


County of Jefferson
Office of the County Administrator

Historic Courthouse
195 Arsenal Street, 2nd Floor
Watertown, NY 13601-2567
Phone: (315) 785-3075 Fax: (315) 785-5070



January 18, 2018

TO: Members of Health & Human Services

FROM: Robert F. Hagemann, III, County Administrator 

SUBJECT: Health & Human Services Committee Agenda

Please let this correspondence serve as notification that the Health & Human Services Committee will meet on ***Tuesday, January 23, 2018 at 6:00 p.m.*** in the Board of Legislators' Chambers. Following is a list of agenda items for the meeting:

Resolutions:

1. Authorizing Agreement with the City of Watertown (Citibus) for Transportation Services for the Elderly
2. Appointing and Re-Appointing Members to the Community Services Board
3. Amending the 2018 County Budget to Recognize Additional State Aid and Authorizing Amended Agreement with the Children's Home in Relation Thereto
4. Authorizing Agreement in Relation to Immunization Action Plan Funding
5. Accepting Funding in Connection with NYSDOH Local Health Department Performance Incentive Initiative and Amending the 2018 County Budget in Relation Thereto
6. Appointing Member to Jefferson County Public Health Service Professional Advisory Committee
7. Accepting Donation on Behalf of the Department of Social Services and Amending the 2018 County Budget
8. Appointing Member to Samaritan Summit Village Board of Directors

Informational Items:

1. Monthly Departmental Reports:
 - Office for Aging
 - Community Services
 - Public Health
 - Health Bits
 - Veterans Service Agency

If any Committee Member has inquiries regarding agenda items, please do not hesitate to contact me.

RFH:jdj

cc:	Office for Aging	Veterans Service Agency
	Community Services	County Attorney
	Public Health	County Treasurer
	Social Services	

JEFFERSON COUNTY BOARD OF LEGISLATORS
Resolution No. _____

Authorizing Agreements with the City of Watertown (Citibus)
for Transportation Services for the Elderly

By Legislator: _____

Whereas, The Jefferson County Office for the Aging and this Board of Legislators desire to contract for the provision of certain programs and services for the elderly.

Now, Therefore, Be It Resolved, That pursuant to Section 95-a of the General Municipal Law, Jefferson County enter into an agreement with City of Watertown (Citibus) for the period of April 1, 2018 through March 31, 2019 for the provision of transportation services for persons 60 years of age or older, at a cost of approximately \$5,600 funded by NYS AAA Transportation grant as recognized in the adopted 2018 Office for the Aging Budget, and be it further

Resolved, That the Chairman of the Board be and is hereby authorized and directed to execute said agreement on behalf of Jefferson County, subject to approval by the County Attorney as to form and content.

Seconded by Legislators: _____

State of New York)
) ss.:
County of Jefferson)

I, the undersigned, Clerk of the Board of Legislators of the County of Jefferson, New York, do hereby certify that I have compared the foregoing copy of Resolution No. _____ of the Board of Legislators of said County of Jefferson with the original thereof on file in my office and duly adopted by said Board at a meeting of said Board on the _____ day of _____, 20____ and that the same is a true and correct copy of such Resolution and the whole thereof.

In testimony whereof, I have hereunto set my hand and affixed the seal of said County this _____ day of _____, 20 ____.

Clerk of the Board of Legislators

JEFFERSON COUNTY BOARD OF LEGISLATORS
Resolution No. _____

Appointing and Re-Appointing Members to the Community Services Board

By Legislator: _____

Resolved, That pursuant to Section 41.11 of the Mental Hygiene Law the following individuals are hereby appointed as members of the Jefferson County Community Services Board and the designated sub-committee thereof for terms to expire as indicated below:

