

State of Wisconsin County of Iowa	<b>APPROVED MINUTES OF THE AGING &amp; DISABILITY RESOURCE CENTER ADVISORY BOARD MEETING HELD TUESDAY, SEPTEMBER 22, 2015 at 1:00 p.m. HEALTH &amp; HUMAN SERVICES CENTER 303 W. CHAPEL ST., COMMUNITY ROOM, DODGEVILLE, WISCONSIN</b>	2015-09
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1)	Chairman Nankee called the meeting to order at 1:02 PM.	Call to Order
2)	a) Roll Call – Members Present: Marjorie Bomkamp, Carol Calhoun, Lorraine Drews, Therese Hess, Rod Lukes, Dan Nankee, Cathy Palzkill, Ken Palzkill, Trish Rock, Rose Ross, Marlene Stenner, Alvina Sturz. Others Present: Rebecca Wetter, Valerie Hiltbrand, Marylee Oleson, Cecile McManus, Jeremy Eastlick. Absent: Jim Everson. b) Approval of the September 22, 2015 Agenda. c) Motion by Alvina Sturz, seconded by Therese Hess to accept the agenda of the September 22, 2015 meeting. Motion carried. d) Approval of the August 25, 2015 meeting minutes. e) Motion by Carol Calhoun, seconded by Marjorie Bomkamp to accept the meeting minutes of the August 25, 2015 meeting. Motion carried.	Roll Call  Consent  Agenda and Minutes
3)	Chairman Nankee pulled out the October News & Views newsletter and pointed out interesting articles as well as the front page being devoted to our Health and Wellness EXPO.	Comments from Public and Board Members
4)	Marjorie Bomkamp commented that we took in more income that went out in expenses. Chairman Nankee passed around a letter he had received from Bethany Hawes explaining a possible discrepancy between the Monthly Income Transaction List and the Transportation Coordinator's Report. The Transportation Coordinator's Report includes all income for the Driver Escort Program which includes both the <i>Driver Escort Fees</i> and <i>Family Care</i> . These two incomes are listed separately on the Income Transaction List.	Monthly Transaction List
5)	Department Reports: a) <b>SUN</b> : Cecile McManus expounded on the SUN Volunteer Banquet that was held on Thursday, September 17. They gave special recognition to a volunteer from Linden and a couple from Lafayette County. It was suggested that the next newsletter call attention to these volunteers. Also suggested to list the number of volunteer hours donated per year to the program in both the newsletter and the Letter of Appeal. In early October the annual food contracts will be sent to the six caterers who provide meals to the program. The 2 <sup>nd</sup> Annual Letter of Appeal (for donations) will also be sent. Anticipate sending to 300-500 businesses, organizations, and individuals. Staff will be attending training in Waunakee on 10/9/15. b) <b>EBS</b> : Medicare Open Enrollment is October 15 through December 7. Remind family and friends. c) <b>DBS</b> : At the end of August, Nikki Hutson had 48 open cases. During the same period of time in 2014, Nikki had 53 open cases. She will add this information to her reports in the future. If anyone has concerns about disability rights, you may contact the Department of Workforce Development (DWD) 608-266-8354. d) <b>I &amp; A</b> : Valerie Hiltbrand presented this month's reports. She handed out the Homeless Coalition brochure in which she is a board member. Many weren't	Department Reports

