a lack of iron uptake and marked by yellowing or burning of the leaves. All of the "Poor" trees are planned for replacement.

- The Tree Board provides planning and oversight for the downtown tree stock. Maintenance and care is the responsibility of the Parks Department, although some trimming and grooming is provided by a few of the merchants and is greatly appreciated.

- Two species, honeylocust and golden rain tree, are unpopular with shopkeepers because of what seems to be a constant shedding of blossoms, fruits, seeds, or leaflets. In spite of the mess, both trees offer a distinctive texture contrasting with the otherwise coarse look of the more commonly planted pears and crabapples.

- Six different maples can be found in the downtown treescape. Most frequent is the Shantung (pictured), a seemingly delicate street tree that actually performs extremely well in harsh, downtown planting sites. "Autumn Blaze" a red maple variety, will not be used in the future because of problems with iron chlorosis.

- The most common crabapple variety is "Spring Snow" which is desirable because it consistently flowers but never produces fruit.



J.O. SUNDSTROM

CONFERENCE CENTER



Kathryn Partida was named the Director of the Sundstrom Conference Center July 2013. She holds the title of the first employee of this venue and regards the position with much dedication. Kathryn has 10 years of experience in the event and hospitality industry. Her expertise ranges from event sales and management to event planning and design with a passion for making every conference, wedding and banquet tailored to the client's needs and vision. Kathryn is honored to serve the City of Lindsborg through the Sundstrom Conference Center. She looks forward to managing a beautiful venue that the community will utilize to celebrate life's events while filling the space with laughter, tradition and memories. "The venue and amenities alone are a great value to the families and clients who will enjoy booking events at the Sundstrom. Engaging local business owners into the industry by referral of services is the icing on the cake that will showcase what an asset the Sundstrom truly is to the community," Kathryn said.

Kathryn is a Wichita native who enjoys spending her free time with her family. She has decided to make the move to Lindsborg because of the sense of community and hospitality that is very much alive and well within the city. "I have never felt more welcome and accepted as I do every time I enter this city. I want my children to know what it is like to know all of their neighbors and feel safe within their hometown." Kathryn has been blessed with three sons Elijah (12), Evan (9), and Zane (3) and a daughter Sophia (5). She acknowledges Lindsborg's attributes by saying, "With the exceptional school system, love of the arts and small town values I feel Lindsborg will be a wonderful place to raise my family. I am extremely grateful for the opportunity I have been given and am excited for what the future holds for both my family and the Sundstrom."

You are cordially invited to the
Gala Opening
of the
J.O. SUNDSTROM CONFERENCE CENTER

Please join us on
Saturday, August 31, 2013
at
Seven O'Clock in the evening
for Cocktails and Hors d'oeuvres.

104 N. Main Street, Lindsborg, KS

Tickets available at the Lindsborg CVB Office.
\$25 per individual/\$40 per couple



Toast the completion of the Sundstrom Conference Center Sunday, September 1, beginning at 2:00 p.m., the public is invited to tour the new Sundstrom Conference Center. Light refreshments will be provided. This free event will run through 4:00 p.m.

Downtown Lindsborg has experienced a transformation of historical proportions and crown of this development is the new Sundstrom Conference Center. The building is extraordinary with an art deco inspired interior, dance floor, and marble inlays. The lead architect is Jason Wenzel with WDM Architects and the Interior Designer is Rhea Mader with Tumbleweed Interiors. The Sundstrom Conference Center symbolizes who we are, honoring the past and celebrating the future.

Dedication AND *Motivation*



Planting community gardens, arranging a new Farmers Market, volunteers planting flowers in the business district planters, or giving Kubb lessons in their spare time, the planning of the Fourth of July celebration, members practicing for City Band concerts, the Ad Hoc Business Roundtable, a Community Band celebrating 25 years, Folksdanslag, festival committee members—these are regular people with busy lives. Yet so many residents come together to improve Lindsborg with individual initiative to make a better collective whole. It takes motivation and dedication to work for and in your community beyond your daily job and family. Within this motivation, not only do residents obtain enjoyment from all the entertainment, beautification and fun, it makes our community stand apart from the average.