<u>Member</u>	<u>Sub-Committee</u>	<u>Term to Expire</u>
Aileen Martin	Mental Health	12/31/2020
Martin Morrison	Mental Health	12/31/2020
Sandy Petrillo	Mental Health (sub-comm only)	12/31/2020
Rebecca Small Kellogg	People with Developmental Disabilities	12/31/2020
Jill Rupp	People with Developmental Disabilities	12/31/2020
Elizabeth Stevens	People with Developmental Disabilities	12/31/2020
Lynn Pietroski*	Alcohol & Substance Abuse	12/31/2020
Joey Marie Horton	Alcohol & Substance Abuse	12/31/2020

* new appointment

Seconded by Legislator: _____

State of New York)
) ss.:
County of Jefferson)

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In testimony whereof, I have hereunto set my hand and affixed the seal of said County this _____ day of _____, 20____.

Clerk of the Board of Legislators

JEFFERSON COUNTY BOARD OF LEGISLATORS

Resolution No. _____

Amending the 2018 County Budget to Recognize Additional State Aid and
Authorizing Amended Agreement with the Children's Home in Relation Thereto

By Legislator: _____

Whereas, Additional State Aid was received from the New York State Office of Mental Health (OMH) in the amount of \$275,361 for the Children's Home, and

Whereas, This Community Support Program one-time funding is for costs associated with the provision of clinic services by providers who have been deemed Vital Access, and

Whereas, The County Budget needs to be amended and an amended contract with the Children's Home authorized to accommodate these changes.

Now, Therefore, Be It Resolved, That the 2018 County Budget is hereby amended as follows:

Increase:

Revenue

01431000 93489	State Aid - OMH - Children's Home	\$275,361
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Expenditure

01431000 04732	Children's Home - Jeff. Co.	\$275,361
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and be it further

Resolved, That the Chairman of the Board of Legislators is hereby authorized and directed to execute an amended agreement with the Children's Home for these changes with the approval of the County Attorney as to form and content.

Seconded by Legislator: _____

State of New York)
) ss.:
County of Jefferson)

I, the undersigned, Clerk of the Board of Legislators of the County of Jefferson, New York, do hereby certify that I have compared the foregoing copy of Resolution No. _____ of the Board of Legislators of said County of Jefferson with the original thereof on file in my office and duly adopted by said Board at a meeting of said Board on the _____ day of _____, 20____ and that the same is a true and correct copy of such Resolution and the whole thereof.

In testimony whereof, I have hereunto set my hand and affixed the seal of said County this _____ day of _____, 20 ____.

Clerk of the Board of Legislators

JEFFERSON COUNTY BOARD OF LEGISLATORS
Resolution No. _____

Authorizing Agreement in Relation to Immunization Action Plan Funding

By Legislator: _____

Whereas, The Jefferson County Public Health Service has been notified by the NYS Department of Health of the re-award of funding for Immunization Action Plan (IAP) for the renewal period of April 1, 2018 through March 31, 2019 with automatic 1 year renewals until March 31, 2023, and

Whereas, The funding to Jefferson County covers the costs of the work for the operation of the IAP and the New York State Immunization Information System (NYSIIS) and is contained in the 2018 County Budget.

Now, Therefore, Be It Resolved, That the Chairman of the Board of Legislators is hereby authorized and directed to execute any necessary documents in relation to this agreement and all renewals with the NYS Department of Health, subject to approval by the County Attorney as to form and content.

Seconded by Legislator: _____

State of New York)
) ss.:
County of Jefferson)

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In testimony whereof, I have hereunto set my hand and affixed the seal of said County this _____ day of _____, 20____.

Clerk of the Board of Legislators

JEFFERSON COUNTY BOARD OF LEGISLATORS
Resolution No. _____

Accepting Funding in Connection with NYSDOH Local Health Department Performance
Incentive Initiative and Amending the 2018 County Budget in Relation Thereto

By Legislator: _____

Whereas, The Jefferson County Public Health Service – Preventive Services unit has been recognized by the New York State Department of Health for Chronic Disease Preventio, and

Whereas, The Jefferson County Public Health Service is eligible to receive an incentive award for this achievement, and

Whereas, The unit will use the funds accepted to support costs associated with Article 6 eligible services.