	<p>aware there was homelessness in Iowa County. The homeless are a broad spectrum of individuals – young and old, male and female. The shelter can only hold one family at a time. They have up to 90 days to find permanent housing. SWCap had a part-time case manager who has relocated. Many agencies are filling-in as case managers until a permanent one is hired. Fundraising has been underway to pay for rent. A Paint Nite was held in August that rose over \$900 and will cover almost two months' rent. Trish Rock asked if there will be a booth for the Homeless Coalition at the EXPO. There isn't one at this time, but the information will be added to an ADRC booth. The Homeless Coalition has not collected data on success rates, but it will be investigated. Valerie let everyone know that the I &amp; A's will be hosting a meeting with area nursing homes to review state regulations concerning MDS Q (Minimum Data Set).</p> <p>e) <b><u>Transportation</u></b>: Noted that Driver Escort Services for the month are catching up to last year. For the year they are still behind by over 400 rides. Bethany Hawes had said the summer months were slow for both Family Care rides and individual rides, but she is seeing a steady increase now.</p>	
6)	<p><b>ADRC Manager's Report</b> – Rebecca provided a report of the meetings and trainings she attended.</p> <ul style="list-style-type: none"> <li>• August 24 met with Senator Howard Marklein to discuss transportation needs in the rural community, caregivers self-identifying and people not taking advantage of our services. Cathy Palzkill asked for more information. Rebecca recapped her first meeting in March with the senator concerning the Governor's proposed budget and advocating for the elder and disabled in our communities. Ultimately proposals in the budget were removed and a relationship was formed between the ADRC's and Senator Marklein. It was suggested we mention homeless needs as well. Therese Hess asked if we had a similar relationship with Congressman Todd Novak, which we do. Todd Novak is on the Dementia Task Force and looks for input from Mary Mezera, our Regional ADRC manager.</li> <li>• 2016-2018 Aging Unit Draft Plan was sent to GWAAR before the September 1<sup>st</sup> deadline. Awaiting GWAAR's updates.</li> <li>• Brittany Rewey is our new Information &amp; Assistance/Wellness &amp; Prevention Coordinator. Katie Batton was hired as a full-time Information &amp; Assistance Specialist. Katie held the same position in Lafayette County. Katie's first day will be Thursday, September 24 in order to help us prepare for the EXPO.</li> <li>• Lunch &amp; Learn (We All Forget: Is it Normal or Should I be Concerned) will be held on Thursday, October 1<sup>st</sup> at Hidden Valley Church. Tell your friends and family. Great meal planned by SUN. Presented by Deanna Truedson of the Alzheimer's and Dementia Alliance of Wisconsin.</li> <li>• Living Well with Chronic Conditions will be delayed a week in order to get more participants registered. Rebecca and Kari Bennett (RN with the Iowa County Health Department) are facilitators of this workshop.</li> <li>• Annual Caregiver Renewal Day will be held at Hidden Valley Church on Friday, November 6<sup>th</sup>. 9:30 am - 2:30 pm. Letters and flyers will be going out around the first of October.</li> <li>• Yoga Research telephone conference on September 11. Cathy Palzkill requested more information. The Yoga Research Project started about 1.5 years ago. Paul Mross and the Regional ADRC wrote a grant that included pre and post testing of individuals completing the workshop. They are wrapping up results and they are favorable. Next step is to write another grant for another pilot. Many counties are requesting pilot programs. Iowa County was in on the ground-level. Paul Mross is spearheading this project.</li> </ul>	ADRC Manager

	<ul style="list-style-type: none"> <li>• We are participating in other research projects, “Stand More” and “Care Talks”. Sitting is considered the new “smoking” and the Stand More research project is designed to get people up and moving. Care Talks is focused on improving health literacy in caregivers.</li> <li>• Healthy Living with Diabetes workshop is full with a waiting list! Stacey Terrill and Kari Bennett are the facilitators and are wrapping up on September 29.</li> <li>• Stepping On has 11 participants registered and will finish on Wednesday, October 21.</li> </ul>	
7)	Lorraine Drews would like a formal thank you sent to Hidden Valley Church. Rebecca will bring one to our next meeting. Chairman Nankee and Rebecca Wetter discussed the final two scheduled committee meetings of 2015. It was decided to meet on Tuesday, December 1 <sup>st</sup> at 1:00 p.m. This meeting will count towards both November and December.	Final Thoughts
8)	Tuesday, October 27, 2015 was approved for the next ADRC Advisory Board meeting. It will be held at 1:00 p.m. in the Community Room.	Next Meeting Date
9)	Chairman Nankee asked for a motion to adjourn. Motion by Alvina Sturz, seconded by Marlene Stenner to adjourn. Motion carried. Meeting adjourned at 2:15 p.m.	Adjourn