These collective efforts also motivate our visitors. Time and time again, the CVB hears how unique Lindsborg is and how people look forward to visiting and experiencing such things as the Smörgåsbord at Hyllningsfest, the new Broadway RFD production or the bustling vibe downtown. Summer 2013 was an exciting time as a retail shop, Connections and a restaurant, China opened. Also the Sundstrom

Conference Center is slated to open. People are noticing this rejuvenation of Lindsborg and we recognize the motivation it takes to not only keep a small town going, but to raise the bar over and over again. Lindsborg residents continually provide innovative and fresh ideas, and they have the motivation to implement these ideas and make them flourish.



Members of the Lindsborg Swedish Folk Dancers perform during the Midsummers Festival. This Festival is an annual event in Lindsborg. More information on annual events and bi-annual events can be found at:

www.visitlindsborg.com





What to do if you think someone is having a stroke

Immediately call 9-1-1 or the Emergency Medical Services (EMS) number so an ambulance can be sent. Also, check the time so you'll know when the first stroke symptoms appeared. A clot-busting drug called tissue plasminogen activator (tPA) may improve the chances of getting better but only if you get the patient help right away.

A TIA or transient ischemic attack is a "warning stroke" or "mini-stroke" that produces stroke-like symptoms. TIA symptoms usually only last a few minutes but, if left untreated, people who have TIAs have a high risk of stroke. Recognizing and treating TIAs can reduce the risk of a major stroke.

Beyond F.A.S.T. — Other symptoms you should know

- Sudden numbness or weakness of the leg
- Sudden confusion or trouble understanding
- Sudden trouble seeing in one or both eyes
- Sudden trouble walking, dizziness, loss of balance or coordination
- Sudden severe headache with no known cause

F.A.S.T. is an easy way to remember the sudden signs and symptoms of a stroke. When you can spot the signs, you'll know quickly that you need to call 9-1-1 for help. This is important because the sooner a stroke victim gets to the hospital, the sooner they'll get treatment. And that can make a remarkable difference in recovery.

EMS VIAL OF LIFE

What if Police or Emergency Medical Technicians were summoned to your home and found you unconscious or just too ill or upset to think clearly? Who would tell them your medical history, medications and allergies? How would they know whom to notify?

The VIAL OF LIFE is the answer. In an emergency it provides immediate access to important health information which can mean the difference between life and death, and it is as close as your refrigerator.

Participants in VIAL OF LIFE complete a medical information sheet and store it in a specifically marked vial inside the refrigerator. When responding to emergency calls, response teams are trained to look for VIAL OF LIFE door stickers and refrigerator magnets. If they see either one, they head straight for the refrigerator and find your information. The treatment you need can begin without delay.

You can obtain a VIAL OF LIFE kit from the Lindsborg Safety Center, Lindsborg City Office, Lindsborg Community Hospital, Lindsborg Rural Health Clinic, Apotek Pharmacy and the Lindsborg News Record. It includes a medical information sheet, a large plastic "medicine vial" pill box to store the information sheet in, a door sticker and a refrigerator magnet.

GREASE: a **THICK** issue

Does just one tablespoon of oil or grease down the drain really matter?