Now, Therefore, Be It Resolved That Jefferson County hereby accepts the incentive award funding, and the 2018 County Budget is hereby amended as follows:

Increase:

01405000 93401	State Aid Public Health	\$5,000
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Expenditure:

01405100 04416	Professional Fees	\$5,000
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Seconded by Legislator: _____

State of New York)
) ss.:
County of Jefferson)

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In testimony whereof, I have hereunto set my hand and affixed the seal of said County this _____ day of _____, 20____.

Clerk of the Board of Legislators

JEFFERSON COUNTY BOARD OF LEGISLATORS
Resolution No. _____

Appointing Member to Jefferson County Public Health Service
Professional Advisory Committee

By Legislator: _____

Resolved, That John D. Peck is hereby appointed as the Legislator member to the Professional Advisory Committee for a term to expire 12/31/19.

Seconded by Legislator: _____

State of New York)
) ss.:
County of Jefferson)

I, the undersigned, Clerk of the Board of Legislators of the County of Jefferson, New York, do hereby certify that I have compared the foregoing copy of Resolution No. _____ of the Board of Legislators of said County of Jefferson with the original thereof on file in my office and duly adopted by said Board at a meeting of said Board on the _____ day of _____, 20____ and that the same is a true and correct copy of such Resolution and the whole thereof.

In testimony whereof, I have hereunto set my hand and affixed the seal of said County this _____ day of _____, 20 ____.

Clerk of the Board of Legislators

JEFFERSON COUNTY BOARD OF LEGISLATORS
Resolution No. _____

Accepting Donation on Behalf of the Department of Social Services
and Amending the 2018 County Budget

By Legislator: _____

Whereas, A business has donated funds to the Jefferson County Department of Social Services to be used for the Foster Care Program, and

Whereas, The 2018 County Budget must be amended to recognize this donation.

Now, Therefore, Be It Resolved, That Pursuant to County Law Section 215 (3), this Board of Legislators gratefully accepts said donation and be it further

Resolved, That the 2018 County Budget is amended as follows:

Increase:

Revenue:		
01601000 92705	Donations	\$200.00

Expenditure:		
01601000 04624	Client Incidentals	\$200.00

Seconded by Legislator: _____

State of New York)
) ss.:
County of Jefferson)

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In testimony whereof, I have hereunto set my hand and affixed the seal of said County this _____ day of _____, 20____.

Clerk of the Board of Legislators

JEFFERSON COUNTY BOARD OF LEGISLATORS
Resolution No. _____

Appointing Member to Samaritan Summit Village Board of Directors

By Legislator: _____

Whereas, Pursuant to an Adult Care Program Agreement between the County of Jefferson and Samaritan Senior Village, Inc. dated December 26, 2012, the County has the right to nominate one member of its Board of Legislators to be a Member of the Board of Directors of Samaritan Senior Village, Inc., with such representation to remain in place for at least the first ten years of operation as an adult care facility, and

Whereas, Said adult care facility, Samaritan Summit Village, officially opened for business in April, 2013 and it is appropriate that a member of the Board of Legislators be selected to serve on the Board of Directors for Samaritan Summit Village.

Now, Therefore, Be It Resolved, That Carolyn D. Fitzpatrick, be and is hereby nominated as the representative of the Board of Legislators to serve on the Board of Directors of Samaritan Summit Village for a term to expire December 31, 2019.

Seconded by Legislator: _____

State of New York)
) ss.:
County of Jefferson)

I, the undersigned, Clerk of the Board of Legislators of the County of Jefferson, New York, do hereby certify that I have compared the foregoing copy of Resolution No. _____ of the Board of Legislators of said County of Jefferson with the original thereof on file in my office and duly adopted by said Board at a meeting of said Board on the _____ day of _____, 20____ and that the same is a true and correct copy of such Resolution and the whole thereof.

