



The Bonner County Safety Record

All the News that is Safe to Print

May 16, 2016
Edition 4

MAY IS BIKE MONTH

With so many reasons to ride, what's yours?



I RIDE FOR CLEANER AIR.

I RIDE TO ENJOY A LIFELONG SPORT.

I RIDE TO SAVE MONEY ON GAS.

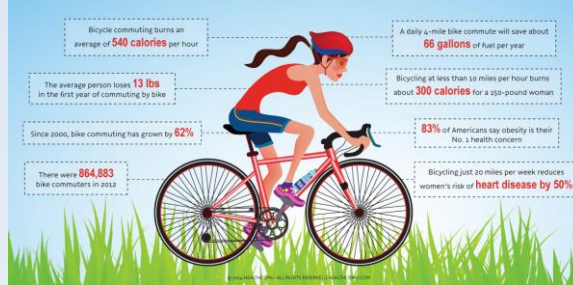
I BIKE TO THE BUS TO GET PLACES FASTER.

I RIDE FOR LESS TRAFFIC.

I RIDE TO FEEL THE WIND ON MY FACE.

#BIKEMONTH BIKELEAGUE.ORG/BIKEMONTH

May is National Bike Month



Safety "Dos"

Watch out for pedestrians, just as cars should be aware of bikes. Consider installing and using a bell to alert pedestrians to warn them of your presence before passing them from behind.

If biking, wear bright colors so that cars can see you.

Ride in a predictable manner.

Follow traffic laws.

Use lights and reflectors.

six simple BIKE SAFETY TIPS for your family



ALWAYS WEAR A HELMET
A proper fitting helmet should set right above eyebrows and be tightly buckled so it doesn't slip when riding



NEVER WEAR HEADPHONES
When riding your bike, turn off the music and do not wear headphones so you can devote your full attention to the road



OBEY TRAFFIC SIGNS
Always ride with the traffic, obeying traffic signs and using proper hand signals

NIGHT RIDING

Try not to ride at night or in bad weather, but if you must, remember to have lights and proper reflectors on your bicycle and reflectors on your clothing



CLOTHING CAUTION
Watch out for loose pant legs or shoe strings that can get stuck in bike chains



DISCUSS RIDING ROUTES