Have you ever given a second thought to what happens when the grease left from cooking meals is washed down the kitchen sink drain? What happens when meat scraps are thrown down the garbage disposal and believed to disappear with just a turn of a switch? Most people don't think about it. Fats, Oils and Greases are referred to as FOG. The fats are mainly from meats, vegetables and dairy sources. Oils are from any oils that are used to prepare food while grease comes from the melting of fats during cooking. What happens to the FOG? Most commonly FOG is discarded while cleaning the kitchen, FOG is poured down the drain as a warm liquid. The FOG cools as it flows through the sewer line and it begins to solidify and stick to sewer lines. Over time the FOG can build up to the point that it can cause a blockage. Even if there is only a little grease in the pan that only equals a tablespoon or less, it can still be detrimental. While this may be the process of one household there are 1,500 more households that may be conducting the same practice. It takes 256 tablespoons to make one gallon of solidified FOG blockage and if there are 1,500 households, that makes almost 6 gallons. This equates to 2,200 gallons a year of FOG causing blockage. The things we do to save a few minutes of cleanup time in the kitchen creates issues within the entire sewer system.

The evidence shows up in the four lift stations around our city in the sewer lines when they are cleaned and in the wet well at the wastewater plant. Please take a few extra minutes and follow these simple steps to help reduce this growing problem.

- 1) Never pour grease and oils from cooking down the sink or into toilets. Dump cooking grease and oils into containers and dispose of in the trash.
- 2) Scrape grease and food scraps from cooking and meals into containers, use composting or dispose of in the trash.
- 3) Treat garbage disposals as a device only used to clean up the residue left in the sink, not as a way to get rid of the leftovers from a meal.

If everyone can do their part to help reduce FOG, we can reduce the possibility of sewer backups that can cause the potential for disease-causing organisms, foul odors and an unpleasant expensive clean-up.



Two chunks of grease compared to a one gallon jug. These are just two small chunks taken from a lift station that was cleaned out. It is not uncommon to clean 20 gallons of solidified grease from a lift station 3 to 4 times a year.

Street Department welcomes Noel Eshelman

He may be a new face as a City of Lindsborg employee but not a new face around town. Noel has joined the Lindsborg Street Department and hopes that the seven years of knowledge he gained as an elevator superintendent at Mid Kansas Coop helps him at his new job. "I'm excited to see where things go while working at the Street Department. If we are called to help out other Public Works Departments I am ready and happy to assist," Noel explained. His dedication to the job will prove to be very beneficial to the City of Lindsborg. Noel believes that his experience in operating heavy machinery at MKC as well as while on a tour in Iraq will be an asset to him while working at the Street Department as well.

"I like the job. My co-workers and other City employees are nice and easy to work with and have positive attitudes," Noel said.



MOTIVATION

Start a NEW Healthier you!

Dates: September 3rd - November 22nd
(12 week program)

Days: Monday & Wednesday 6:30 PM - 7:30 PM
or
Tuesday and Thursday 5:30 AM - 6:30 AM

Participation Fee: \$60.00

Instructors: Syd Dippel & Teri Chaney

Sign UP
Now!



The Couch to 5K program will focus on training to safely build up strength and endurance to participate in a 5K (3.1 miles) race, whether the participant chooses to run, run/walk or walk the distance. The group format will provide guidance, camaraderie and encouragement, both from experienced runners coaching the program as well as others who have also made the life-changing decision to get up and get moving. The program "graduation" will be participation in the Lindsborg Recreation Department Turkey Trot on November 23, 2013 (race entry is included in the participation fee)



YOUTH BASKETBALL

Basketball is offered for 1st – 6th graders. Complete a registration form and return it along with the registration fee to City Hall (101 S. Main) during regular office hours (MONDAY-FRIDAY, 8:00 AM-5:00 PM). **The LRD office phone number is 785-227-3333.**

The Lindsborg Recreation Department recognizes the need within our community to provide assistance to residents who do not have the financial resources to participate in the fee-based services we provide. Financial aid is available for those requesting assistance with Recreation youth programs

****ALL teams will participate with McPherson, Marquette and local area teams.**

Registration Fee: \$25.00 reside in city limits & \$30.00 reside outside of city limits