In testimony whereof, I have hereunto set my hand and affixed the seal of said County this _____ day of _____, 20____.

Clerk of the Board of Legislators



JEFFERSON COUNTY OFFICE FOR THE AGING

175 ARSENAL STREET
WATERTOWN, NEW YORK 13601-2529
(315)785-3191
Fax (315)785-5095

Timothy Ruetten, MS, LMHC, CASAC
Director

LOUISE J. HARACZKA
Deputy Director

Office for the Aging Monthly Report to The Health and Human Services Committee January, 2018

December, 2017 Data:

Total No. of Home Delivered Meals Provided:	8957
Total No. of Congregate Meals Served:	1662
Total No. of Clients Receiving Meals:	571
Number of Clients Receiving Home Care/Case Mgt.:	105
Number of Individuals Receiving Health Insurance Counseling:	118
Number of Clients Coming Directly Into the Office:	95
Number of NY Connects Contacts:	175

- The Santa for Seniors Program delivered approximately 525 gifts to seniors throughout Jefferson County. JCOFA partnered with DPAO who assisted in the delivery of the gifts.
- JCOFA partnered with Mrs. Ruetten's 2nd grade class at Starbuck Elementary School to provide hand colored holiday placemats to Home Delivered Meal Program Participants.

2017 COMMUNITY SERVICES OFFICE EXPENSE/REVENUE REPORT

12/6/2017

<u>PROGRAM</u>	<u>JAN</u>	<u>FEB</u>	<u>MAR</u>	<u>APR</u>	<u>MAY</u>	<u>JUNE</u>	<u>JULY</u>	<u>AUG</u>	<u>SEPT</u>	<u>OCT</u>	<u>NOV</u>	<u>DEC</u>	<u>TOTALS Y-T-D</u>	<u>TOTAL BUDGET</u>	<u>BALANCE AVAILABLE</u>	<u>% USED</u>
EARLY INTERV.																
EXPENSES	\$0	\$7,515	\$29,834	\$37,803	\$9,166	\$41,636	\$2,783	\$53,206	\$14,768	\$41,790	\$10,677		\$249,178	\$440,000	\$190,822	56.63%
REVENUES	\$0	\$1,106	\$952	\$1,750	\$34,484	\$17,172	\$10,888	\$7,255	\$1,148	\$1,862	\$1,540		\$78,157	\$244,000	\$165,843	32.03%
PRESCHOOL																
EXPENSES	\$0	\$85,724	\$410,422	\$296,521	\$579,294	\$278,377	\$300,415	\$462,011	\$267,410	\$347,728	\$144,302		\$3,172,204	\$5,400,000	\$2,227,796	58.74%
REVENUES	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$1,344,684		\$1,344,684	\$3,093,000	\$1,748,316	43.48%
OPWDD																
EXPENSES	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0		\$0	\$18,440	\$18,440	0.00%
REVENUES	\$1,560	\$0	\$0	\$0	\$1,560	\$0	\$1,560	\$0	\$0	\$1,560	\$0		\$6,240	\$6,933	\$693	90.00%
OASAS																
EXPENSES	\$315,702	\$98,518	\$281,509	\$336,705	\$115,357	\$183,106	\$177,866	\$106,500	\$37,311	\$278,921	\$109,086		\$2,040,581	\$2,682,766	\$642,185	76.06%
REVENUES	\$464,773	\$165,893	\$387,650	\$0	\$235,893	\$0	\$453,460	\$122,678	\$81,715	\$463,710	\$173,642		\$2,549,414	\$2,508,414	(\$41,000)	101.63%
OMH																
EXPENSES	\$253,690	\$66,699	\$62,032	\$95,475	\$192,314	\$304,728	\$379,855	\$276,336	\$148,178	\$152,666	\$479,535		\$2,411,508	\$2,597,743	\$186,235	92.83%
REVENUES	\$654,450	\$0	\$46,250	\$457,075	\$151,127	\$627,959	\$0	\$10,937	\$926,038	\$46,740	\$46,250		\$2,966,826	\$2,642,954	(\$323,872)	112.25%
TOTAL EXPENSES	\$569,392	\$258,456	\$783,797	\$766,504	\$896,131	\$807,847	\$860,919	\$898,053	\$467,667	\$821,105	\$743,600	\$0	\$7,873,471	\$11,138,949	\$3,265,478	70.68%
TOTAL REVENUES	\$1,120,783	\$166,999	\$434,852	\$458,825	\$423,064	\$645,131	\$465,908	\$140,870	\$1,008,901	\$513,872	\$1,566,116	\$0	\$6,945,321	\$8,495,301	\$1,549,980	81.75%

