MINUTES OF THE IOWA COUNTY COMMISSION ON AGING BOARD

September 1, 2006

Minutes of the Iowa County Commission on Aging Meeting held Friday September 1, 2006 at 1:00 p.m. at the Linden Meal Site, Linden, Wisconsin.

CALL TO ORDER: Chairman Geri Peterson called the meeting to order at 1:00 p.m.

ROLL CALL AND INTRODUCTIONS: Nancy Howard took Roll Call. There were no introductions.

MEMBERS PRESENT: Geri Peterson, Carol Brown, Margaret Peat, Eva Kraak, Thomas Mueller, MaryClaire Murphy, Carolyn Nagel-Thomas, Phil Roberts, Phyllis Reddell.

STAFF PRESENT: Judy Lindholm; Nancy Howard; Dee Suchomel, SUN director.

MEMBERSexcused: Emma Abplanalp, Lorraine Jones, Doris Reinbeck, Rosalie Zweifel.

CERTIFICATION OF MEETING and APPROVAL OF AGENDA AND MINUTES: Phil Roberts made a motion to approve the Certification of the meeting. Eva Kraak seconded the motion. Motion carried. Carolyn Nagel-Thomas moved to approve the minutes and the agenda. Tom Mueller said he was here for the budget and planning meeting on August 24 and the minutes should reflect that. There were three budget meetings held in August but there was no quorum for some so no business could be conducted, although there was discussion and notes were kept. Motion to approve the Agenda for September and the Minutes for August 4 and for the August 24 committee meeting was seconded by Carol Brown. Motion carried.

2007 BUDGET AND TWO YEAR PLAN: Judy Lindholm reported that the Budget and Planning Committee prepared two budgets. The one passed by the committee is workable and will be submitted to the Finance Committee, with the budget showing the 5% reduction included as an attachment. She also is submitting a letter to accompany the budget to explain the service disruption that the 5% reduction would require.

The two-year plan is due October 1 to the Area Agency, and Judy wants to set a meeting date in the last week of September to approve that plan. She said that a public hearing would be scheduled in the third week of September to go over this plan.
INTRODUCTION TO ADRCs AND CMOs: Judy Lindholm passed out information to explain Aging and Disability Resource Centers and read through the information to explain the process and the meetings she is participating in regarding the 6-county consortium which is looking at ADRC’s on a regional basis. Phil Roberts asked about a timeline. Lindholm said that the consortium should come up with a plan within the next year. She said there is a PowerPoint presentation that she would like to obtain to present to the COA board and to the County Board so the County knows what is coming.

BENEFIT SPECIALIST REPORT: Nancy Howard, Benefit Specialist, handed out the report for the month of August and reviewed it with the Commission on Aging Board. She reported on the Aging Network Training in Appleton, the SAMS reporting program and Medicare and other issues for the Benefit Specialists. Carol Brown moved to approve the Benefit Specialist Report. MaryClaire Murphy seconded the motion. Motion carried.

COUNTY AGENCY REPORTS: No County Agency representative was present.

SUN REPORT: Dee Suchomel, director of the SUN program, reported that the SUN board meeting was just held prior to this COA meeting. She said things are moving along. They are developing a marketing plan. The Avoca meal site is moving to the Village building sometime after September 15, and the next SUN meeting will be held there.

AREA AGENCY REPORTS: Geri Peterson said there was no meeting to report on.

ADVISORY COUNCIL REPORTS: Carolyn Nagel-Thomas said she had minutes from a past meeting but did not have them with her so would report on this next time.

TRANSPORTATION COORDINATOR’S REPORT & TRAININGS: The Transportation Coordinator was not present so she will present two reports in October.

DIRECTOR’S REPORT AND TRAINING: Judy Lindholm passed out the Commission on Aging Mission Statement for members. She asked them to read the Mission Statement over so that it can be reviewed and possibly revised at a future meeting.

She also said that she is meeting with Dee Suchomel and Carol Benson and Green County representatives about a 3-county grant proposal called “eat better, move more” which is a nutrition and exercise program. This would involve no money from us. There would be about 10 sites throughout the 3 counties that would be included in the program, and she thought Iowa County’s sites would be Stonefield apartments in Dodgeville, and the Linden and Avoca meal sites. This is a work in progress, but should fit in well with our 2-year plan and with the ADRCs.
Lindholm reported on the Aging Network Training in Appleton and the presentations on ADRC’s and CMO’s. She said that a county can have its own ADRC. Tom Mueller asked how these services are provided now. She replied that the services are provided in a piecemeal manner. Mueller suggested that the service history be explained to the County Board before asking the board to consider a new program. More discussion of the way an ADRC would work followed.

**ACTION ON FINANCIAL REPORT:** Vouchers for Numbers 1252-1278 for expenses in the total amount of $30,204.63 were presented as well as income vouchers Number 1278-1283 in the amount of $2,778.45 were presented for approval. Carolyn Nagel-Thomas moved to approve the financial report and pay the bills. Phyllis Reddell seconded the motion. Motion carried without negative vote.

**REPORTS OR COMMENTS FROM OTHER BOARD MEMBERS AND OPPORTUNITY FOR MEMBERS OF THE AUDIENCE TO ADDRESS THE BOARD:** Tom Mueller advised the group that the Community Helping Community fundraiser will be help September 9 from 9 a.m. to 3 p.m. at Harris Park in Dodgeville. There will be lots of activities and information. Donations are being handled through the Knights of Columbus checking account so that the group has 501.3(c) status. He said that 100% of the donations go to the community. Four pastors and Judy Lindholm will determine how the money will be spent.

Judy Lindholm reminded everyone of the Alzheimer’s Memory Walk which will be on Sunday, September 17. She invited members to participate if they are interested.

Eva Kraak asked why Avoca has two representatives being paid mileage to attend the meeting. She said this is not in the by-laws of the COA board. She asked why the board will be meeting every other month next year and why other cuts such as bus trips are being considered, but that we can pay two people to attend meetings. There is also a question about whether an honorary member has a right to make motions. This is not in the by-laws either, so the by-laws will have to be considered for revision to clarify this.

Members also discussed the “free” meals at the meal sites and the meal site procedures and the possible use of gift certificates. Participants at the meal sites and also COA bus riders must be given an opportunity to donate, and this sometimes can cause people to be unsure about the amount they should donate. Members discussed how this could be handled.

**NEXT MEETING DATE:** The next meeting will be October 6, 2006 at 1:00 p.m. at the Avoca Meal Site. Members will need to remember to call the COA office ahead of time to reserve a meal if they wish to eat at the site before the meeting.
ADJOURNMENT: Motion by Eva Kraak, seconded by Carolyn Nagel-Thomas, to adjourn the meeting. Motion carried. Meeting adjourned at 2:20 p.m.

Respectfully submitted by:

Nancy Howard, COA Staff