



The Bonner County Safety Record

All the News that is Safe to Print

July 11, 2016
Edition 10

This edition of the Bonner County Safety Record focuses on two common summer activities: **using a chainsaw** and **going outside to exercise**. Please review the tips below to ensure we all have a great summer!

Many of us use the same tools and perform the same kind of activities at home that we use and do at work. While the same hazards can be present at home as on the job, many take shortcuts when off the job.

The most important safety tool is **Attitude**.

- Are we using Personal Protective Equipment because we are following a safety rule, or are we using it to protect ourselves?
- What do we do when “no one” is watching?
- Do we Stop and Think, before we Act?



5 SAFETY TIPS for operating CHAINSAWS



1. KNOW YOUR SAW

Familiarize yourself with your saw's safety features, especially the kickback protection and chain catcher.



5. BRING A FIRST AID KIT

Your first aid kit should be easily accessible. Also, carry a mobile phone so you can call for help if something happens.



2. PROTECT YOURSELF

Before heading out you should be properly equipped with:

- Goggles
- Boots
- Gloves
- Hearing protection
- Hard hat
- Chaps



4. PLAN AN ESCAPE ROUTE

Keep an escape route open in case the tree you're working on unexpectedly shifts or rolls.

3. PERFORM A START-UP INSPECTION

Always check the chain lubrication, chain brake and inertia functions every time you use your chainsaw.





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1. Two women were struck as they walked along McGhee Road by a southbound pickup truck. One died at the scene and the other was airlifted to a Spokane hospital with severe injuries.
2. A man was seriously injured when he was struck by a passing motorist on Selle Road in February.
3. A man was found gravely injured on Boyer Avenue after reportedly being struck by a passing motorist in April. That collision remains under investigation by state police.

Although all the details of the above incidents are not yet completely known, what is in common was that pedestrians and vehicle traffic can make a dangerous mix, due to the size and weight difference between a car and a person.

Be a PAL when near traffic: Be **P**redictable, be **A**lert, and be **L**awful. Other tips include:

- Cross the street at marked crosswalks and intersections.
- Before crossing, look left, right, then left again.
- Stand on the sidewalk when waiting to cross the street.
- Watch for turning vehicles.
- Use pedestrian push buttons when available.
- Begin crossing the street on "WALK." Do not begin to walk after the upraised hand signal appears
- When crossing at an unsignaled intersection, make your intentions clear to drivers through eye contact or hand signals showing that you plan to cross. Make sure drivers in all lanes can see you before starting to cross.
- When sidewalks are not available, walk facing traffic.
- Watch out for trucks and buses backing out of parking spaces and driveways.
- Although cyclists must yield to pedestrians, try to make room for them to get by. Often there is room for all if everyone acts with consideration.
- Stay visible after dark and in bad weather with lights, light-colored clothing and reflective gear.

SOMETHING TO KEEP IN MIND...

"A person struck at 40 MPH has an 85% chance of dying... at 20MPH, they have a 95% chance of living"

The Vest Knows Best

Hey, you! Yeah, you behind the wheel! PAY ATTENTION

You're entering a work zone, a dangerous place. Follow my instructions – I'll keep you safe – and we'll both make it home today.



Nationally, drivers and passengers account for about 80 percent of work zone traffic deaths each year. That's why it's necessary for you to follow these tips when you enter a work zone:

- OBEY THE SIGNS
- SLOW DOWN
- MERGE SAFELY
- DON'T TAILGATE
- STAY ALERT

When working on the road in a work zone:

- Use a traffic control plan.
- Use work zone barriers.
- Wear your high viz colors.
- Ensure you have proper lighting.
- Ensure flaggers have stop & slow paddles.
- Ensure that proper warning signage is used.
- Seat belts and rollover protection is required.
- If there is foot traffic, create safe pedestrian routes.