OPWDD= OFFICE OF PEOPLE WITH DEVELOPMENTAL DISABILITIES
OASAS= OFFICE OF ALCOHOL AND SUBSTANCE ABUSE SERVICES

OMH= OFFICE OF MENTAL HEALTH

Jefferson County Public Health Service Home Health Care Statistical Performance
For the Twelve Months Ended December 31, 2017 - PENDING

A									B								
REFERRALS									AVERAGE DAILY CENSUS								
	2014	2015	2016	MTD Actual	YTD Actual	2017 Annualized	Amount of Change	Percent Change		2014	2015	2016	MTD Actual	YTD Actual	2017 Annualized	Amount of Change	Percent Change
CHHA	2,264	1,655	1,669	154	1,908	1,908	239	14.32%	CHHA	222	186	216	222	214	214	-2	-0.99%
LTHHCP	106	72	4	0	0	0	0	-100.00%	LTHHCP	84	67	6	0	0	0	-6	-8.96%
PREVENT	371	219	142	1	55	55	-87	-61.27%	PREVENT	31	21	15	0	4	4	-11	-50.79%
Rabies	0	0	0	0	0	0	0	0.00%	Rabies	0	0	0	0	0	0	0	0.00%
Communicable Disease	1,866	2,180	2,899	250	3,757	3,757	858	29.60%	PREVENT Sub-TOTAL	31	21	15	0	4	4	-11	-50.79%
Newborn Screening	28	12	9	0	6	6	-3	-33.33%									
PREVENT Sub-Total	2,265	2,411	3,050	251	3,818	3,818	768	25.18%									
GRAND TOTAL	4,635	4,138	4,723	405	5,726	5,726	1,003	21.24%	GRAND TOTAL	338	274	237	222	219	219	-19	-7.81%
VISITS									PARAPROFESSIONAL HOURS*								
	2014	2015	2016	MTD Actual	YTD Actual	2017 Annualized	Amount of Change	Percent Change		2014	2015	2016	MTD Actual	YTD Actual	2017 Annualized	Amount of Change	Percent Change
CHHA	16,004	12,499	12,850	1,122	13,784	13,784	934	7.27%	AGENCY CHHA								
Skilled Nursing	2,562	2,103	3,267	276	3,321	3,321	54	1.65%	Home Health Aide	3,451	2,782	3,828	301	3,145	3,145	-683	-17.84%
Physical Therapy	0	51	83	0	61	61	-22	-26.51%	Personal Care Aide	0	0	602	5	233	233	-369	-61.30%
Speech Therapy	361	304	547	56	665	665	118	21.57%	CHHA Sub-TOTAL	3,451	2,782	4,430	306	3,378	3,378	-1,052	-23.75%
Medical Social Worker	743	675	713	47	636	636	-77	-10.80%	AGENCY LTHHCP								
Occupational Therapy	207	139	157	13	173	173	16	10.19%	Home Health Aide	1,006	1,186	89	0	0	0	-89	-100.00%
Nutrition	6,711	5,155	7,691	536	6,410	6,410	-1,281	-16.66%	Personal Care Aide	1,060	1,143	295	0	0	0	-295	-100.00%
Home Health Aide	0	0	2,465	20	959	959	-1,506	-61.10%	LTHHCP Sub-TOTAL	2,066	2,329	384	0	0	0	-384	-100.00%
Personal Care Aide	26,588	20,926	27,773	2,070	26,009	26,009	-1,764	-6.35%	TOTAL AGENCY	5,517	5,111	4,814	306	3,378	3,378	-1,436	-29.83%
Sub-TOTAL									CONTRACT CHHA								
LTHHCP	2,736	2,402	180	0	0	0	-180	-100.00%	Home Health Aide								
Skilled Nursing	84	72	1	0	0	0	-1	-100.00%	Caregivers	2,816	2,565	7,493	386	5,026	5,026	-2,467	-32.92%
Physical Therapy	0	2	0	0	0	0	0	0.00%	US CARE SYSTEMS	0	0	322	44	422	422	100	31.06%
Speech Therapy	137	155	9	0	0	0	-9	-100.00%	Family Home Care	720	181	0	0	0	0	0	0.00%
Medical Social Worker	13	30	0	0	0	0	0	0.00%	Home Care Plus (Sibley)	1,847	834	0	0	0	0	0	0.00%