REGISTRATION DEADLINE: October 18, 2013

5K TURKEY TROT & 2 MILE FUN RUN/WALK

November 23, 2013

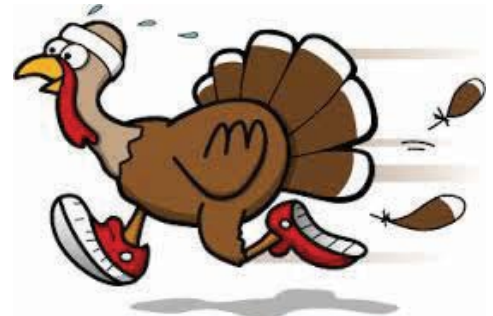
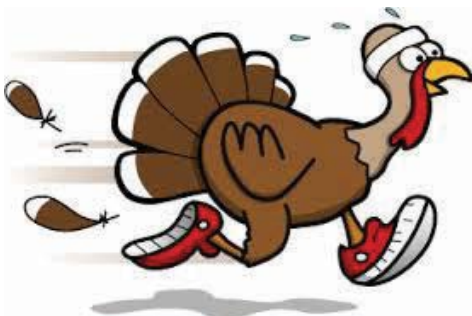
8 AM at the south side of Lindsborg Pool

Participation fee is \$20.00

(fee includes a long sleeve shirt)

Register by November 4, 2013

Don't be late! Gobble up this event now!



LINDSBORG GOLF COURSE



Specials at LGC

Monday:

7&7 \$7 green fee &
\$7 cart rental fee

Tuesday:

Men's League Night

Wednesday:

50% Green Fees

Thursday:

Women's League
Night

Introducing LGC **NEW** Superintendent Darrin Dohrman

As Darrin prepared to start work at the Lindsborg Golf Course this past May he didn't know the summer of 2013 would be so wet. As a self-described "outdoors man" he knows how the weather conditions make such a difference in any sport. Golf has been a large part of Darrin's life. He worked at Great Life Golf Fitness in Abilene for the past five years and was employed at The Club at Stone Ridge in Great Bend prior to his employment in Abilene. Darrin's hopes for the LGC include establishing good fairways and converting the course over to Bermuda grass. More tournaments on the schedule would impress Darrin and he is willing and eager to help with them. Growing up in Bushton and being a Kansas resident his whole life he knows the weather is unpredictable and it isn't always easy to predict good weekends for tournaments. Darrin's experience and helpful attitude will be a great asset to the LGC and the City of Lindsborg.



Host a tournament!
Tournament dates are
still available. Call LRD
or LGC to inquire!
LRD: 785.227.3333
LGC: 785.227.2244

A new addition to the LGC this year is the fountains next to Hole #3. They were purchased by ÖI Stuga tournament proceeds and installed by City employees.



"Like" the LCG on Facebook as well as view specials at
www.facebook.com/pages/Lindsborg-Golf-Course



Lindsborg... where you want to Be, to Play, to Live, to Stay!



The City of Lindsborg
101 S. Main
PO Box 70
Lindsborg, KS 67456

Standard
ECRWSS
US Postage Paid
Lindsborg, KS
Permit No. 1

Residential Patron
Lindsborg, KS 67456

CALENDAR OF EVENTS

City Council Meetings -- Sept. 3, Oct. 7, Nov. 4
Recycling Center -- (Open 24/7) Be considerate please
Street Dance featuring King Midas -- Aug. 24
Planning & Zoning Commission Meeting -- Aug. 27
Labor Day -- Sept. 2 (City Offices Closed)
Svensk Hyllningsfest -- Oct. 4 & 5
Coronado Heights Run -- Oct. 5
Falun Classic 34-Mile Bicycle Ride -- Oct. 13
Halloween -- Oct. 31
Veteran's Day -- Nov. 11 (City Offices Closed)
City View Newsletter -- Issue 28 (mid-November)



EMERGENCY INFORMATION

Police, Fire and Ambulance:	911
Police, Fire and Ambulance:	785.227.2988 (non-emergency)
Water, Sewer, Electric, Streets:	785.227.3428
Water Sewer, Electric, Streets:	785.227.3469 (after hours, weekends and holidays)