

State of Wisconsin County of Iowa	<b>APPROVED MINUTES OF THE ADRC OF SOUTHWEST WISCONSIN, IOWA COUNTY BOARD MEETING HELD TUESDAY, SEPTEMBER 26, 2017 at 10:00 a.m. HEALTH &amp; HUMAN SERVICES CENTER 303 W. CHAPEL ST, COMMUNITY ROOM, DODGEVILLE, WISCONSIN</b>	2017-09
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Item		Index
1)	Chairperson Judy Lindholm called the meeting to order at 10:02 a.m.	Call to Order
2)	Roll Call – Members Present: Marjorie Bomkamp, Dianne Evans, Nancy Gaffney, Linda Wetzel Hurley, Judy Lindholm, Lynn Munz, Cathy Palzkill, Kenny Palzkill, Trish Rock, Marlene Stenner, Alvina Sturz, and Bryan Walton. Others Present: Valerie Hiltbrand, Marylee Oleson, and Jamie Gould. Excused: Lori Fisher.	Roll Call
3)	Approval of the <b>September 26, 2017</b> Agenda. Motion by Kenny Palzkill and seconded by Alvina Sturz to accept the agenda of the <b>September 26, 2017</b> meeting. Motion carried.	Agenda Approval
4)	Approval of the <b>August 22, 2017</b> meeting minutes. Motion made by Marjorie Bomkamp and seconded by Trish Rock to accept the meeting minutes of the <b>August 22, 2017</b> meeting. Motion carried.	Meeting Minutes Approval
5)	Marlene Stenner's sister attended an Alzheimer's presentation at Stoughton Hospital and former Wisconsin Governor Martin Schreiber was the guest speaker. He was also selling his book, "My Two Elaines: Learning, Coping and Surviving as an Alzheimer's Caregiver," regarding his experience with his wife Elaine's Alzheimer's diagnosis. The committee suggested we investigate having him speak in Iowa County. He will be speaking in Green County (at the United Methodist Church, Monroe on Wed., Nov. 15 at their Alzheimer's Summit). Chair Lindholm suggested we use the bus to take people down. (There is a \$30 fee for professionals and direct caregivers. Only family caregivers are free.) Cathy Palzkill and Nancy Gaffney attended the Aging & Disability Network Conference and learned a lot. It is very important for board members to be advocates. Cathy Palzkill is concerned we aren't doing enough for the disabled in our community – focus seems to be on aging – we are unbalanced. Valerie Hiltbrand noted that Independent Living Resources attended the conference and their focus was on the disabled. Chair Lindholm and Valerie Hiltbrand discussed Lori Fisher having difficulty attending our new meeting time at 10:00 am. Lori Fisher will revisit her schedule at the beginning of the year and may be able to attend then. Chair Lindholm requested Bea Knudtson's address. Valerie Hiltbrand will contact a family member. Valerie Hiltbrand reminded all about the upcoming Regional Board Meetings that are requesting public input. A Regional Board Meeting will be in Dodgeville on Thursday, October 26 at 5:00 PM in the Health & Human Services Center.	Comments from the Committee
6)	Chair Lindholm gave the board the opportunity to review the monthly transaction list. There were no questions.	Review Monthly Transaction List
7)	Department Reports: a) <b>SUN</b> : Cecile McManus unavailable. b) <b>I&amp;A</b> : Report provided. c) <b>DBS</b> : Report provided. Dianne Evans asked if the DBS program "recruits" disabled individuals. Valerie Hiltbrand said she does advertise her services in the ADRC News & Views and completes Lunch and Learns throughout the county dining sites. A DBS will assist a customer electronically file disability paperwork, which is sent to the Social Security Administration. A	Department Reports

	<p>determination can take up to one year. If a customer is working with a lawyer then our DBS is unable to assist.</p> <p>d) <b><u>ADRC Transportation:</u></b> Report provided. Jamie Gould reviewed the report. Driver Escort rides and deposits are ahead of last year. Called attention to the Care A Van bus traveling in August to Dubuque for shopping, play attendance at Bell Tower Theater, and the American Lady Mississippi Cruise, Wisconsin Dells to Apostolate to the Handicapped Day, and the new dine out day trip which went to Fennimore. Averaged seven people this month.</p>	
8)	<p>Chair Judy Lindholm asked the board if anyone had anything to change on the By-Laws. Linda Wetzel Hurley requested changing ARTICLE II. PURPOSE: First sentence; wording from “adults who are disabled” to “anyone 18 and over who are disabled”. No other changes. Chair Lindholm requested everyone to review the By-Laws one more time. The By-Laws could be an Action Item on the October 24<sup>th</sup> ADRC Board Meeting agenda. No action taken.</p>	Review By-Laws
9)	<p>ADRC Manager’s Report:</p> <p>a) <b><u>Report Provided:</u></b></p> <ul style="list-style-type: none"> <li>• Dementia Care Specialist position has been filled by Pamela Kul-Berg who is expected to start on October 9. Her “home-base” will be our office.</li> <li>• Discussed the Aging &amp; Disability Network Conference that was also attended by Cathy Palzkill and Nancy Gaffney.</li> <li>• Living Well workshop starts on Wednesday, October 4 at the HHSC and we only have three participants. Need more to hold the workshop. It is for anyone 18 and over who is living with a chronic condition (i.e. Arthritis, high blood pressure, constant pain, anxiety, etc.). They discuss ways to talk to your medical team, anxiety exercises, better nutrition and exercise, etc.</li> <li>• Janet Butteris has been trained in Tai Chi. Exciting! People love it! Hoping to offer a class in 2018.</li> <li>• Investigating new workshops in 2018, a Yoga Class and a new workshop called Stand Up (meant to get you off your seat and standing up)!</li> </ul> <p>b) <b><u>Health &amp; Wellness EXPO:</u></b></p> <ul style="list-style-type: none"> <li>• Thank you to all who have volunteered. Looking forward to a fun day. There will be Blood Pressure screening, Blood Sugar Testing, High Dose Flu Shots, Balance and Grip Strength Testing, and Neck &amp; Spine Reviews.</li> </ul> <p>c) <b><u>Review 2016-2018 Aging Plan Goals:</u></b> Valerie Hiltbrand passed around Goals for the Plan Period and highlighted goals we are working on or changing. She requested input from the board. Changes are usually due to GWAAR by November 15 so she will bring any changes or updates back to the October board meeting.</p> <p>d) <b><u>Advocacy Updates:</u></b> Valerie Hiltbrand distributed an Action Alert from Janet Zander, GWAAR (Greater Wisconsin Agency on Aging Resources, Inc.) Advocacy &amp; Public Policy Coordinator. It concerned the Graham-Cassidy Bill Proposal to replace the Affordable Care Act.</p>	ADRC Manager
10)	<p>Tuesday, <b>October 24, 2017</b> approved for the next ADRC Advisory Board meeting. It will be held at 10:00 a.m. at the Health &amp; Human Services Center.</p>	Next Meeting Date
11)	<p>Motion made by Alvina Sturz and seconded by Bryan Walton to Adjourn. Motion passed. Meeting adjourned at 11:28 a.m.</p>	Adjourn