Occupational Therapy	8	13	2	0	0	0	-2	-100.00%	Sub-TOTAL	5,383	3,580	7,815	430	5,448	5,448	-2,367	-30.29%
Nutrition	3,331	2,131	372	0	0	0	-372	-100.00%	Personal Care Aide								
Home Health Aide	38	60	0	0	0	0	0	0.00%	Caregivers	0	0	2,774	16	853	853	-1,921	-69.25%
Housekeeper	11,466	9,411	1,599	0	0	0	-1,599	-100.00%	US CARE SYSTEMS	0	0	475	0	457	457	-18	-3.79%
Personal Care Aide	17,813	14,276	2,163	0	0	0	-2,163	-100.00%	Sub-TOTAL	0	0	3,249	16	1,310	1,310	-1,939	-59.68%
Sub-TOTAL	44,401	35,202	29,936	2,070	26,009	26,009	-3,927	-13.12%	CONTRACT LTHHCP								
CHHA & LTHHCP SUB-TOTAL									Home Health Aide								
PREVENT	954	437	540	6	33	33	-507	-93.89%	Caregivers	3,187	1,367	284	0	0	0	-284	-100.00%
Skilled Nursing	0	0	0	0	0	0	0	0.00%	US CARE SYSTEMS	0	0	0	0	0	0	0	0.00%
Physical Therapy	0	0	0	0	0	0	0	0.00%	Family Home Care	68	113	0	0	0	0	0	0.00%
Speech Therapy	6	0	27	0	0	0	-27	-100.00%	Home Care Plus (Sibley)	139	32	0	0	0	0	0	0.00%
Medical Social Worker	0	0	0	0	0	0	0	0.00%	Sub-TOTAL	3,394	1,512	284	0	0	0	-284	-100.00%
Occupational Therapy	1	7	0	0	0	0	0	0.00%	Personal Care Aide								
Nutrition	0	0	0	0	0	0	0	0.00%	Caregivers	14,741	13,869	2,630	0	0	0	-2,630	-100.00%
Home Health Aide	0	0	0	0	0	0	0	0.00%	US CARE SYSTEMS	0	0	19	0	0	0	-19	-100.00%
Personal Care Aide	0	0	0	0	0	0	0	0.00%	Family Home Care	2,287	1,281	0	0	0	0	0	0.00%
Sub-TOTAL	961	444	567	6	33	33	-534	-94.18%	Home Care Plus (Sibley)	4,787	3,804	0	0	0	0	0	0.00%
TOTAL VISITS									Sub-TOTAL	21,815	18,954	2,649	0	0	0	-2,649	-100.00%
Skilled Nursing	19,694	15,338	13,570	1,128	13,817	13,817	247	1.82%	Housekeeper								
Physical Therapy	2,646	2,175	3,268	276	3,321	3,321	53	1.62%	Caregivers	0	59	0	0	0	0	0	0.00%
Speech Therapy	0	53	83	0	61	61	-22	-26.51%	US CARE SYSTEMS	0	0	0	0	0	0	0	0.00%
Medical Social Worker	504	459	583	56	665	665	82	14.07%	Family Home Care	2	0	0	0	0	0	0	0.00%
Occupational Therapy	756	705	713	47	636	636	-77	-10.80%	Home Care Plus (Sibley)	61	56	0	0	0	0	0	0.00%
Nutrition	216	159	159	13	173	173	14	8.81%	Sub-TOTAL	63	115	0	0	0	0	0	0.00%
Home Health Aide	10,042	7,286	8,063	536	6,410	6,410	-1,653	-20.50%	LTHHCP Sub-TOTAL	25,272	20,581	2,933	0	0	0	-2,933	-100.00%
Housekeeper	38	60	0	0	0	0	0	0.00%	TOTAL CONTRACT	30,655	24,161	13,997	446	6,758	6,758	-7,239	-51.72%
Personal Care Aide	11,466	9,411	4,064	20	959	959	-3,105	-76.40%	TOTAL HOURS								
									Home Health Aide	13,234	9,060	12,016	731	8,593	8,593	-3,423	-28.49%
									Personal Care Aide	22,875	20,097	6,795	16	1,543	1,543	-5,252	-77.29%
									Housekeeper	63	115	0	0	0	0	0	0.00%
GRAND TOTAL	45,362	35,646	30,503	2,076	26,042	26,042	-4,461	-14.62%	GRAND TOTAL	36,172	29,272	18,811	747	10,136	10,136	-8,675	-46.12%

*Numbers may not total precisely due to rounding.

Health Bits

Providing a tidbit of health information to Jefferson County residents.

Radon

Radon is a gas that naturally forms when radioactive metals break down in rocks, soil and ground water.



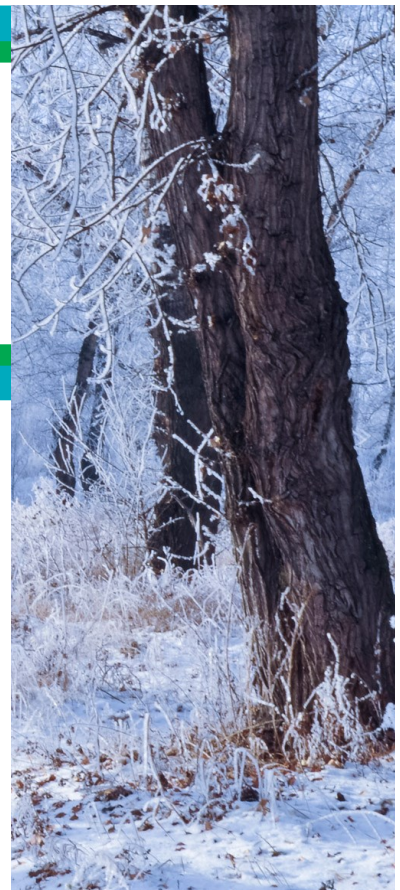
Radon can come into the home through cracks and gaps. You cannot smell, taste or see radon. This gas is the second leading cause of lung cancer (cigarette smoking is number one). People who are cigarette smokers and have radon in the home have an even higher risk for getting lung cancer. Testing for radon is easy and inexpensive. You can buy a radon test kit online or at a home improvement store. You can also pick up a free radon test kit at JCPHS (while supplies last).

Winter Driving & Preparedness

A winter storm can happen at any time. Are you prepared?

Get your vehicle serviced before winter for routine maintenance. Clean all of the snow and ice off of your vehicle before you start driving. See and be seen! Make sure all of the lights on your vehicle are working. Check the tire thread and tire pressure. Stock your vehicle with supplies that you may need in an emergency:

- ◆ Snow shovel, broom, and ice scraper
- ◆ Sand or kitty litter (in case your vehicle gets stuck in the snow)
- ◆ Jumper cables, flashlight, flares and/or emergency markers
- ◆ Blankets and extra warm clothes
- ◆ Cell phone with charger, food, water



JCPHS Clinics

STD Testing & Treatment

Tuesday 12:30 - 3:30pm

Schedule online at

www.jcphs.org

Immunization Clinic

Wednesday 12:30-3:30pm

Schedule online at

www.jcphs.org

Travel Clinic

by appointment only

Call 315-786-3720

Cervical Cancer Prevention

Nearly 13,000 women in the U.S. are diagnosed with cervical cancer each year. Cervical cancer is the second most common type of cancer for women worldwide. Nearly all cervical cancers are caused by human papilloma virus (HPV). HPV is a large group of related viruses. Some types of HPV are called "high-risk," because they can cause cancer in both men and women. Because cervical cancer develops over time, it is one of the most preventable types of cancer.

- ♦ **Screening tests** offer the best chance to have cervical cancer found early (when treatment is more likely to be successful). Screening can also actually prevent most cervical cancers by finding abnormal cervical cell changes (pre-cancers) so that they can be treated before they have a chance to turn into cancer.
- ♦ **HPV vaccine** helps prevent infection from high risk HPV types that can lead to cancer. To work best, the HPV vaccine should be given to boys and girls at age 11 or 12.



Don't have health insurance?

Contact a health insurance navigator for help finding a plan:
<https://nystateofhealth.ny.gov/>

The **Lewis and Jefferson Counties Cancer Services Program** provides breast, cervical & colorectal cancer screenings & diagnostic services to women & men who live in New York State who do not have health insurance, or who have health insurance with a cost share that prevents them from getting screenings. Call 315-376-5453 for more information.

The **Vaccines For Children (VFC) Program** and **Vaccines for Adults (VFA) Program** can help pay for vaccines for people who are not insured OR underinsured; or eligible for Medicaid. Schedule an appointment at www.jcphs.org.

National Children's Dental Health Month

Cavities (tooth decay) are one of the most common chronic conditions in children in the U.S.

Untreated cavities can cause pain and infections that may lead to problems with eating, speaking, playing, and learning.

The good news is that cavities are preventable.

- ♦ Use fluoride toothpaste
- ♦ First tooth or first birthday = first dentist appointment
- ♦ Floss daily
- ♦ Never put your baby to bed with a bottle
- ♦ Don't share saliva by sharing spoons/forks
- ♦ Ask dentist about applying dental sealants

Make sure your kids brush for 2 minutes,



VETERANS SERVICE AGENCY

DECEMBER 2017 MONTHLY REPORT

Month	Personal Contacts	Tel/Mail Contacts	Total Contacts	Total Services	New Claims	Maintained Claims
January	57	698	755	1829	24	24
February	115	655	770	1944	28	19
March	79	680	759	1780	30	16
Sub Total	251	2033	2284	5553	82	59
April	90	571	661	1702	21	10
May	125	628	753	1913	28	18
June	93	618	711	1739	38	24
Sub Total	308	1817	2125	5354	87	52
July	76	582	658	1659	30	12
August	117	615	732	1939	38	13
September	74	554	628	1553	27	9
Sub Total	267	1751	2018	5151	95	34
October	100	587	687	1778	25	18
November	65	643	708	1699	26	9
December	43	631	674	1667	28	14
Sub Total	208	1861	2069	5144	79	41
GRAND TOTAL	1034	7462	8496	21,202	343	186

*Contact: Personal visit, phone call, or mail received or sent to/from VSA

*Service: Amount of assistance provided for each contact

Comments: Total Contacts in 2017 were only 8 less than last year and 2017 Total Services were only off by 113 from last year. Over the last couple years, the volume of traffic in to the office and the volume of work completed by staff has remained steady. The VA continues to implement programs that result in faster decisions and they are working on resolving the multi-year appeal backlog.